

Library Book Holdings
Alphabetical list by title
Annotated with topics



2009

The 36-hour Day: A Family Guide to Caring for Persons with Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life. Nancy L. Mace and Peter V. Rabins. 1999. 339 pages. A comprehensive family guide to caregiving. Offers basic information and practical management tips for everyday problems. (Spanish version available) *1. Home Care 2. Alzheimer's Disease 3. Behavior/Symptoms 4. Caregiving (General)*

ABC's of Activities for Alzheimer's: Therapeutic activities that work for Persons with Dementia. Amira Choukair Tame. 2005. 232 pages. A handbook of activities to enhance social skills, stimulate conversation and improve the quality of life for individuals at any level of dementia. Includes techniques for caregivers that produce failure-free activities, and motivation techniques that encourage and maintain participation. *1. Activities for Persons with Dementia 2. Caregiving 3. Communication*

Activities of Daily Living – an ADL Guide for Alzheimer's Care. Kathy Laurenhue, M.A. 2006. 93 pages. This book assists with activities of daily living (bathing, dressing, grooming, continence care, nutrition and hydration) when people have Alzheimer's disease or other forms of dementia requires tuning in to their perspective and seeing logic from their point of view. *1. Activities of Daily Living 2. Caregiving 3. Alzheimer's Disease*

Age Power: How the 21st Century Will Be Ruled by the New Old. Ken Dychtwald. 1999. 265 pages. A discussion of the problems and challenges along with preventive solutions for the growing numbers of elderly persons in our society, a pressing issue for the new millennium. *1. Aging 2. Public Policy and Legislation*

Aging Answers. Valerie VanBooven, RN, BSN, CMC. 2004. 118 pages. Easy, concise, efficient, stress-free information that makes long-term care issues manageable, and less overwhelming. *1. Nursing Homes (Placement) 2. Nursing Homes (Care)*

Aging, Autonomy, and Architecture: Advances in Assisted Living. Benjamin Schwarz and Ruth Brent, eds. 1999. 311 pages. A presentation of the theory and application of various aspects of the design and function of assisted living facilities, concentrating on features that foster autonomy. *1. Aging 2. Assisted Living*

Aging and Mental Health: The Contextual World of the Person with Alzheimer's Disease: Social and Behavioral Perspectives. An International Journal. Martin W. Orrell and Dan G. Blazer, eds. 2001. 152 pages. Articles giving an overview of AD, aspects of the person with Alzheimer's, family and household concerns, services and their efficacy, and policy issue. *1. Alzheimer's Disease 2. Behavior/Symptoms 3. Counseling and Psychological Issues 4. Public Policy and Legislation*

Aging Parents: The Family Survival Guide. A Lifetapes Communications Productions. 1997. 180 pages. Intended to be used only as a guideline for families dealing with a crisis or planning for long-term caring. *1. Caregiving (Adult Child) 2. Aging Parents*

Aging and Spirituality: The First Decade. James Ellor, Susan McFadden, and Stephen Sapp, eds. 1999. 118 pages. Essays on the importance of the religious and spiritual dimension to healthy aging from the American Society on Aging. *1. Aging 2. Spiritual and Inspirational*

Aging with Grace: What the Nun Study Teaches Us. David Snowden. 2001. 237 pages. A long-term scientific study on aging and AD, involving 678 Catholic sisters, that combines research data with personal stories, providing insights into how to live longer, healthier lives. 1. *Aging* 2. *Research* 3. *Alzheimer's Disease* 4. *Spiritual and Inspirational*

Allie Learns About Alzheimer's Disease: A Family Story about Love, Patience, and Acceptance. Kim Gosselin. 2001. This book draws on the author's own experience when her grandmother was diagnosed with Alzheimer's disease. It was written and illustrated to help children understand Alzheimer's disease. 1. *Alzheimer's Disease* 2. *Children/Adolescents* 3. *Caregiving*

Alzheimer's: A Caregiver's Guide and Sourcebook. Howard Gruetzner. 1992. 308 pages. Offers information on symptoms and stages of AD, suggestions for care and management techniques, and an overview of resources available to caregivers. 1. *Alzheimer's Disease* 2. *Caregiving (General)*

Alzheimer's A to Z – Secrets to Successful Caregiving. Jytte Lokvig, BA, MA. 2002 (third edition). 285 pages. A guide on caregiving for the memory impaired. This book provides step-by-step directions for effective communication. The reader can go directly to a specific problem and find a solution. Each section is short and complete with honest straight talk and a sense of humor. 1. *Alzheimer's Disease* 2. *Caregiving (General)*

Alzheimer's Activities That Stimulate the Mind. Emilia C. Bazan-Salazar. 2005. 214 pages. Offers exercises appropriate to each of the four stages of the disease. It features hundreds of exercises across an array of areas and disciplines, including arts and crafts, community outings, physical activity, religion and spirituality, grooming, gardening, music, and many more. 1. *Activities* 2. *Alzheimer Disease—therapy* 3. *Caregivers* 4. *Self Care*

Alzheimer's: The Answers You Need. Helen D. Davies and Michael P. Jensen. 1998. 138 pages. A step-by-step review of problems faced by most patients with AD and the solutions to many of those problems. 1. *Alzheimer's Disease* 2. *Behavior/Symptoms* 3. *Early Stage Alzheimer*

Alzheimer's: Caring for Your Loved One, Caring for Yourself. Sharon Fish. 1990. 272 pages. Gives practical, intelligent advice based on the author's background in hospital, home, and nursing home settings, as well as on personal experience. 1. *Caregiving (General)* 2. *Personal Narrative by Caregiver*

Alzheimer's: Finding the Words. A Communication Guide for Those Who Care. Harriet W. Hodgson. 1995. 230 pages. Examines how speech is affected by AD: disorders of transmission, reception, and deterioration, and provides suggestions for communicating with a failing mind. 1. *Caregiving (General)* 2. *Communication*

Alzheimer's Action Plan, The. P. Murali Doraiswamy, M.D., Lisa P. Gwyther, M.S.W. with Tina Adler. 2008. 470 pages. Communicates what the layman should know about the treatment, the caregiving, and the prevention of Alzheimer's. 1. *Alzheimer's Disease* 2. *Behavior/Symptoms* 3. *Communication*

Alzheimer's Activities: Hundreds of Activities for Men and Women with Alzheimer's Disease and Related Disorders. B. J. Fitzray. 2001. 257 pages. A compilation of ideas, suggestions, and specific activities that promote positive interactions between caregivers and those cared for.

1. *Activities for Persons with Dementia* 2. *Caregiving (General)*

Alzheimer's Basic Caregiving : an ABC Guide. Kathy Laurenhue, M.A. 2006. 127 pages. The author explains the logic behind behaviors and the message behind misunderstood attempts to communicate. This brief book provides family and professional caregivers with advice that is both palatable and compassionate. This ABC handbook is intended as the companion to *Activities of Daily Living—an ADL Guide for Alzheimer's Care*. 1. *Caregivers--handbooks* 2. *Alzheimer Disease*

Alzheimer's for Dummies. Patricia B. Smith, Mary Mitchell Kenan, PsyD, and Mark Edwin Kunik, MD, MPH. 2004. 360 pages. Discusses the latest information on the symptoms, diagnosis, stages of the illness, and treatments, as well as the different types of care available. 1. *Alzheimer's Disease* 2. *Caregiving (General)* 3. *Diagnosis and Treatment* 4. *Legal and Financial Information*

Alzheimer's Disease: Activity-Focused Care. Carly R. Hellen. 1992. 148 pages. A manual that provides practical strategies, interventions, and guidelines for professional caregivers, with an emphasis on exercise and mobility to generate a sense of well-being. 1. *Activities for Persons with Dementia* 2. *Behavior/Symptoms* 3. *Caregiving (Professional)*

Alzheimer's Disease: Caregivers Speak Out. A guide to understanding, caring and coping. Pam Haisman. 1998. 275 pages. Consists of information, facts, and findings about AD, plus stories and personal feelings of over 200 caregivers. 1. *Alzheimer's Disease* 2. *Caregiving (General)* 3. *Personal Narrative by Caregivers*

Alzheimer's Disease: The Family Journey. Wayne A. Caron, PhD, James K. Pattee, M.D., Orlo J. Otteson, M.A. 2000. 213 pages. Focuses on family relations as impacted by the illness and helps readers navigate through the experiences of dementia with the help of a phase model of Alzheimer's. Provides concrete suggestions for tapping family strengths to help cope with the special challenges of AD. 1. *Caregiving (General)* 2. *Family Dynamics*

Alzheimer's Disease: A Handbook for Caregivers. Ron C. Hamdy, James M. Turnbull, Linda D. Norman, and Mary M. Lancaster. 1998. 282 pages. Information on brain function, stages of AD, options for treatment, legal, and ethical issues, community support, and future prospects on research. 1. *Alzheimer's Disease* 2. *Caregiving (General)* 3. *Community Resources* 4. *Ethical Issues* 5. *Medical Information*

Alzheimer's Disease: Help and Hope. Jo Huey. 1996. 113 pages. It is designed to provide you with information to improve the quality of life for your loved one with Alzheimer's and for you the person most dedicated to their well being. 1. *Caregiving (General)* 2. *Alzheimer's Disease* 3. *Personal Narratives by Caregivers*

Alzheimer's Disease and Marriage: An Intimate Account . Lore K. Wright. 1993. 1993. Describes the profound effect of Alzheimer's Disease on a marriage relationship. Clinical assessment strategies and guidelines for interventions are described. Details on how to approach and interact with an afflicted spouse are also provided. 1. *Alzheimer Disease--psychology* 2. *Family* 3. *Marriage*

Alzheimer's early stages: first steps in care and treatment. Daniel Kuhn. 2003. 306 pages. Beginning guide for family members and friends of people in the early stage of Alzheimer's disease. 1. *Alzheimer's Disease* 2. *Caregivers* 3. *Early Stage*

Alzheimer's from the INSIDE OUT. Richard Taylor. 2007. 255 pages. Diagnosed with Alzheimer's at the age of 58, psychologist Richard Taylor shares a provocative and courageous account of his slow transformation and deterioration, and of the growing divide between his reality and the reality of others. 1. *Personal Narratives by Persons with Dementia* 2. *Early Onset Alzheimer's*

