One in nine people aged 45 and older are experiencing Subjective Cognitive Decline.

**SCD is self-reported MEMORY PROBLEMS**
that have been getting worse over the past year.

Only **TWO in FIVE** with SCD have talked to a health care provider about it.

Nearly **75%** with SCD have at least one chronic condition.

Among those with SCD...

- **29.2%** needed help with household chores.
- **32.1%** had to give up day-to-day activities.
- **ONE in FOUR** say SCD interfered with social activities, work, or volunteering.

Data from the 2015 Behavioral Risk Factor Surveillance System

For more information: [www.alz.org/publichealth](http://www.alz.org/publichealth) [www.cdc.gov/aging](http://www.cdc.gov/aging)