1 in 8 people aged 45 and older are experiencing Subjective Cognitive Decline.

- SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.
- Less than HALF with SCD have talked to a health care provider about it.
- Nearly 90% with SCD have at least one chronic condition.

Among those with SCD...

- 46.2% needed help with household chores.
- 50.2% had to give up day-to-day activities.
- Nearly HALF say SCD interfered with social activities, work, or volunteering.

www.alz.org/publichealth
www.cdc.gov/aging