ALZHEIMER'S health care HANDBOOK, The: How to Get the Best Medical Care for Your Relative with Alzheimer's Disease, in and out of the Hospital. Mary S. Mittelman, Dr. PH & Cynthia Epstein, ACSW. 2002/2003. 196 pages. Offers clear explanations and sensitive advice about how to meet the needs of your loved one with Alzheimer's and look after our own needs as well. 1. *Caregiving* 2. *Medical Information* 3. *Alzheimer's Disease*

ALZHEIMER SOLUTIONS: A Personal Guide for Caregivers. Jim Knittweis & Judith Harch. 2002. 167 pages. Shows how to care for an Alzheimer's patient and gives a clear understanding of the complexities of an Alzheimer's caregiver. 1. *Alzheimer's Disease* 2. *Caregiving* 3. *Medical Information*

The Alzheimer's Sourcebook for Caregivers: A Practical Guide for Getting Through the Day. Frena Gray Davidson. 1996. 234 pages. Offers techniques, solutions, and suggests necessary skills for understanding and communicating with persons with AD. 1. *Caregiving (General)* 2. *Communication*

Art of DEMENTIA CARE, The. Daniel Kuhn & Jane Verity. 2008. 119 pages. This book is a practical guide intended for all who provide support, encouragement, and care for people with dementia. 1. *Caregiving* 2. *Home Care* 3. *Nursing Home Care*

Assessment Scales in Old Age Psychiatry. Alistair Burns, Brian Lawlor, and Sarah Craig. 1999. 303 pages. A summary of over 150 scales across the field of mental disorders in the elderly. 1. *Diagnosis and Treatment* 2. *Aging* 3. *Counseling/Psychological Issues*

Assisted Living Strategies for Changing Markets: How For-Profits and Not-For-Profits Can Still Prosper While Serving Seniors. Jim Moore. 2001. 485 pages. Discusses key issues regarding markets, economics and demand for not-for-profit and for-profit sectors and gives advice about the assisted living industry's issues and opportunities. 1. *Assisted Living* 2. *Aging*

Bathing Without a Battle: Person-Directed Care of Individuals with Dementia. Ann Louise Barrick, Joanne Rader, Beverly Hoeffler, Philip D. Sloane, & Stacey Biddle. 2008. 182 pages. Presents an individualized, problem-solving approach to bathing and personal care of individuals with dementia. The editors' approach is also appropriate for caregiving activities other than bathing, such as morning and evening care, and for frail elders not suffering from dementia. 1. *Caregiving* 2. *Nursing Homes* 3. *Home Care*

Bereavement and Support: Healing in a Group Environment. Marylou Hughes. 1995. 204 pages. Information for support group leaders on how to organize a bereavement support group, and practical suggestions melding theory and practice into a how-to approach. 1. *Counseling and Psychological Issues* 2. *Grief and Bereavement* 3. *Support Groups*

The Best Friends Approach to Alzheimer's Care. Virginia Bell and David Troxel. 1997. 250 pages. . A description of the Best Friends model which emphasizes that recasting relationships by becoming "best friends" with the person with AD can make caregiving easier and more rewarding for families and professionals. 1. *Caregiving (Professional)* 2. *Nursing Home (Staff)*

The Best Friends Book of Alzheimer's Activities. Virginia Bell, David Troxel, Tonya Cox, & Robin Hamon. 2004. 199 pages. Adult planning activities for people with dementia that can be used by nursing homes, adult day centers, assisted living facilities, or home care settings. Includes formal and informal activities, communication and conversation, and musical tie-ins and songs. 1. *Activities for Persons with Dementia* 2. *Caregiving (Professional & General)*

The Best Friends Staff: Building a Culture of Care in Alzheimer's Programs. Virginia Bell and David Troxel. 2001. 272 pages. A guide for professionals working in long-term care settings toward developing a staff dedicated to preserving dignity and enhancing quality of life for persons with dementia. 1. *Caregiving (Professional)* 2. *Nursing Home (Staff)*

Between Two Worlds: Special Moments of Alzheimer's and Dementia. Ellen P. Young. 1999. 207 pages. A woman who saw both her mother and aunt through AD finds that humor is often the best medicine in dealing with patients with dementia. 1. *Caregiving (Adult Child and Female)* 2. *Family Dynamics* 3. *Personal Narrative by Caregivers*

Bon Appetit!: The Joy of Dining in Long-Term Care. Jitka Zgola and Gilbert Bordillo. 2001. 298 pages. 1. *Caregiving (Professional)* 2. *Nursing Home (Care)* 3. *Nutrition*. See 2-part video also.

The Book of Choices: A treasury of insights for personal and professional growth. Mike Magee, MD. 2002. 335 pages. A treasury of 77 life-determining choices capturing the accumulated wisdom of philosophers, theologians, poets, and artists throughout the ages. Also is encouraging, optimistic, and helpful, and represents challenges that are familiar to all. 1. *Spiritual/Inspirational*

Boomer Burden, The: Dealing with your Parents' Lifetime Accumulation of Stuff. Julie Hall. 2007. 228 pages. Julie Hall, a professional estate liquidator, offers guidance for any executor, heir, or beneficiary, gives you practical, effective steps for liquidating and distributing your parents' assets in a way that both honors them and promotes family harmony for generations to come. 1. *Aging Parents*. 2. *Legal and Financial Information/Benefits*.

Brain Builders! A Lifelong Guide To Sharper Thinking, Better Memory, and An Age-Proof Mind. Richard Leviton. 1995. 410 pages. This book contains over 100 simple and effective techniques to boost brain power and age-proof the mental processes. 1. *Aging* 2. *Alzheimer's Disease* 3. *Memory Enhancement*

Brain Health and Wellness. Dr. Paul Nussbaum. 2003. 188 pages. Dr. Nussbaum shows how we can adopt healthy brain habits in our daily lives. Professionals, as well as the general public, should read this articulate and easy to understand book. 1. *Activities of Daily Living (ADLs)* 2. *Memory Enhancement*

Care That Works: A Relationship Approach to Persons with Dementia. Jitka M. Zgola. 1999. 256 pages. A collection of ideas and experiences directed to both family and professional care providers regarding preventing and containing challenging behaviors. 1. *Behavior/Symptoms* 2. *Caregiving (Professional)* 3. *Family Dynamics*

The Carebook: A Workbook for Caregiver Peace of Mind. Joyce Beedle. 1993. 57 pages. A workbook to be filled in by caregivers regarding day-to-day tips highlights of person's life, medical information, and legal and financial data, as well as a daily journal. 1. *Caregiving (General)* 2. *Legal and Financial Information* 3. *Medical Information*

Caregiver's Reprieve: A Guide to Emotional Survival When You're Caring for Someone You Love. Avrene L. Brandt. 1998. 106 pages. Provides information about the emotional travails of caregivers, reassures them of the normality of those feelings, and aids in resolution. 1. *Caregiving (General)* 2. *Counseling and Psychological Issues* 3. *Family Dynamics* 4. *Respite Care*

Caregiving: The Spiritual Journey of Love, Loss, and Renewal. Beth Witrogen McLeod. 1999. 264 pages. A daughter describes how caring for her two parents became a spiritual practice. She explores family dynamics, the nature of loss, transitional factors, and proposes a new vision of relationship, aging, and community. 1. *Caregiving (Adult Child and Long Distance)* 2. *Family Dynamics* 3. *Personal Narratives by Caregivers* 4. *Spiritual and Inspirational*

Caring for the Alzheimer's Patient: A Manual for Educators and Trainers. Allen Jack Edwards. 1996. 201 pages. Includes an introduction to AD, dealing with problem behaviors, maintaining independence, and basic functional behaviors. 1. *Alzheimer's Disease* 2. *Behavior/Symptoms* 3. *Caregiving (Professional)*

Caring for People with Alzheimer's Disease: A Manual for Facility Staff. Lisa P. Gwyther. 2001. 116 pages. Information for staff of nursing facilities on activities programming, family involvement, special environments, and tips for caregivers. 1. *Caregiving (Professional)* 2. *Dementia and Related Disorders* 3. *Nursing Home (Staff)* 4. *Environmental Design*

Caring for People with Alzheimer's Disease: A Training Manual for Direct Care Providers. Gayle Andresen. 1995. 189 pages. A guide for instructors covering an overview of dementia, communication, managing personal care and nutrition, managing difficult behaviors, and medications. 1. *Behavior/Symptoms* 2. *Caregiving (Professional)* 3. *Medications*

Caring for People with Challenging Behaviors: Essential Skills and Successful Strategies in Long-Term Care. Stephen Weber Long. 2005. 164 pages. A well-written, practical guide for dealing with a wide range of problem behaviors. This book helps professional caregivers develop effective ways to prevent, reduce, or eliminate residents' challenging behaviors and alleviate their own stress. 1. *Nursing Home Patients* 2. *Behavior/Symptoms/Therapy*

Chicken Soup for the Caregiver's Soul. Jack Canfield, Mark Victor Hansen, LeAnn Thieman, LPN. 2004. 373 pages. Inspirational stories that offer you a respite from your responsibilities, bringing uplifting and comforting insights to fill you with renewed hope, courage and strength. 1. *Respite Care* 2. *Spiritual/Inspirational*

Close to Me, But Far Away: Living with Alzheimer's. Burton M. Wheeler. 2001. 160 pages. The author's account of caring for his wife, written with honesty as he confronts his ineptitude and despair, as well as his memories and his love. 1. *Caregiving (Male and Spouse)* 2. *Home Care* 3. *Personal Narratives by Caregivers*

The Comfort of Home: An Illustrated Step-by-Step Guide for Caregivers. Maria M. Meyer with Paula Derr. 1998. 364 pages. A basic guide to health home care, including practical tips and illustrated solutions for everyday activities; also medical information with a glossary. 1. *Activities for*

Persons with Dementia 2. Caregiving (General) 3. Home Care 4. Medical Information 5. Activities of Daily Living (ADLs)

