In Arkansas, 15.5 percent – more than one in seven – of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Over 70 percent of them have not talked to a health care professional about it.

For those with worsening memory problems, half say it has interfered with household activities and/or work or social activities.

Portion of last 30 days, on average, people with memory problems experienced . . .

- Poor Physical Health: 43.3% (12.99 days)
- Poor Mental Health: 37.4% (11.21 days)
- Limited Activities Due to Poor Health: 35.6% (10.68 days)

Characteristics of those with memory problems

- Disabled: 68.3%
- In Fair/Poor Health: 62.5%
- Ever Had Depression: 52.9%
- Have Trouble Seeing: 49.8%
- Smoke: 29.4%

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