Subjective Cognitive Decline in Oklahoma

1 in 7 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Only TWO in FIVE with SCD have talked to a health care provider about it.

Over 80% with SCD have at least one chronic condition.

Among those with SCD...

- 41.5% needed help with household chores.
- 49.5% had to give up day-to-day activities.
- 49.5% say SCD interfered with social activities, work, or volunteering.

Data from the 2015 Behavioral Risk Factor Surveillance System

www.alz.org/publichealth
www.cdc.gov/aging