Contemporary Environments for People with Dementia. Uriel Cohen and Kristen Day. 1993. 230 pages. Design information for care providers, family caregivers, and design professionals for the creation of supportive and healthy environments; provides case studies of a number of facilities. *1. Environmental Design 2. Nursing Home (Placement)*

Continuum of Long-Term Care, The. Connie J. Evashwick. 2001. 416 pages. This book offers information on long-term care for multiple populations and age groups; coverage of hospitals, nursing facilities, home health agencies, hospices, and assisted living facilities; client examples and service profiles highlighted throughout chapters; tables, graphs, boxes, and bullets to enhance understanding of content. *1. Caregiving. 2. Assisted Living. 3. Nursing Homes. 4. Hospice Care.*

Coping and Caring: Living with Alzheimer's Disease. American Association of Retired Persons. 1993. 22 pages. Offers information about AD, its diagnosis and treatment, research findings, suggestions for coping, and resources for help. *1. Alzheimer's Disease 2. Community Resources 3. Diagnosis and Treatment*

Coping with Alzheimer's: A Caregiver's Emotional Survival Guide. Rose Oliver, and Frances A. Bock. 1987. 230 pages. An approach based on Rational Emotive Therapy that helps caregivers deal with thoughts, feelings, and actions when faced with difficult situations. *1. Caregiving (General) 2. Counseling and Psychological Issues*

Counseling the Alzheimer's Caregiver: A Resource for Health Care Professionals. Mary A. Mittelman, Cynthia Epstein, & Alicia Pierzchala. 2003. 346 pages. Describes a specific approach to counseling caregivers and is certainly of interest to many non-physicians who have contact with patients with AD and their families. *1. Alzheimer's Disease 2. Home Care 3. Counseling/Psychological Issues*

Creating Moments of Joy for the Person with Alzheimer's or Dementia: A Journal for Caregivers. Jolene Brackey. 2000. 188 pages. Suggests ways of understanding the person with AD, tools for creating memory-enhanced environments, and daily activities that bring back joy. *1. Activities for Persons with Dementia 2. Environmental Design 3. Family Dynamic 4. Memory Enhancement*

Creating Successful Dementia Care Settings. (Four volume series.) Volume 1: Understanding the Environment through Aging Senses. Sherylyn H. Briller, Mark A. Proffitt, Kristin Perez, and Margaret P. Calkins. 2001. 63 pages. A reference for care providers outlining changes in sensory experiences in vision, hearing, taste, smell, and touch in persons with dementia. *1. Activities for Persons with Dementia 2. Caregiving (Professional) 3. Environmental Design 4. Aging 5. Home Care*

Creating Successful Dementia Care Settings. (Four volume series.) Volume 2: Maximizing Cognitive and Functional Abilities. Sherlyn H. Briller, Mark A. Proffitt, Kristin Perez, Margaret P. Alkins, and John P. Marsden. 2001. 201 pages. Information on assessing and dealing with matters of orientation, mobility, continence, eating, dressing, and bathing. *1. Behavior/Symptoms 2. Diagnosis and Treatment 3. Environmental Design*

Creating Successful Dementia Care Settings. (Four volume series.) Volume 3: Minimizing Disruptive Behaviors. Kristin Perez, Mark A. Proffitt, and Margaret P. Calkins. 2001. 147 pages. Strategies for coping with Wandering, attempting to leave, rummaging and hoarding, combative behaviors, and socially inappropriate behaviors. 1. *Behavior/Symptoms* 2. *Environmental Design* 3. *Wandering and Sundowning*

Creating Successful Dementia Care Settings. (Four volume series.) Volume 4: Enhancing Identity and Sense of Home. John P. Marsden, Sherlyn H. Briller, Margaret P. Calkins, and Mark A. Proffitt. 2001. 183 pages. An overview of home-based care focused on personalization, roles and activities, privacy, autonomy and control, and residential design. 1. *Activities for Persons with Dementia* 2. *Environmental Design*

Daddy, I Remember: Hope and Healing for Families of Alzheimer's. Sharon McWilliams. 2004. Sharon McWilliams shares her survival guide that she used to get through daily living with her Dad who had Alzheimer's disease. The book also contains a CD with the song "I'll Remember for You" performed by Sharon's brother. 1. *Alzheimer's disease* 2. *Caregiving (Female and Adult Child)* 3. *Aging Parents*

Dancing the Last Mazurka: A Caregiver's Journal. Gary Thomas Doyle. 1998. 223 pages. A son's day-by-day account of his experiences in caregiving his mother, days of "laughing and crying and suffering together." 1. *Caregiving (Adult Child and Male)* 2. *Personal Narratives by Caregivers*

Dancing with Rose: finding life in the land of Alzheimer's. Lauren Kessler. 2007. 260 pages. Lauren Kessler was devastated by the ravaging disease that seemed to turn her mother into another person before claiming her life. To better understand the aspects of living with Alzheimer's disease, Kessler, an accomplished journalist, enlists as a bottom-rung caregiver at a residential Alzheimer's facility. 1. *Alzheimer's disease* 2. *Nursing home care* 3. *Middle & late stage Alzheimer's*

Day to Day: Spiritual help when someone you love has Alzheimer's. Cecil Murphey. 1988. 152 pages. This book is divided into seven chapters starting with "First Reactions" and ending with "Later Decisions." Each page has a different short story ending with a spiritual prayer or saying and is helpful to family caretakers of Alzheimer's patients. 1. *Alzheimer's Disease* 2. *Caregiving* 3. *Spiritual/Inspirational*

Dealing with Dementia: A Guide to Alzheimer's Disease and Other Dementias. Dr. Brian Draper. 2004. 255 pages. This book offers a down-to-earth, comprehensive and compassionate resource for anyone struggling to come to terms with a diagnosis of dementia and what it means. It is filled with practical advice on drug treatments, complementary therapies and residential or respite care and is an invaluable tool for anyone worried about their own symptoms or those of a loved one. 1. *Alzheimer's Disease* 2. *Dementia and Related Disorders* 3. *Caregiving*

Death in the Midst of Life: Social and Cultural Influences on Death, Grief and Mourning. Jack B. Kamerman. 1988. 160 pages. A textbook offering a sociological perspective on death which attempts to give both an understanding of the end of life in our culture and practical help in coping with death and dying. 1. *Family Dynamic* 2. *Grief* 3. *Hospice Care* 4. *Multicultural/Diversity* 5. *Death and Dying*

Death in Slow Motion: My Mother's Decent into Alzheimer's. Eleanor Cooney. 2003. 251 pages. One woman's moving story of her mother's experience with AD. 1. *Personal Narratives by Caregivers* 2. *Caregiving (Female and Adult Child)*

Decisiones Dificiles para los Seres Queridos. Hank Dunn. 2000. 56 pages. 1. *Caregiving (General)* 2. *Death and Dying* 3. *Hospice Care* 4. *Multicultural/Diversity* (see **Hard Choices for Loving People**)

Decoding Darkness: The Search for the Genetic Causes of Alzheimer's Disease. Rudolph E. Tanzi and Ann B. Parson. 2000. 281 pages. Anchored in molecular genetics, this book explores the development of the *amyloid hypothesis* and its implications for treatment of AD. 1. *Diagnosis and Treatment* 2. *Medical Information* 3. *Research*

Dementia and Wandering Behavior: Concern for the Lost Elder. Nina M. Silverstein, Gerald Flaherty, Terri Salmons Tobin. 2002. 206 pages. Focuses on specific responses to Wandering behavior, and describes ways to create a safe environment in the home, community, and care facility. 1. *Wandering and Sundowning* 2. *Safety Concerns/Safe Return*

Design for Dementia: Planning Environments for the Elderly and the Confused. Margaret P. Calkins. 1988. 151 pages. Discusses the physical environment as a therapeutic tool, with emphasis on designing special care units for the cognitively impaired. 1. *Environmental Design* 2. *Nursing Home (Care)*

Designing for Alzheimer's Disease: Strategies for Creating Better Care Environments. Elizabeth C. Brawley. 1997. 313 pages. Examines essential design criteria in areas of lighting, color, acoustics, safety, and way-finding that effect residents' independence, mobility, and emotional well-being. 1. *Environmental Design* 2. *Home Care*

Diminished Capacity. Sherwood Kiraly. 1995. 246 pages. The story of Rollie Zerbs of LaPorte, MO, once voted the strangest man in Missouri. A swift-flowing tale of low comedy and high jinks meant to be simply enjoyed. 1. *Behavior/Symptoms*.

Doing Things: A Guide to Programming Activities for Persons with Alzheimer's Disease and Related Disorders. Jitka M. Zgola. 1987. 149 pages. Focuses on management of and activities for cognitively impaired persons in a day-program setting, where patients can be active, experience success, and interact meaningfully with others. 1. *Activities for Persons with Dementia* 2. *Community Resources (Adult Day Care)*

Don't Bury Me...It Ain't Over Yet. Charles Schneider. 2006. 106 pages. Charles, a former policeman and current fireman, at the age of 52 learns that he is in the first stages of Alzheimer's disease. He takes the reader on a journey through his past to the present and the struggle he is having with this disease. 1. *Early Onset Alzheimer's* 2. *Personal narrative by person with Alzheimer's* 3. *Family dynamics*

Don't Lose Your Mind: Four Components of Superior Mental Fitness. Connie Lynch, Ph.D. 2000. 51 pages. This book describes four special attributes that characterize mental fitness: awareness, communication, curiosity, and willingness to accept mental challenges. It also includes exercises you can do to help you achieve and improve each one. 1. *Memory Enhancement* 2. *Communication*

Early-Stage Alzheimer's Care: A Guide for Community-Based Programs. Diane Weddington. 1994. 157 pages. Gives information on starting early intervention programs, provides a resource for

families and friends, and presents the patient as one who deserves autonomy, respect, and compassion. 1. *Community Resources (General)* 2. *Early Stage Alzheimer's*

Elder Rage—or—Take My Father...Please!: How to Survive Caring for Aging Parents.

