

## Suggested Facebook and Twitter messages for Memory Walk

### Tips:

- Add your link to EVERY message so your friends can easily access your page to donate or register.
- Thank each of your friends on their pages. You never know who else is going to read their page and possibly donate to you.
- Have fun and make it personal.
- If you have teammates on Facebook or Twitter, post comments that help create some healthy competition.
- Make your language specific to yield better results.
- Messages with a \* are specifically geared toward an audience that both checks and updates their status on a frequent basis. These messages contain a “follow up” element.

### Join my team

Tip: Post on your friend's walls or use as a status update.


1. I'm on the MOVE to end Alzheimer's! Join my team today at (insert team link)
2. Be part of the MOVEment to end Alzheimer's! Join my team today at (insert team link)
3. Show me how you MOVE! Join my team and walk to end Alzheimer's. (insert team link)
4. Who's ready to WALK for a great cause? Join my team to end Alzheimer's at (insert team link)
5. \*Take Action! I need five people to join my Memory Walk team today. Visit (insert team link)  
**Follow up:** (Insert friend's name) just joined my team! I'm still looking for 4 more cool people.
6. \* I'm participating in Memory Walk on (insert date) Will you join my team? (insert team link)  
**Follow up:** (Insert name) is walking with me on (insert date) to end Alzheimer's. Join us at (insert team link)

### Fundraising Messages

Tip: Post as a status update and change your status message regularly.

1. Support me as I walk to end Alzheimer's! Please donate to my Memory Walk fundraising efforts. (insert personal link)
2. Your donation can help millions of families affected by Alzheimer's disease. Support me as I walk to end Alzheimer's. (insert personal link)
3. Your donation makes a big difference! Please support me as I walk to end Alzheimer's. (insert personal link)
4. 5.3 million people are living with Alzheimer's. Please make a donation to my efforts to end this devastating disease. (insert personal link)
5. Support me as I walk to end Alzheimer's! All of the cool kids are doing it: (insert personal link) – then comment to your post and thank all of your Facebook friends who have already donated to the cause.
6. \* I need to raise (X dollar amount) to reach my Memory Walk fundraising goal. Donate (X specific dollar amount) to me today to make a difference! (Insert personal link)  
**Follow up:** Thank you (Insert donor's name) for helping those affected by Alzheimer's. You can support my Memory Walk efforts at (Insert personal link)
7. \*I'm working to raise (X total dollar amount) for people affected by Alzheimer's. Will you help me? Donate today at (Insert personal link)  
**Follow up:** (Insert donor's name) just made a donation to help my fundraising efforts. Will you donate too? (Insert personal link)



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### **Thank you messages**

Tip: Post on your friend's walls as soon as they donate and send them an e-mail to thank them.

1. I made it to my Memory Walk fundraising goal! Thank you (insert donor's name) for your support as I walk to end Alzheimer's. (insert personal link)
2. Thank you (insert donor's name) for supporting the Alzheimer's Association Memory Walk. Your gift makes a big difference! (insert personal link)
3. Thank you (insert donor's name) for your support of my Memory Walk efforts. Together, we can help families affected by Alzheimer's disease. (insert personal link)
4. Thank you (insert donor's name) for your donation to the Alzheimer's Association Memory Walk®. You have helped to bring me closer to my personal goal of \$\_\_\_- and to making a difference in the fight against Alzheimer's disease! (link)

### **Action/Awareness Messages**

1. 5.3 million Americans are affected by Alzheimer's. Sign up today to get on the MOVE toward a cure. [www.alz.org/memorywalk](http://www.alz.org/memorywalk)
2. Alzheimer's disease has affected my life and I'm taking action to stop it. Join my efforts by participating in Memory Walk. [www.alz.org/memorywalk](http://www.alz.org/memorywalk)
3. Sign up to help fight Alzheimer's disease. [www.alz.org/memorywalk](http://www.alz.org/memorywalk)