

2011

Education Calendar

For a complete description of classes or to register for CEU credits, call 503.416.0201 or visit alz.org/oregon.

Classes are FREE - donations are welcomed

Becoming knowledgeable about Alzheimer's disease/dementia and the way it impacts those around you will improve your quality of life and reduce stress. Get informed, stay connected, and remember you are not alone. We are here to help.

Our staff is available day and night to provide you with support, information, and resources at 1.800.272.3900.

All classes and workshops are facilitated by trained staff and professionals.



October

Tuesday, October 4th

Getting Started

Staff
2 - 3:00 pm

Tuesday, October 11th

Brain Changes and Behavior Challenges

Shanti Potts
6 - 7:30 pm *

Thursday, October 20th

Life Enrichment Activities for Dementia Care

Chris Nelson
2:00 - 3:30 pm *

Registration required for all classes. Please call 503.416.0201 to register.

* Starred classes approved for 1.5 CEUs for assisted living and residential care facilities, memory care communities and AFH providers. \$15 fee for credits, payable online. Register at alz.org/oregon.

November

Tuesday, November 1st

Getting Started

Staff
2 - 3:00 pm

Tuesday, November 8th

Communication Skills for Caregivers

Shanti Potts
6 - 7:30 pm *

Tuesday, November 22nd

Preparing for the Holidays

Shanti Potts
6 - 7:30 pm

Help is just a phone call away

**1.800.272.3900
24/7 helpline**

December

Tuesday, December 6th

Getting Started

Staff
2 - 3:00 pm

Tuesday, December 6th

Coping with Grief and Loss

Shanti Potts
6 - 7:30 pm

Tuesday, December 13th

Home is Where my Heart Lives (CEUs approved for AFH only)

Shanti Potts
6 - 7:30 pm *

Unless otherwise stated, classes are held at our Portland location.

Alzheimer's Association - Oregon Chapter
1650 NW Naito Parkway, Suite 190
Portland, OR 97209
1.800.272.3900 - www.alz.org/oregon