1 in 10 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Less Than HALF with SCD have talked to a health care provider about it.

Among those with SCD...

- 35.2% needed help with household chores.
- 45.1% had to give up day-to-day activities.
- OVER 90% with SCD have at least one chronic condition.
- TWO in FIVE say SCD interfered with social activities, work, or volunteering.

For more information:

www.alz.org/publichealth
www.cdc.gov/aging