Jacqueline Marcell. 2000. 344 pages. A daughter's compassionate and witty chronicle of dealing with her aging parents, while offering help on diagnosis, medications, behavior modifications, and valuable resources. 1. *Aging Parents* 2. *Behavior/Symptoms* 3. *Caregiving (Adult Child and Female)* 4. *Family Dynamics* 5. *Medications* 6. *Personal Narratives by Caregivers*

Establishing Partnerships: Establishing Partnerships Between Managed Care and Aging Service Organizations.

Debra Cherry, Elizabeth Heck, and Katie Maslow. 2006. 141 pages. A replication manual based on the Alzheimer's Association-Kaiser Permanente Metropolitan Los Angeles Dementia Care Project. 1. *Managed Care Programs* 2. *Community Health Services* 3. *Aged* 4. *Aging*

Ethical Conflicts in the Management of Home Care: The Case Manager's Dilemma.

Rosalie A. Kane and Arthur L. Caplan, eds. 1993. 276 pages. Addresses issues of dealing with risks, balancing conflicting interests of family and clients, protecting confidentiality and privacy, allocation of scarce services, treatment of agency vendors. 1. *Ethical Issues* 2. *Safety Concerns/Safe Return*

Ethnicity and the Dementias (2 copies).

Edited by Gwen Yeo and Dolores Gallagher-Thompson. 1996. 261 pages. Addresses the issues of how ethnicity and cultural interpretations can influence the perception of dementias and examines how the victims and their family members respond or adapt to the challenges that follow. It discusses epidemiology and neuropsychological assessment procedures, techniques for managing dementia, caregiving, family concerns, and policy recommendations. 1. *Multicultural/ Diversity* 2. *Caregiving (General)* 3. *Dementia and Related Disorders* 4. *Family Dynamics* 5. *Public Policy/Legislation/Advocacy*

Failure-Free Activities for the Alzheimer's Patient: A Guidebook for Caregivers.

Carmel Sheridan. 1987. 104 pages. A description of activities which can bring satisfaction to the AD patient, including music, exercise, food preparation, crafts, gardening, family games, and reminisces. 1. *Activities for Persons with Dementia* 2. *Caregiving (General)*

Family Guide for Alzheimer Care in Residential Settings.

Nancy L. Mace and Lisa P. Gwyther. 1992. 40 pages. Help in formulating the questions to ask when looking for care in a residential setting. 1. *Nursing Home (Placement)* 2. *Aging Parents*

Fierce Blessing: A Journey into Alzheimer's, Compassion, and the Joy of Being.

Wayne Baltz, Terry Baltz. 2003. 276 pages. Chronicle of one family's journey through the course of Alzheimer's. 1. *Alzheimer's Disease* 2. *Memoir* 3. *Caregiving*

Final Choices: Seeking the Good Death.

Michael Vitez. 1998. 72 pages. A Pulitzer Prize-winning chronicle that examines the choices facing critically ill patients and their families and how death may be a less mysterious and frightening experience if people have more control over how and where they die. 1. *Death and Dying* 2. *Grief and Bereavement* 3. *Hospice Care*

Finger Foods for Independence: For People with Alzheimer's Disease and Others Who Experience Eating Difficulties.

Lois Newton and Alan Stewart. 1997. 87 pages. The purposes of finger food, with menus and recipes for a variety of meals and occasions.

1. *Nutrition* 2. *Alzheimer's Disease*

Flowers for Grandpa Dan – A gentle story to help children understand Alzheimer's disease. Connie McIntyre. 2005. As Alzheimer's disease gradually changes Grandpa Dan's ability to garden with Danny, Danny learns there is one thing that never changes. 1. *Alzheimer's Disease*
2. *Youth*

For Caregivers, with Love. Greta Rey. 1996. 160 pages. A caregiver's perspective on the daily issues and problems confronting caregivers, with examples of prayers for strength, peace, and wisdom. 1. *Caregiving (General)* 2. *Spiritual/Inspirational*

For Goodness' Sake: A Daily Book of Cheer for Nurses Aides and Others Who Care. Bethany Knight. 1996. Not paginated. Daily inspirational stories of, by, and for nursing assistants. 1. *Caregiving (Professional)* 2. *Spiritual/Inspirational*

The "Forget-Me-Not" Activity Planning Book. Kim Warchol, Caroline Copeland and Chris Ebell. 2002. 153 pages. Describes how to provide a successful therapeutic dementia activity program. 1. *Activities for Persons with Dementia* 2. *Caregiving (Professional)*

The Forgetting: Alzheimer's: Portrait of an Epidemic. David Shenk. 2001. 290 pages. An excellent exploration of the history, literature, genetics, and neurobiology of AD, along with portraits of contemporary patients. 1. *Alzheimer's Disease* 2. *Medical Information* 3. *Research*

Gerocounseling: Counseling Elders and Their Families. Virginia Burlingame. 1995. 216 pages. An examination of counseling practices, dealing with the physical, social, and emotional concerns of older people. 1. *Aging* 2. *Counseling and Psychological Issues*

Getting to the Other Side of Grief: Overcoming the Loss of a Spouse. Susan J. Zonnebelt-Smeenge and Robert C. De Vries. 1998. 222 pages. A discussion of the grieving process by a psychologist and a minister, both of whom experienced the loss of a spouse before the age of retirement. 1. *Grief and Bereavement* 2. *Clergy and Pastoral Care* 3. *Sexuality and Marriage* 4. *Spiritual and Inspirational*

A Glass Full of Tears: Dementia Day-By-Day. June Lund Shiplett. 1996. 182 pages. An honest and heart-wrenching journal of the difficulties endured by the author as she cared for her husband. 1. *Grief and Bereavement* 2. *Caregiving (Female and Spouse)* 3. *Personal Narratives by Caregivers* 4. *Sexuality and Marriage*

Gone Without a Trace. Marianne Dickerman Caldwell. 1995. 106 pages. The story of the anguish suffered by the author in coming to terms with the unexplained disappearance of her mother. 1. *Caregiving (Adult Child and Female)* 2. *Family Dynamics* 3. *Personal Narratives by Caregivers* 4. *Safety Concerns/Safe Return*

The Graduation of Jake Moon. Barbara Park. 2000. 115 pages. Written for junior high school age youngsters, dealing with recognizing and learning about Alzheimer's disease. 1. *Youth* 2. *Alzheimer's Disease*

Grief: Difficult times—Simple Steps. Emily Lane Waszak. 1997. 134 pages.

A guide showing what to do and what not to do for a person who has suffered the death of a loved one. 1. *Grief and Bereavement* 2. *Counseling and Psychological Issues*

Guardianship of the Elderly: Psychiatric and Judicial Aspects. George H. Zimny, and George T. Grossberg. 1998. 155 pages. A basic explanation of guardianship of elderly persons with contributions from psychiatrists, psychologists, attorneys, and judges. 1. *Aging* 2. *Counseling and Psychological Issues* 3. *Legal and Financial Information*

Handbook of Dementia Care. Jean M. Stehman, Geraldine I. Strachan, Joy A. Glenner, George G. Glenner, and Judith K. Neubauer. 1996. Paginated by section. A guide for establishing a therapeutic program of care for dementia patients in any long-term care setting. 1. *Nursing Home (Care and Staff)* 2. *Caregiving (Professional)*

Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care, and the Patient with a Life-Threatening Illness. Hank Dunn. 2001. 80 pages. A guide for families facing the hard choices of resuscitation, artificial nutrition and hydration, and when hospitalization or hospice care is indicated. 1. *Ethical Issues* 2. *Hospice Care* 3. *Late Stage Alzheimer's*

Hard to Forget: An Alzheimer's Story. Large Print. Charles P. Pierce. 2000. 213 pages. An intertwining of the story of the author's family's experience with AD and of the search for the causes of the disease. 1. *Alzheimer's Disease* 2. *Medical Information* 3. *Personal Narrative by Caregivers*

He Used to be Somebody: A Journey into Alzheimer's disease Through the Eyes of a Caregiver. Beverly Bigtree Murphy. 1995. 348 pages. The personal account of a healthcare professional becoming a family caregiver within the experience of a second marriage. 1. *Caregiving (Professional and Spouse)* 2. *Family Dynamics* 3. *Personal Narrative By Caregivers*

The Heart of Long Term Care. Rosalie A. Kane, Robert L. Kane, and Richard C. Ladd. 1998. 328 pages. Offers alternative models for long-term care that allows elderly patients to enjoy dignified, autonomous lifestyles. 1. *Nursing Home (Care)* Helping Families Face Alzheimer's: A Guide for Clergy.

HELP For Alzheimer's Caregivers, Families, and Friends. Jean Robinson, RD. 2006. 238 pages. The author's personal experiences as an Alzheimer's caregiver led her to write this book, particularly to help other caregivers adjust in the early years of their new experience. 1. *Caregiving* 2. *Alzheimer's Disease* 3. *Home Care*

The Hidden Victims of Alzheimer's Disease: Families Under Stress. Steven H. Zarit, Nancy K. Orr, Judy M. Zarit. 1985. 218 pages. Useful strategies for families coping with the day-to-day problems that arise in the care of persons with AD. 1. *Behavior/Symptoms* 2. *Caregiving (Adult Child)* 3. *Home Care* 4. *Family Dynamics*

Homes That Help: Advice from Caregivers for Creating a Supportive Home. Richard V. Olsen, PH.D., Ezra Ehrenkrantz, F.A.I.A., Barbara Hutchings, M. ARCH. 1993. 77 pages. The manual contains strategies for keeping your loved one calm yet occupied, as well as suggestions for modifying the home to make it safe for people with Alzheimer's. The information comes from 90 caregivers who each had many years of experience caring for someone with dementia. 1. *Caregiving* 2. *Home Care*

Hospice Care for Patients with Advanced Progressive Dementia. Ladislav Volicer and Ann Hurley. 1998. 305 pages. A review of the clinical problems encountered in patients with progressive dementia, with suggestions regarding hospice care and the ethical aspects involved. 1. *Ethical Issues* 2. *Hospice Care* 3. *Late Stage Alzheimer's*

