Subjective Cognitive Decline in Puerto Rico

1 in 15 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

THREE in FOUR with SCD have talked to a health care provider about it.

Among those with SCD...

64.8% needed help with household chores.

74.7% had to give up day-to-day activities.

THREE in FIVE say SCD interfered with social activities, work, or volunteering.

Over 80% with SCD have at least one chronic condition.

For more information:
www.alz.org/publichealth
www.cdc.gov/aging