Subjective Cognitive Decline in South Dakota

1 in 17 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Only TWO in FIVE with SCD have talked to a health care provider about it.

Nearly 80% with SCD have at least one chronic condition.

Among those with SCD...

30.3% needed help with household chores.

38.3% had to give up day-to-day activities.

ONE in THREE say SCD interfered with social activities, work, or volunteering.

for more information: www.alz.org/publichealth
www.cdc.gov/aging