In Oregon, 10 percent of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse.

More than two-thirds of them have not talked to a health care professional about it.

For those with worsening memory problems, more than half say it has interfered with household activities and/or work or social activities.

### Percent of Those Aged 45+ Reporting Worsening Memory Problems in Previous 12 Months

<table>
<thead>
<tr>
<th></th>
<th>All</th>
<th>Gender</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10.0%</td>
<td>11.3%</td>
<td>10.8%</td>
</tr>
<tr>
<td></td>
<td>8.9%</td>
<td>8.2%</td>
<td>7.9%</td>
</tr>
<tr>
<td></td>
<td>13.6%</td>
<td>7.9%</td>
<td>15.1%</td>
</tr>
</tbody>
</table>

### Percent with memory problems who have not talked to a health care provider

- **67.6%**

### Percent with memory problems who say it created difficulties and burden

- **52.1%**
- **60.4%**
- **13.6%**

### Percent with memory problems who live alone

- **33.6%**

### Percent with memory problems who have at least one other chronic condition*

- **85.8%**

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*Defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes*