1 in 9 people aged 45 and older are experiencing Subjective Cognitive Decline.

**SCD** is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Only TWO in FIVE with SCD have talked to a health care provider about it.

Nearly 75% with SCD have at least one chronic condition.

Among those with SCD...

- 32.2% needed help with household chores.
- 28.6% had to give up day-to-day activities.
- ONE in FOUR say SCD interfered with social activities, work, or volunteering.

Data from the 2015 Behavioral Risk Factor Surveillance System.

For more information: www.alz.org/publichealth
www.cdc.gov/aging