The House on Beartown Road: A Memoir of Learning and Forgetting. Elizabeth Cohen. 2003. 270 pages. A memoir revealing how one woman used love and courage to raise her young daughter while taking care of her father who is afflicted with AD. 1. *Personal Narratives by Caregivers* 2. *Family Dynamics*

How to Care for Your Parents: A Handbook for Adult Children. Nora Jean Levin. 1987. 103 pages. A presentation of 28 key steps to help aging parents cope, including how to make use of community resources, how to talk about money, how to choose the right medical coverage, and how to arrange for long-term care. 1. *Aging Parents* 2. *Community Resources* 3. *Legal and Financial Information* 4. *Nursing Home (Placement)*

How to Get Families More Involved in the Nursing Home: Four Programs That Work and Why. Tammy LaBrake. 1996. 103 pages. A recognition of the diverse needs of family members and suggestions of programs and approaches to promote family involvement. 1. *Caregiving (General)* 2. *Nursing Home (Staff)* 3. *Family Dynamics*

I Can't Remember: Family Stories of Alzheimer's Disease. Esther Strauss Smoller. 1997. 133 pages. A photo essay of four families and their process of coming to terms with the practical and emotional consequences of a disease that changes the family dynamic. 1. *Personal Narratives by Caregivers* 2. *Family Dynamics*

I Was Thinking: Unlocking the Door to Successful Conversations with Loved Ones with Cognitive Loss. Diana Waugh, RN, BSN. 2008. 56 pages. A resource for all those who want to improve their interactions with loved ones suffering with cognitive loss. Many families will find the suggestions in this book helpful, insightful and applicable in many caregiving situations that families face. 1. *Caregiving* 2. *Communication*

Improving Hospital Care for Persons with Dementia. Nina M. Silverstein & Katie Maslow. 2006. 272 pages. What happens when a person with dementia is hospitalized? This book illustrates the challenges faced and provides strategies for successful and appropriate treatment planning. 1. *Caregiving* 2. *Diagnosis and Treatment*

Improving Your Memory: How to Remember What You're Starting to Forget. Janet Fogler and Lynn Stern. 1994. 99 pages. A self-help manual based on how memory works which offers strategies and exercises for improving memory. 1. *Memory Enhancement*

In Lieu of Flowers: A Conversation for the Living. Nancy Cobb. 2000. 154 pages. Is an eloquent book. The author's harrowing insistence that death be confronted without the veil of denial is made possible, and even more starkly compelling, by the grace and wit of her writing. 1. *Death and Dying* 2. *Grief and Bereavement*

In a Tangled Wood: An Alzheimer's Journey. Joyce Dyer. 1996. 159 pages.

A daughter's account of her mother's stay in an Alzheimer's unit with the aim of helping others see those institutions with clearer eyes. 1. *Environmental Design* 2. *Nursing Home (Care)* 3. *Personal Narratives by Caregivers*

Individualized Dementia Care: Creative, Compassionate Approaches. Joanne Rader and Elizabeth M. Tornquist, eds. 1995. 298 pages. A guide to understanding, preventing and redirecting difficult behaviors associated with dementia. 1. *Behavior/Symptoms* 2. *Caregiving (General)* 3. *Dementia and Related Disorders*

Into The Mist: When Someone You Love Has Alzheimer's Disease. Deborah Uetz with Dr. Anne Lindsay. 2005. 309 pages. The story of three Alzheimer's patients and their families on how they deal with the early, middle, and final stages of the disease. The stories are told by their daughters who relate their personal accounts along with coping strategies and resource information. 1. *Caregiving (Adult Child)* 2. *Personal Narratives by Caregivers*

Keep Your Brain Alive – 83 Neurobic exercises to help prevent memory loss and increase mental fitness. Lawrence C. Katz, Ph.D. and Manning Rubin. 1999. 148 pages. This book introduces Neurobics, a unique brain exercise program based on the latest neuroscience research. These simple exercises help stimulate the production of nutrients that grow brain cells to keep the brain younger and stronger. The result: a mind fit to meet any challenge. 1. *Memory Enhancement* 2. *Aging*

Keeping Busy: A Handbook of Activities for Persons with dementia. James R. Dowling. 1995. 178 pages. The book describes a variety of activities designed to bring meaning and enjoyment to the lives of persons with dementia. The largest section of the book deals with communication and includes word games that help people make the most of their remaining verbal skills. 1. *Activities for Persons with Dementia* 2. *Activities of Daily Living* 3. *Alzheimer's Disease*

Learning from Hannah: Secrets for a Life Worth Living. William H. Thomas. 1999. A story inspired by unusual events in the author's life that led him and his wife to dedicate themselves to care of the elderly, leading to the development of the Eden Alternative. 1. *Assisted Living* 2. *Caregiving (General)* 3. *Nursing Home (Care)*

Light in the Shadows: Meditations While Living with a Life-Threatening Illness. Hank Dunn. 1999. 56 pages. A series of reflections by a chaplain on the emotional and spiritual struggles brought on by AD. 1. *Clergy and Pastoral Care* 2. *Late Stage Alzheimer's* 3. *Spiritual and Inspirational*

Living Well in a Nursing Home: Everything You and Your Folks Need to Know. Lynn Dickinson, M.A. & Xenia Vosen, Ph.D. 2006. 271 pages. A guide to making life in a nursing home a time of support, companionship, and new opportunities. The authors discuss the positive facilities that can be found in many nursing homes and offer strategies for finding the best long-term care. 1. *Nursing homes* 2. *Nursing home care* 3. *Nursing home placement*

Living with Grief When Illness Is Prolonged. Kenneth J. Doka, ed. with Joyce Davidson. 1997. 220 pages. A collection of articles from the Hospice Foundation that addresses the losses and grief experienced by families and caregivers through the course of a long illness. 1. *Grief and Bereavement* 2. *Hospice Care*

Long Distance Caregiving: A Survival Guide for Far Away Caregivers. Angela Heath. 1993. 122 pages. Help in finding information in a distant city or stand and suggestions for organizing your efforts in providing care for a loved one far away. 1. *Caregiving (Long Distance)*

Long Goodbye, The. Patti Davis. 2004. 199 pages. Ronald Regan's daughter writes with a moving openness about losing her father to Alzheimer's disease. She describes saying goodbye in stages, of needing to be reunited at 42 with her mother, and her memories as a child and as an adult. 1. *Family Dynamics* 2. *Alzheimer's Disease* 3. *Caregiving*

Losing My Mind: An intimate look at life with Alzheimer's. Thomas DeBaggio. 2002. 207 pages. Is an extraordinary first person account of early onset Alzheimer's the form of the disease that ravages younger, more alert minds. In an inspiring and detailed account, DeBaggio paints a vivid picture of the splendor of memory and the pain that comes from it's lose. 1. *Personal narratives by Persons with Dementia* 2. *Alzheimer's disease* 3. *Early onset Alzheimer's*

Love You Forever. Robert Munsch. 1986. Not paginated. A children's book about the enduring nature of parents' love and how it crosses generations. 1. *Youth*

The Magic of Humor in Caregiving. James R. Sherman. 1995. 95 pages. A guide to help the caregiver see and enjoy the funny side of life by creating a lifestyle in which humor is a conscious and significant element. 1. *Caregiving (General)*

Making an Exit: a Mother-daughter Drama with Alzheimer's, Machine Tools, and Laughter. Elinor Fuchs. 2005. 191 pages. Elinor Fuchs experiences taking care of her mother, Lillian Kessler. 1. *Alzheimer Disease--personal narratives* 2. *Mothers* 3. *Caregivers--personal narratives* 4. *Parent-Child Relations--personal narratives*

Male Caregivers' Guidebook: Caring for Your Loved One with Alzheimer's at Home. Alzheimer's Association, Des Moines Chapter. 1992. 69 pages. A guide to help male caregivers come to terms with feelings of frustrations and loneliness, and to offer practical solutions to everyday problems of caregiving. 1. *Caregiving (Male)* 2. *Home Care*

The Man Who Mistook His Wife for a Hat: and Other Clinical Tales. Oliver Sacks. 1985. 243 pages. Strange case histories of patients lost in the bizarre world of neurological disorders, written by a compassionate and literate neurologist who makes us aware of the marvels of the human mind. 1. *Medical Information* 2. *Dementia and Related Disorders*

Management of Challenging Behaviors in Dementia. Ellen K.Mahoney, Ladislav Volicer, Ann C. Hurley. 2000. 236 pages. All of today's empirical scientific knowledge about common challenging behaviors seen in dementia is translated here into practical, day-to-day care strategies for nursing and allied health professionals. 1. *Dementia* 2. *Behavior Therapy*

***Managing Nutrition in Dementia Care: A Supportive Approach for Caregivers.** Alzheimer's Association, Western New York Chapter. 2001. 30 pages. Simple hints and ideas to help the caregiver solve food-related problems for those with dementia. 1. *Nutrition* 2. *Caregiving (General)*

Managing Vascular Dementia. Gustavo C. Román. 2003. 82 pages. This book provides a conceptual framework for the practical management of the growing number of patients with dementia, and cognitive impairment, resulting from stroke and other forms of cerebrovascular disease. 1. *Dementia and Related Disorders* 2. *Research*

Many Waters Cannot Quench Love. Betty Leitner Reichert. 2007. 348 pages. A sudden onslaught of Alzheimer's disease intrudes on the ever-exciting, compatible marriage of Adam and Eve Alexander. Emergence of lost family members, many mysterious happenings, and an amazing, miraculous discovery bring their story to a startling conclusion. *1. Family Dynamics 2. Alzheimer's Disease*

Mayo Clinic on Alzheimer's Disease. Ronald Petersen, M.D., Ph.D. 2002. 210 pages. This book gives practical answers on memory loss, aging, research, treatment and caregiving. It attempts to explain AD and gives a broad overview of caregiving and the most authoritative resources. *1. Alzheimer's Disease 2. Caregiving 3. Aging*

Memory Bible. Gary Small, M.D. 2002. 300 pages. Tools to improve mental performance by making informed decisions on many of the lifestyle choices that directly affect the aging of our brains. *1. Memory Enhancement 2. Aging*

