

Early Stage Programs Southeastern Wisconsin

Waukesha County

The Curative Memory Program

Curative Care Network offers a program designed to enhance memory function in older adults. This program is beneficial for adults experiencing memory loss not typically associated with the normal aging process. For example, persons who have been diagnosed with Mild Cognitive Impairment (MCI), the early stages of Alzheimer's disease or other forms of dementia, Parkinson's etc. Curative's comprehensive program incorporates memory training, physical exercise, proper nutrition, relaxation and peer support in each 4 hour program.

Who is eligible to attend? Persons wanting to take a proactive approach to memory loss will benefit from this program. Participants need to feel comfortable being part of conversations about memory loss concerns. Persons need to be able to follow along with the program agenda. Personal care assistance is not available at the Curative Memory Program.

What is the application process? Contact us at Curative Senior Services to set up a tour and complete enrollment forms.

<p>Location: Curative Care Network - Ranch N84 W19100 Menomonee Avenue Menomonee Falls</p> <p>Contact: Jennifer McAlister 262-574-9147 www.curative.org</p>	<p>Cost: \$31.00 per day</p> <p>Ongoing and Limited-Time Program</p> <ul style="list-style-type: none"> • Tuesday and Thursday • 10:00 am – 2:00 pm • Lunch provided • Transportation available (through Rideline if living in Waukesha County)
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MindWorks

This is a memory program based on current research and other successful programs. MindWorks may help you maintain or even improve your memory and thinking skills. A typical day at MindWorks includes cognitive stimulation, humor, discussion, socialization, and light exercise or walking.

Who is eligible to attend? Members are adults who are experiencing memory problems, have Mild Cognitive Impairment (MCI) or Alzheimer's disease or who want to maintain cognitive skills.

What is the application process? A meeting is set up after the initial contact to meet with the interested adult. After the initial meeting the potential member would be invited to attend a free trial day in the group. The potential member is invited to join MindWorks based on mutual agreement of the member and the MindWorks facilitator. The application is given to the member after the trial day and usually returned on his or her first official day in MindWorks.

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<p>Location: Lutheran Social Services 2000 Bluemound Road Waukesha</p> <p>Contact: Midge McDermott, 414-702-8656 or Mary Lucey, 262-506-1142</p> <p>www.lsswis.org</p>	<p>Cost: \$32.00 per day</p> <p>Ongoing Program</p> <ul style="list-style-type: none">• Tuesday and Thursday• 10:00 am – 2:00 pm• Lunch provided
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