

The Learning Institute™ is the leader in dementia education. As an affiliate of the national Alzheimer's Association, we are able to contribute to and offer the most up-to-date research and resources available.

The Learning Institute™ is the exclusive trademark of the Alzheimer's Association Rochester, NY, and we're proud to be the only provider of such high caliber services in our area.

Activity Assessment Services

presented by

The Learning Institute™

The *only* local experts in dementia-specific, culturally sensitive, caregiver education.



Advancement Through Activities

Activities are the foundation of care and everyday life. Activities create opportunities for success, enhancement of self-esteem, and well-being within the care environment for both people with dementia and their caregivers. Caregivers must understand and value the philosophy of person-centered activities.

The Role of Activities

Activities refer to any endeavor that enhances a sense of well-being – physical, cognitive, emotional and spiritual health – and promotes self-esteem, pleasure, comfort, education, creativity, success and independence. Activities can occur at any time and are not limited to formal programs provided by staff.

By the new code, long-term care facilities must provide a variety of settings and opportunities to meet these needs via group or individual pursuits. But beyond these requirements, activities lay the foundation for providing a better quality of life for those affected, and should be pursued by facilities whenever possible.

It is paramount that facilities understand, embrace and respond to the needs of each resident's activity preferences and interests. A careful assessment, strategic program and ongoing staff support are critical to long lasting success.

The Learning Institute™ Can Help

The Learning Institute™ provides custom, professional assessment services and on-site educational programs to all levels of health care facilities and staff.

The programs focus on providing staff with the understanding, tools and techniques needed to ensure a quality program of meaningful activities for all residents, and place special emphasis on adaptations for persons with Alzheimer's disease and related dementias.



All programs are facility-specific, culturally competent, and accommodate for personality differences, behavioral symptoms or other dementia-related needs. They also encompass all the regulatory expectations of the new F-tag laws and are evaluated against national benchmarks.

Based on an initial on-site needs assessment, a customized program is developed that may include the following:

- Developing Comprehensive Assessments
- Environmental Considerations
- Documentation and Care Planning
- Roles and Responsibilities
- Elements of Program Design
- Implementation Strategies
- Selecting Supplies and Materials