Memory Cure, The. Majid Fotuhi, M.D., PH.D. 2003. 240 pages. This book includes a 10-step memory protection plan; encouraging updates in the field of cognitive research; the truth behind popular beliefs about memory loss and again; and a comprehensive resource section including information about clinical trials. *1. Memory Enhancement 2. Research*

Memory Lingers On, The: The Memoirs of an Alzheimer's Sojourner. A Bubba Mysseh. 2004. 315 pages. This book is about Anna who is living the end of her days with Alzheimer's disease. Drifting between the past and present, she is visited by the ghosts of loved ones that have come to lead her to the final stage of her life. *1. Alzheimer's disease 2. Late stage Alzheimer's*

Memory Workbook, The. Douglas J. Mason, Psy.D. and Michael L. Kohn, Psy.D. 2001. 230 pages. This interactive workbook provides a program designed to help rewire the mental habits that interfere with memory functioning. It offers an array of involving and fun techniques that will challenge assumptions, get in touch with senses, deepen memory experience, identify and use natural strengths, focus on what is important, and stretch memory muscle back into shape. *1. Memory Enhancement*

Men Giving Care: Reflections of Husbands and Sons. Phyllis Braudy Harris and Joyce Bichler, eds. 1997. 223 pages. An in-depth study of male caregivers which provides assistance for family members, clinicians, educators, and others, by mirroring the commitment, despair, dilemmas, satisfactions, and hopes of sons and husbands. *1. Caregiving (Male) 2. Family Dynamics*

Men and Grief: A Guide for Men Surviving the Death of a Loved One, A Resource for Caregivers and Mental Health Professionals. Carol Staudacher. 1991. 225 pages. A book offering awareness, insights, and encouragement to men who need to grieve. *1. Caregiving (Male and Professional) 2. Grief and Bereavement*

Milk's In The Oven, The. Lizi Hann. 1998. 32 pages. Published by The Mental Health Foundation, London, England, this booklet explains dementia to children. *1. Youth 2. Dementia and Related Disorders*

Mom's OK She Just Forgets. Evelyn McLay & Ellen P. Young. 182 pages. An excellent reference for families of patients with Alzheimer's Disease. This book covers some of the most difficult

decisions families face with the progression of Alzheimer's disease, and stresses the need for caregivers to take care of themselves. 1. *Alzheimer's Disease* 2. *Caregiving* 3. *Family Dynamics*

Montessori-Based Activities for Persons with Dementia (Volume 1). Cameron J. Camp, Ph.D. 1999. 76 pages. A manual that provides stimulating, interesting, and challenging activities that can be performed with persons with dementia while respecting their fundamental humanity. 1. *Activities for Persons with Dementia* 2. *Caregiving (General)*

Montessori-Based Activities for Persons with Dementia (Volume 2). Cameron J. Camp, Ph.D., Nicole Schneider B.S., Silvia Orsulic-Jeras, M.A., Jeanne Mattern, Ph.D., L.S.W., Adena McGowan, M.A., Vincent M. Antenucci, M.A., Megan L. Malone, M.A., S.L.P., Gregg J. Gorzelle, B.A. 2006. 96 pages. Volume 2 provides new ideas for activities programming for persons with dementia and other cognitive disorders, such as intergenerational programming, male-oriented activities, restorative nursing in long-term care and infection control and hygiene. 1. *Activities for Persons with Dementia* 2. *Caregiving (general)*

More Life and Death Decisions: Help in Making Tough Choices about Care for the Elderly, Euthanasia, and Medical Treatment Options. Robert Orr, David Biebel, and David Schiedermayer. 1990. 128 pages. An informative guide on life and death decisions offered from a Christian perspective. 1. *Clergy and Pastoral Care* 2. *Ethical Issues* 3. *Medical Information* 4. *Death and Dying*

Mosaic Moon: Caregiving Through Poetry. Frances H. Kakugawa. 2002. A collection of inspirational poetry written by caregivers of Alzheimer patients and also a writing tool with ideas and techniques for finding solace in journaling and poetry for both individual caregivers and for support groups conducting workshops. 1. *Personal Narratives by Caregivers* 2. *Spiritual/Inspirational*

Movercise. Katherine Schellin and Kristen Gemeiner. 2003. Not paginated. Adapting music and movement; an interdisciplinary approach to range of motion. Book and CD. 1. *Activities for Persons with Dementia*

Moving a Relative with Memory Loss: A Family Caregiver's Guide. Laurie White and Beth Spencer. 2000. 50 pages. A brief guide for family caregivers in helping a loved one through a move and adjustment to a residential or nursing home facility. 1. *Assisted Living* 2. *Nursing Home (Placement)*

My Father Forgets: The Story of One Man's Memory Loss—A Life complicated by Alzheimer's Disease. Lynn Mcandrews. 1990. 110 pages. A daughter's intimate portrayal of her father's and her family's experience with AD, which helps increase understanding of AD and widens our perspective on what truly matters in life. 1. *Alzheimer's Disease* 2. *Caregiving (Adult Child)* 3. *Personal Narratives by Caregivers*

My Grandma's in a Nursing Home. Judy Delton and Dorothy Tucker. 1986. Not paginated. A child's book about a boy visiting his grandmother, who has dementia, in a nursing home and what he learns from his experiences there. 1. *Youth* 2. *Dementia and Related Disorders*

Neuropsychological assessment of dementia and depression in older adults: a clinician's guide. Martha Storandt, Gary R. VandenBos. 1995. 219 pages. Covers the topics from assessment and assessment strategies, through interpretation and consideration of the associated legal topics, to therapy with older adults and their families. 1. *Dementia* 2. *Depressive Disorder*

The New Nursing Homes: A 20-Minute Way to Find Great Long-Term Care. Marilyn Rantz, Lori Popejoy, and Mary Zwygart-Stauffacher. 2001. 170 pages. A walk-through observation guide to help families quickly rate the quality of care in a nursing home; includes interview questions and corresponding ideal answers. 1. *Nursing Home (Care and Placement)*

No Turning Back: A Journey into the World of Alzheimer's with my Mother. Lyn H. Silberman. 2004. Not paginated. This is the story of Lyn and her mother, Ruth, on their journey of living with Alzheimer's disease for over six years. It shows the special bond between mother and daughter and what they both learned along the way. 1. *Caregiving (Female and Adult Child)* 2. *Alzheimer's Disease*

Nobody's Home: Candid Reflections of a Nursing Home Aide. Thomas Edward Gass. 2004. 189 pages. Thomas Edward Gass describes the highs and lows of caring for people with dementia. Gass took a job as a nursing home aide but was not prepared for the reality that he found at his new place of employment, a for-profit long-term-care facility. He manages to see both the humanity and the humor in everyday experiences of nursing home residents and those who care for them. This book shows us the physically tough and emotionally sapping work that aides have to do every day in a health care system and society where their work is not assigned the monetary or cultural value that it deserves. 1. *Nursing Home (Care and Staff)* 2. *Personal Narratives by Caregivers*

Nursing a Loved One at Home: A Caregivers Guide. Susan Golden. 1988. 269 pages. A non-technical handbook that explains the procedures, equipment, and psychology of patient recovery and care while at home. 1. *Home Care* 2. *Caregiving (General)*

Of Two Minds: A Guide to the Care of People with the Dual Diagnosis of Alzheimer's Disease and Mental Retardation. Judith M. Antonangell. 1995. 167 pages. This practical guide is written in a clear, organized, and compassionate manner based on the author's extensive experience with this population. It presents real-life solutions to complex situations. 1. *Dementia and Related Disorders* 2. *Caregiving (General)* 3. *Down's Syndrome*

Official Patient's Sourcebook on Pick's Disease, The. James N. Parker, M.D. & Philip M. Parker, Ph.D., Editors. 2002. 130 pages. This Sourcebook has been revised and updated for non-professionals wishing to pursue self-directed research on Pick's Disease. Each chapter provides background information, glossaries, specific references and directory information. 1. *Research* 2. *Medical Information*

Only with the Heart. Sherri Szeman. 2000. 323 pages. A suspenseful novel about the far reaching effects of AD, our need for acceptance, and the complex character of love. 1. *Alzheimer's Disease* 2. *Caregiving (General)*

Open Hearts Open Minds. William H. Thomas, M.D. 1998. 248 pages. Wonderful stories involving the Eden Alternative. 1. *Family dynamics*

Out of Mind. J. Bernlef. 1988. 150 pages. A novel which is the tale of mental disintegration, narrated by an old man whose stability is being shaken by forgetfulness. 1. *Personal Narratives by Persons with Dementia* 2. *Aging*

The Paraprofessional in Home Health and Long-Term Care: Training Modules for Working with Older Adults. Ellen Cervantes, Jeanne Heid-Grubman, and Charlotte K. Schuerman. 1995.

248 pages. A training manual that offers health care professionals a 12-unit guide for providing high-quality in-service education in areas such as depression, dementia, and death and dying.

1. *Caregiving (Professional)* 2. *Death and Dying* 3. *Dementia and Related Disorders* 4. *Home Care*

Parentcare: A Commonsense Guide for Adult Children. Lissy Jarvik and Gary Small. 1988. 309 pages. A six-step commonsense approach to caring for aging parents and dealing with the anger, resentment and stress that often result from becoming a “parent to the parent.” 1. *Aging Parents* 2. *Caregiving (Adult Child)*

Parkinson’s Disease: 300 Tips for Making Life Easier. Shelley Peterman Schwarz. 2006. 140 pages. A collection of tried-and-true techniques, shortcuts, and resources to help patients and their caregivers deal with PD. Arranged in categories of daily activities for easy reference, the book covers everything from “Making Your Home Safe and Accessible” to “Looking Good and Feeling Better.”

Parkinson’s Disease for Dummies. Michele Tagliati, MD, Gary N.Guten, MD, MA, Joe Horne, MA. 2007. 364 pages. This positive, straightforward guide offers proven techniques for finding the right doctors, coping with daily issues, and providing care as the disease progresses. The authors cover young onset Parkinson’s disease, and detail ways to keep your mind sharp, your body in shape, your stress under control – and live a full, satisfying life. 1. *Diagnosis and Treatment*. 2. *Medical Information*. 3. *Activities of Daily Living*.

