Subjective Cognitive Decline in Illinois

1 in 10 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported memory problems that have been getting worse over the past year.

Among those with SCD...

- 35.2% needed help with household chores.
- 43.2% had to give up day-to-day activities.

Only half with SCD have talked to a health care provider about it.

Over 80% with SCD have at least one chronic condition.

One in three say SCD interfered with social activities, work, or volunteering.

Data from the 2015 Behavioral Risk Factor Surveillance System.