1 in 9 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Less Than HALF with SCD have talked to a health care provider about it.

Over 75% with SCD have at least one chronic condition.

Among those with SCD...

35.2% needed help with household chores.

44.1% had to give up day-to-day activities.

ONE in THREE say SCD interfered with social activities, work, or volunteering.

Subjective Cognitive Decline in New York

Data from the 2015 Behavioral Risk Factor Surveillance System

www.alz.org/publichealth

www.cdc.gov/aging