

## Caregiver Support Groups

***Providing care and support for families caring for an aging loved one with short or long term care needs***


Support groups provide an opportunity for family members, friends and caregivers of aging adults to meet regularly for mutual emotional support and to exchange coping skills with one another in a safe, supportive environment.

Location	Day of the Month	Time
Trinity Emmanuel Lutheran Church 761 Elmgrove Rd. Rochester, NY 14624	1 <sup>st</sup> Friday of Month	6:00-7:00pm
*Park Ridge Free Methodist Church 10 Straub Road Greece, NY 14626	1 <sup>st</sup> Wednesday of Month	5:30-6:30pm

**For more information, please call the Alzheimer's Association at 800.272.3900.**  
In-home respite can be provided for care receiver if needed for caregiver to attend.

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**Alzheimer's Association**  
435 East Henrietta Road  
Rochester, New York 14620  
585 760 5470 phone  
585 760 5401 facsimile  
[www.alz-rochesterny.org](http://www.alz-rochesterny.org)

**Caregiver Support Services**  
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**alzheimer's  association**