



**This conference is intended for:**

- **Family caregivers / senior citizens**  
Spouses, adult children, or anyone who is taking care of a family member or friend with Alzheimer's or dementia.
- **Professionals**  
Nurses, social workers, hospice volunteers, nursing home administrators, CNAs.

**Conference sponsors**



**Elderbridge**  
AGENCY ON AGING  
603 N West Street  
Carroll, Iowa 51401

**Mark your calendar!**  
*Don't miss out on this opportunity to learn more about dementia research and caregiving from a leading expert in the field.*



# 1<sup>st</sup> Annual Caregivers Conference

## *Creating Moments of Joy* **Jolene Brackey**

Tuesday, November 2

3 – 6 p.m.

(Registration begins at 2 p.m.)

**Carroll County Conservation Education Center**  
22676 Swan Lake Drive, Carroll





## Conference presenter

**Jolene Brackey**, the founder of Enhanced Moments and author of *Creating Moments of Joy*, is a celebrated national speaker in Alzheimer's education. With a B.A. from Iowa State University and extensive experience



with people who have Alzheimer's, Jolene has been a keynote speaker at many conferences. She believes the greatest education is being with and having loved someone with Alzheimer's.

## Conference description

The conference seeks for participants to look beyond the challenges of Alzheimer's disease and focus on creating moments of joy. We cannot create a perfectly wonderful day for a person with short-term memory loss, but we can create a perfectly wonderful moment. Five minutes later, they won't remember what we did or said, but the feeling we leave with them will linger as will the feeling Jolene leaves with the audience as they laugh, cry and are inspired to create moments of joy.

## CE Credit

Nurses: 3.0 contact hours  
Provider #10 Iowa Board of Nursing

Other professionals:  
Certificates of attendance reflecting 3.0 contact hours will be provided for:

- Nursing home administrators
- Social workers
- Home health aides certified nursing assistants

You must attend the entire program to receive CE credit.

## Conference objectives

In this session, attendees will be able to:

1. Understand the losses that people with dementia experience as the brain dies and how we can assist in compensating for these losses.
2. Share many practical verbal and non-verbal communication skills which help persons with dementia feel heard and supported.
3. Learn how to creatively and effectively turn challenging situations into moments of joy.

**For more information, call the Carroll Elderbridge office at 712-792-3512 or 800-543-3265.**

## Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

SSN: \_\_\_\_\_

**Please select one of the following:**

- ZHN-600-CO02 Free  
Family caregivers/senior citizens
- ZHN-600-CO01 \$35  
Health professionals – CE credit

License #: \_\_\_\_\_

Profession: \_\_\_\_\_

Please register by calling ICCC at 800-362-2793, ext. 1320 or 515-574-1320, or by mailing this form and payment to:

Health Science Department  
Iowa Central Community College  
One Triton Circle  
Fort Dodge, Iowa 50501

Class size is limited and pre-registration is required. Pre-payment is required for professionals seeking CE credits. Phone registration requires a credit card. Make checks payable to Iowa Central Community College.

**Registration deadline: October 26**

*To receive a refund, you must cancel registration by October 26.*

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