1 in 9 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

**SCD** is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.

Less than **HALF** with SCD have talked to a health care provider about it.

**Over 80%** with SCD have at least one chronic condition.

Among those with SCD...

- **36.1%** needed help with household chores.
- **46.9%** had to give up day-to-day activities.

**TWO in FIVE** say SCD interfered with social activities, work, or volunteering.

For more information:

- [www.alz.org/publichealth](http://www.alz.org/publichealth)
- [www.cdc.gov/aging](http://www.cdc.gov/aging)