Subjective Cognitive Decline in Nevada

1 in 6 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported memory problems that have been getting worse over the past year.

Among those with SCD...

- 26.5% needed help with household chores.
- 30.1% had to give up day-to-day activities.

Only half with SCD have talked to a health care provider about it.

Over 75% with SCD have at least one chronic condition.

TWO in FIVE say SCD interfered with social activities, work, or volunteering.

For more information: www.alz.org/publichealth
www.cdc.gov/aging