1 in 8 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year. Only HALF with SCD have talked to a health care provider about it.

Nearly 90% with SCD have at least one chronic condition.

Among those with SCD...

- 46.3% needed help with household chores.
- 49.5% had to give up day-to-day activities.
- TWO in FIVE say SCD interfered with social activities, work, or volunteering.

Subjective Cognitive Decline in Tennessee

Data from the 2015 Behavioral Risk Factor Surveillance System

for more information: www.alz.org/publichealth
www.cdc.gov/aging