Partial View: An Alzheimer’s Journal. Cary Smith Henderson. 1998. 97 pages.

An account by the author reflecting his progressive loss of the ability to choose, sort, and arrange all the information that the human environment presents, a story he calls the “anecdotal career of an Alzheimer’s patient.” 1. *Personal Narratives by Persons with Dementia*

Person-Centered Care: A Model for Nursing Homes. Marilyn J. Rantz and Marcia K. Flesner. 2003. 82 pages. Inspirational and instructional story told by two researchers who created a model of human resource and care delivery management rooted in a principle and process of mutual empowerment and respect. 1. *Nursing Homes (Care)* 2. *Caregiving (Professional)*

The Personal Care Attendant Guide: The Art of Finding, Keeping or Being One. Katie Rodriguez Banister. 2007. 145 pages. Katie Rodriguez Banister survived an auto accident in 1990 that left her a quadriplegic paralyzed from the chest down. She has lived independently since 1992 and wrote this book to teach readers how to find a competent caregiver. It also gives current and prospective attendants vital information and real-life examples to help them succeed in this demanding work environment. 1. *Home Care* 2. *Caregiving*

Positive Caregiver Attitudes. James R. Sherman. 1994. 85 pages. Ideas for caregivers to help in developing more positive attitudes toward their challenges and responsibilities. 1. *Caregiving (General)*

Positive Interactions Program of Activities, The. Sylvia Nissenboim and Christine Vroman. 1998. 136 pages. A guide to non-verbal activities for patients with dementia, including activities in the areas of creative arts, physical exercise, daily living skills, and sensory responses. 1. *Activities for Persons with Dementia* 2. *Activities of Daily Living (ADLs)* 3. *Caregiving (General)*

Prayer Services for the Elderly: Giving Comfort and Joy. Sandra DeGidio. 1994. 104 pages. Prayers and rituals offered to help patients with dementia respond to their inner needs and express their faith, written by a Catholic chaplain who served in nursing homes. 1. *Clergy and Pastoral Care*

2. Spiritual/Inspirational

Pressure Points: Alzheimer's and Anger. Edna L. Ballard, Lisa P. Gwyther, and T. Patrick Toal. 2000. 68 pages. A guide to help caregivers deal with anger as a normal, expectable emotion.
1. Behavior/Symptoms 2. Caregiving (General) 3. Counseling and Psychological Issues

Preventing Alzheimer's: Ways to Help Prevent, Delay, Detect, and Even Halt Alzheimer's Disease and Other Forms of Memory Loss. William Rodman Shankle, M.S., M.D. and Daniel G. Amen, M.D. 2004. 280 Pages. A thorough, up-to-date, well-constructed informative exploration of what we know about the clinical features, diagnosis, and current research and applied efforts to prevent Alzheimer's and other dementias. This book will help you to understand and reduce your risk factors; learn how to detect problems early; obtain an accurate, prompt diagnosis; and choose the most effective treatment. *1. Alzheimer's Disease 2. Behavior/Symptoms 3. Diagnosis and Treatment 4. Memory Enhancement*

Preventing Caregiver Burnout. James R. Sherman. 1994. 77 pages. Information on the warning signs of caregiver burnout and what can be done to prevent it. *1. Caregiving (General)*

Promises to Keep: The Family's Role in Nursing Home Care. Katherine L. Karr. 1991. 127 pages. A text with illustrations that offers encouragement and specific advice to families who want to augment the care of a loved one in a nursing home, including a list of residents' rights.
1. Family Dynamics 2. Nursing Home (Care and Placement)

Random Thoughts: A Nursing Home Journal. Wanda R. Schwind. 1989. 216 pages. A woman keeps a journal of her experience in a nursing home after she suffers from a stroke, in which she suggests that one can have a rewarding and fulfilling life in that kind of environment.
1. Nursing Home (Care) 2. Personal Narratives by Persons with Dementia

Remember Me?: Alzheimer's Through the Eyes of a Child. (English & Spanish). Sue Glass. 2003. 32 pages. A young girl's grandfather can't or doesn't want to remember her anymore. This upsets the girl who wonders if she did something wrong. Understanding comes after Grandfather's Alzheimer's disease is exposed. *1. Children/Adolescents. 2. Alzheimer's Disease*

Reminiscence: Uncovering a Lifetime of Memories. Carmel Sheridan. 1991. 162 pages. A guide pointing out the value of reminiscence by the elderly in improving their mental, emotional, social and physical wellbeing. *1. Activities for Persons with Dementia 2. Counseling and Psychological Issues 3. Aging 4. Memory Enhancement*

A Return Journey: Hope and Strength in the Aftermath of Alzheimer's. 2003. 188 pages. This story is Sue's personal journals during her mother's eight-year illness, and her correspondence with other caregivers who share their innermost feelings and emotions. A wonderful guide for anyone caring for someone with Alzheimer's disease. *1. Alzheimer's Disease 2. Caregiving 3. Grief and Bereavement*

Reversing Memory Loss: Proven Methods for Regaining, Strengthening, and Preserving Your Memory. Vernon H. Mark with Jeffrey P. Mark. 1992. 244 pages. A guide to various kinds of memory loss, with stress on the importance of "vital memory" and how it can be retained. *1. Memory Enhancement 2. Dementia and Related Disorders*

Safe Return Home: An Inspirational Book for Caregivers of Alzheimer's. Tom Batiuk and Chuck Ayers. 1998. 112 pages. A cartoon strip dealing with the lives of two women who suffer from progressively worsening Alzheimer's disease, illustrated and written with dignity and sensitivity.
1. *Caregiving (General)* 2. *Safety Concerns/Safe Return*

Saving Your Brain. Jeff Victoroff, M.D. 2002. 450 pages. This book introduces a revolutionary plan to boost brain power, improve memory, and protect yourself against aging and Alzheimer's.
1. *Memory Enhancement* 2. *Behavior/Symptoms*

Sexuality and the Alzheimer's Patient. Edna L. Ballard and Cornelia M. Poer. 1993. 64 pages. A thoughtful and sensitive consideration of problems of intimacy for the AD patient, along with options for some individuals in some situations. 1. *Sexuality and Marriage*

Share the Care: How to Organize a Group to Care for Someone Who Is Seriously Ill. Cappy Capossela and Sheila Warnock. 1995. 287 pages. An account of how to bring together various individuals that can become a caregiving group for someone suffering from illness or injury.
1. *Caregiving (General)* 2. *Community Resources (General)*

Singing with Momma Lou. Linda Jacobs Altman. 2002. Not paginated. A children's book about visiting a nursing home and how the child finds a way to make a difference: a moving story of intergenerational love and hope. 1. *Youth*

So, Where'd You Go To HIGH SCHOOL?: The Baby Boomer Edition. Dan Dillon. 2005. 267 pages. A look back at the high school memories of St. Louis' Baby Boomers. From the 1950s through the 1980s, the author recalls the rivalries, the teams, the homecoming nights, and yes, the hair styles. The book is packed with descriptions of St. Louis schools, past and present, and with stories from various St. Louis personalities. 1. *Activities of Daily Living (ADL's)*

The Social Processes of Aging and Old Age. Arnold S. Brown. 1990. 276 pages. An examination of the dynamic processes of aging, some intercultural comparisons, an analysis of social theories of aging, and an in-depth look at the social and psychological lives of the elderly.
1. *Aging* 2. *Multicultural/Diversity* 3. *Public Policy and Legislation*

Solly Says: Collected Comments of Solomon Hoot. W and A Schwind. 1992. 75 pages. A collection of aphorisms and observations written with wit and wisdom by an optimistic woman.
1. *Caregiving (Female)* 2. *Spiritual and Inspirational*

Someone Who Cares: A Guide to Hiring an In-Home Caregiver. The Center for Applied Gerontology. 1998. 30 pages. A booklet that offers information on when home care is needed, how much it costs, where help may be found, and how to hire and supervise workers in the home.
1. *Home Care*

Sometimes Grandma Forgets. Kathy Huls. 2008. Not paginated. This book will help children to understand not the causes but what is happening in the lives of Grandma or Grandpa when they are no longer the person they used to be. 1. *Youth* 2. *Alzheimer's Disease*

Speaking Our Minds: Personal Reflections from Individuals with Alzheimer's. Lisa Snyder. 1999. 161 pages. A collection that expresses the thoughts, feelings, concerns, and experiences of seven persons diagnosed with AD. 1. *Personal Narratives by Persons with Dementia*

Special Care Programs for People with Dementia. Stephanie B. Hoffman and Mary Kaplan, eds. 1996. 228 pages. An examination of special care units, with an emphasis on the need to develop programs and environments that nurture rather than restrict. 1. *Environmental Design* 2. *Nursing Home (Care)*

The Story of My Father: A Memoir. Sue Miller. 2003. 174 pages. As her father succumbs to Alzheimer's, the author examines both his life and her own. 1. *Personal Narratives by Caregivers* 2. *Caregiving (Adult Child and Female)* 3. *Aging Parents*

Survival of the Sickest: A Medical Maverick Discovers Why We Need Disease. Dr. Sharon Moalem with Jonathan Prince. 2007. 267 pages. Through examination of our evolutionary history, Dr. Moalem reveals how many of the conditions that are diseases today actually gave our ancestors a leg up in the survival sweepstakes. When the option is a long life with a disease or a short one without it, evolution opts for disease almost every time. 1. *Disease susceptibility-genetic aspects.* 2. *Human evolution.* 3. *Natural selection.*

Take It to Heart: CNAs' Solutions to the Staffing Crisis. Bethany Knight with Lisa Cantrell and Lori Porter. 2000. 108 pages. An examination of some of the issues faced by staff persons in nursing homes, and how these might be solved. 1. *Nursing Home (Staff)* 2. *Public Policy and Legislation*

Taking Care of Caregivers: For Families and Others Who Care for People with Alzheimer's Disease and Other Forms of Dementia. D. Jeanne Roberts. 1991. 181 pages. A workbook designed to be used for short-term education, stress management, and support group classes, and for individual study. 1. *Caregiving (General)* 2. *Support Groups*

Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friends. Claudia J. Strauss. 2001. 161 pages. This book addresses the common and uncommon issues that arise in caring for someone with Alzheimer's disease. The reader can learn the tools for effective communication with the family member or friend with Alzheimer's. 1. *Communication* 2. *Caregiving (General)* 3. *Family Dynamics*

Tears in God's Bottle: Reflections on Alzheimer's Caregiving. Wayne Ewing. 1999. 113 pages. A weaving of biblical references and personal prayers into the account of the author's journey in caring for his wife with early onset Alzheimer's. 1. *Caregiving (Male and Spouse)* 2. *Early onset Alzheimer's* 3. *Sexuality and Marriage* 4. *Spiritual/Inspirational*

Therapeutic Caregiving: A Practical Guide for Caregivers of Persons with Alzheimer's and Other Dementia Causing Diseases. Barbara J. Bridges. 1998. 234 pages. A practical guide for caregivers written by a registered nurse who has primary consideration for the person with dementia. 1. *Behavior/Symptoms* 2. *Caregiving (Professional)* 3. *Communication* 4. *Dementia and Related Disorders*

A Therapy Technique for Improving Memory: Spaced Retrieval. Jennifer A. Brush, and Cameron J. Camp. 1998. 75 pages. A workbook providing information on spaced retrieval, a memory intervention that gives individuals practice at successful recalling information. 1. *Memory Enhancement*

There's Still a Person in There: The Complete Guide to Treating and Coping with Alzheimer's. Michael Castleman, Dolores Gallagher-Thompson, Ph.D., and Matthew Naythons, M.D. 1999. 370

pages. A comprehensive guide to what we know about Alzheimer's. This book provides a helpful review of controversial topics, such as the use of alternative therapies and potential ways to prevent Alzheimer's. It also reflects the latest thinking in Alzheimer's disease diagnosis, management, and care. 1. *Alzheimer's Disease* 2. *Diagnosis and Treatment* 3. *Caregiving (General)* 4. *Memory Enhancement*

This Room is Yours. Michael Stein. 2004. 190 pages. *This Room is Yours* is a sensitive meditation on the trials of caring for a deteriorating parent. Through a series of startling revelations and an exploration of family history, the struggles of mother and son intersect. This novel captures the circumstances and confused emotions - the bafflements, fierce disappointments, and self-discoveries-of middle-aged children taking on parents they hadn't expected to care for. 1. *Caregiving (Adult Child and Male)* 2. *Aging Parents*

Twilight Travels with Mother: How I found strength, hope, and a sense of humor living with Alzheimer's. Mary Ann Mayo. 2003. 250 pages. Mary Ann Mayo spent 20 years caring for two parents struck by Alzheimer's disease. She relives her experiences from nutrition and independence to letting go and inevitably planning a funeral. Her humor brings relief and laughter on how to cope with the unimaginable. 1. *Caregiving (Female and Adult Child)* 2. *Aging Parents* 3. *Personal Narratives by Caregivers*

Understanding Alzheimer's Disease. Neal R. Cutler, M.D., and John J. Sramek, Pharm.D. 1996. 151 pages. Discusses what happens when someone gets Alzheimer's disease, the causes of the disease, caring for someone with the disease, treatments, searching for a cure, and sources for information and support. 1. *Alzheimer's Disease* 2. *Caregiving (General)* 3. *Community Resources (General)*

Understanding Alzheimer's Disease: What It Is, How to Cope with It, Future Directions. Miriam K. Aronson, ed. 1988. 380 pages. Information on diagnosis, possible causes, research directions, treatment strategies, plus focus on the needs of families coping with AD. 1. *Diagnosis and treatment* 2. *Research*

Understanding Difficult Behaviors: Some Practical Suggestions for Coping with Alzheimer's Disease and Related Illnesses. Anne Robinson, Beth Spencer, and Laurie White. 1992. Not paginated. A booklet prepared for caregivers of persons with dementia intended to help them understand the reasons for, and ways of coping with, difficult behaviors such as agitation, Wandering, incontinence and resistance to care. 1. *Alzheimer's Disease* 2. *Behavior/Symptoms* 3. *Wandering and Sundowning* 4. *Communication* 5. *Caregiving (General)*

Unforgettable Journey: Tips to Survive Your Parent's Alzheimer's Disease. Anne P. Hill. 2007. 107 pages. For adult children of parents struggling with Alzheimer's disease, this book offers useful tips and suggestions for dealing with everyday challenges which can be difficult. The author focuses on each step of the Alzheimer's journey and offers a compassionate, intimate, and insightful glimpse into the life of those who suffer from Alzheimer's – both patient and caretaker. 1. *Caregiving-Adult Child* 2. *Alzheimer's Disease*

The Voice of the Climbing Rose. Christopher Perry. 2003. Not paginated, but includes a CD. A tribute to caregivers. 1. *Respite care* 2. *Caregiving (General)*

Voices of Alzheimer's: Courage Humor, Hope, and Love in the Face of Dementia. Betsy Peterson. 2004. 255 pages. The author spent 14 years caring for her husband as he suffered from Alzheimer's-related dementia. In this book, she presents a varied and realistic look at what it's like to be affected by the disease and how to cope with compassion, wit, and grace. 1. *Alzheimer's Disease* 2. *Caregiving (Spouse)* 3. *Personal Narratives by Caregivers*

A Vow to Cherish. Deborah Raney. 1996. 236 pages. A compelling story about faith, hope and love. 1. *Caregiving (General)* 2. *Spiritual/Inspirational*

What's Happening to Grandpa? Maria Shriver. 2004. Not paginated. Is a compassionate story that artfully helps parents demystify Alzheimer's disease. 1. *Youth* 2. *Alzheimer's Disease*

When It Gets Dark: An Enlightened Reflection on Life with Alzheimer's. Thomas DeBaggio. 2003. 226 pages. In his first memoir, "Losing My Mind," Thomas DeBaggio writes about his life, or loss of it, to early-onset Alzheimer's disease. 1. *Personal Narratives by Person with Dementia* 2. *Alzheimer's Disease* 3. *Late Stage Alzheimer's*

When Meme Came to Live at my House. Mary Janine Langdon. 1998. 25 pages. A child's book about having an older relative with Alzheimer's come to live with her family. 1. *Youth* 2. *Alzheimer's Disease*

Wilfrid Gordon McDonald Partridge. Mem Fox. 1989. Not paginated. Beautifully illustrated storybook for children. 1. *Youth*

Will I Be Next?: The Terror of Living with Familial Alzheimer's Disease:* Bea Gorman's Life Story. Lois Bristow. 1996. 256 pages. The story of a woman whose family includes five members struck by early onset Alzheimer's and her willingness to cooperate with researchers in their search to better understand the disease. 1. *Early onset Alzheimer's* 2. *Personal narratives by Persons with Dementia* 3. *Public policy and legislation* 4. *Research*

You Are One of Us: Successful Clergy/Church Connections to Alzheimer's Families. Lisa P. Gwyther. 1995. 59 pages. A booklet which attempts to link caring church ministries to Alzheimer's families. 1. *Clergy/Pastoral Care* 2. *Spiritual/Inspirational*

Young Hope The Broken Road. Tracy Mobley. 2007. 91 pages. Tracy Mobley tells her story of being diagnosed with early-onset Alzheimer's disease at the age of 38. This book brings to light what those who suffer from and those who take care of people afflicted with this disease go through. 1. *Early Onset Alzheimer's* 2. *Family Dynamics* 3. *Home Care*

Your Name Is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's. Lela Knox Shanks. 1996. 191 pages. A personal account and instructional guide by the author who cared for her husband in their home after he was stricken with AD. 1. *Caregiving (Female and Spouse)* 2. *Home Care* 3. *Multicultural/Diversity* 4. *Personal Narratives by Caregivers*

We Carry Each Other: Getting Through Life's Toughest Times. Eric & Sharon Langshur with Marty Beth Sammons. 2007. 183 pages. A complete handbook for giving and getting support when you or a loved one is living with illness or loss, and it teaches us how our words and actions can transform us. The book provides readers with the best of what others have learned about getting through it all; a cherished support group in book form. 1. *Support Groups* 2. *Communication*

Welcome to Planet Alzheimer's. Candace A. Stewart. 2004. 10 pages. This easy-reading, light-hearted booklet relates different instances of a daughter taking care of her 85-year old Mother who has Alzheimer's disease. She gives the wrong and right ways to handle various caregiving situations. 1. *Personal Narrative by Caregiver* 2. *Caregiving (Adult Child and Female)* 3. *Communication*

What If It's Not Alzheimer's? A Caregiver's Guide to Dementia. Edited by Lisa Radin & Gary Radin. 2003. 346 pages. This book is the first comprehensive guide dealing with frontotemporal demential (FTD), one of the largest groups of non-Alzheimer's dementias. This resource book, the first of its kind, provides a wealth of real and practical information to both healthcare professionals and caregivers of someone suffering from FTD dementia. 1. *Dementia and Related Disorders* 2. *Caregiving* 3. *Activities of Daily Living*

What the Heck Do We Do Now? Families Facing Alzheimer's. John G. Bloomer. 2007. 142 pages. In addition to advice and information, this book shares much of the experience of Alzheimer's through the stories of 3 families that experience the disease. 1. *Caregivers* 2. *Alzheimer Disease*

What To Do When the Doctor Says It's Early-State Alzheimer's. Todd E. Feinberg, M.D. and Winnie Yu. 2005. 282 pages. Real-life stories of people who have been diagnosed with early-state Alzheimer's disease and details of their struggles and successes. Their stories reveal strategies that will help make the routines of daily life easier, and show how to live a life that has meaning, purpose, and quality. 1. *Early Stage Alzheimer's* 2. *Medical Information* 3. *Medications/Drugs/Pharmaceuticals*

Who Cares: A Loving Guide for Caregivers. Dee Marrella. 2002. 222 pages. This book is a journal to be filled out by middle-aged or older adults for his/her future caregivers' use. The journal explains everything about you, your likes and dislikes, etc. Your journal will be a guide for your caregiver to your needs and wishes. 1. *Caregiving* 2. *Activities of Daily Living*

