1 in 11 people aged 45 and older are experiencing Subjective Cognitive Decline. SCD is self-reported memory problems that have been getting worse over the past year. Only one in three with SCD have talked to a health care provider about it. Nearly 80% with SCD have at least one chronic condition.

Among those with SCD...

- 29.1% needed help with household chores.
- 37.8% had to give up day-to-day activities.
- One in three say SCD interfered with social activities, work, or volunteering.

For more information: www.alz.org/publichealth
www.cdc.gov/aging