

Free and/or Reduced Fee Community Resources—Illinois

The St. Louis Chapter currently serves the following counties in Illinois:

Calhoun – Clay – Clinton – Jefferson – Jersey –
Madison – Marion – Monroe – St. Clair – Washington

The County Resource Listing are sorted into the following categories:

Category
Adult Day Services
Alternative Living Arrangements (Assisted/Senior/Sheltered/Supportive Care)
Counseling / Mental Health / Wellness Programs
Crisis Intervention Services
Driver Assessment Programs
Financial Assistance Services
Home Delivered Meals
Hospice
Hospitals / Medical Centers
In-Home / Home Health Agencies
Legal Services
Medical Supplies / Pharmaceutical Services
Memory Assessment Centers
Nursing Home Placement / Quality of Care Assistance
Nursing Homes: Skilled & Alzheimer's Care (RCF, SNF, SCU)
Other Helpful Services
Physicians (Experience in Memory Loss / Dementia / Alzheimer's)
Regional Aging Resources
Senior Centers / Nutrition Sites
Transportation Services

Adult Day Services (Illinois) – These facilities state that they offer Sliding Scale Fees.

<p>Adult Day Services – YWCA 304 E. 3rd St. Alton, IL 62002 (618) 465-7774</p>	<p>The Golden Years Adult Support Center 7 North 44th Street Belleville, IL 62226 (618) 235-0126</p>
<p>The Golden Years Adult Support Center 1720 E. Illinois Rte 15 Belleville, IL 62220 (618) 235-4767</p>	<p>Our World Adult Day Center 145 Springfield Ct. O’Fallon, IL 62269 (618) 632-3674</p>

Attorney Packet (IL)

Most attorneys on our lists will offer a free initial in-person consultation, up to 30 minutes, for Alzheimer’s Association families. Some will do the consultation by phone also. Some attorneys will offer reduced fees available on the basis of need. Refer to the list for more information.

<p>AARP Legal Services Network (888) 687-2277 www.aarp.org/families/legal_issues/</p>	<p>Simple Wills \$75 Single/ \$100 Couples. Powers of Attorney - \$35. Other legal services 20% reduction off Attorney’s usual rates.</p>
<p>Guardianship and Advocacy Commission (618) 474-5503 http://gac.state.il.us/</p>	<p>Executive state agency created to safeguard the rights of persons with disabilities. Excellent resources on guardianship and advance directives for the state of Illinois.</p>
<p>Senior Citizens Consumer Fraud Helpline (IL Attorney General) (800) 243-5377</p>	<p>http://www.ag.state.il.us/seniors/index.html</p>
<p>Land of Lincoln Legal Assistance Foundation http://www.lollaf.org/ East St. Louis Office (618) 271-9140 (Monroe & St. Clair) Alton Office (618) 462-0029; (800) 642-5570 (Calhoun, Jersey, Madison) Mt. Vernon Office (618) 244-0235; (800) 642-3374 (Clay, Clinton, Jefferson, Marion, Washington)</p>	<p>“The senior legal assistance provider offices, of which there are 21 around the state, provide legal services to Illinoisans 60 years of age or older. Legal assistance providers advocate for and represent older clients in civil cases – particularly those involving...</p> <ul style="list-style-type: none"> • elder abuse and neglect, • financial exploitation, • consumer fraud, • landlord-tenant relationships, • nursing home residents’ rights, and • conflicts over benefit programs such as Medicare, Medicaid, Social security and pensions. <p>They also help with simple estate planning, living wills, and powers of attorney, perform research and conduct educational programs regarding legal rights on a wide variety of legal issues. To locate legal assistance services in your community, contact your local Legal Services Office. See the list in the Directory of Agencies and Organizations Serving Seniors; your local Area Agency on Aging; or the Senior HelpLine.”</p>

Counseling Resources for Families – Illinois

Some agencies will offer reduced fees or a sliding scale system to help people with low income, including:

Call for Help, Inc.	Phone: (618) 397-0963
Community Counseling Center (Alton) (Caregiver Counseling)	Phone: (618) 462-2331
Community Resource Center (Carlyle)	Phone: (618) 594-4581
Community Resource Center (Centralia) (Caregiver Counseling)	Phone: (618) 533-1391
Human Service Center	Phone: (618) 282-6233 or (888) 310-6233
Programs & Services for Older Persons (SW IL College)	Phone: (618) 234-4410

Driving Packets (IL)

Transportation Services – Illinois

--refer to the transportation list. Several of the providers will offer transportation for free or per a donation.

Also check with your HMO to see if transportation service is covered.

Driving Training Programs (not assessment)

Insurance/Medicare **may** cover the cost up to 80% if billed as "Occupational Therapy". Check with the Driving Assessment Center and your Insurance carrier for more in-depth information.

AARP 55 Alive Driving Courses	Call for nearest location: (888) 227-7669	\$10 donation for materials
Rules of the Road Course "Super Seniors Program"	Call for nearest location: (800) 252-2904	Free

Equipment Providers (including Incontinence Supplies)

Illinois Department on Aging and the Area Agencies on Aging

<http://www.state.il.us/aging/1caregivers/caregivers-main.htm>

Look on County Listings for Area Agency on Aging numbers



Home Delivered Meals

Area Agency on Aging of Southwestern Illinois	Phone: (618) 222-2561 or (800) 326-3221
B.C.M.W. Project Bread PO Box 729, Centralia, IL 62801-	Phone: (618) 532-4602
Cahokia Senior Nutrition/Activity Center	Phone: (618) 337-9515
Clinton County Senior Services (Breese)	Phone: (618) 526-2188
Clyde C. Jordan Senior Center -- East Saint Louis, IL 62203-	Phone: (618) 293-6700
Columbia Senior Center	Phone: (618) 281-7414
Copper Creek Christian Church -- Maryville, IL 62062-	Phone: (618) 288-9600
Edwardsville Senior Center	Phone: (618) 656-0300
Evangelical United Church of Christ, (Godfrey)	Phone: (618) 466-6077
Golden Circle Nutrition Center (Clay City)	Phone: (618) 676-1591
Golden Circle Nutrition Center (Flora)	Phone: (618) 662-6741
Hardin Senior Center	Phone: (618) 576-9331
Illinois Valley Nutritional Program (Jerseyville)	Phone: (618) 498-3483
JarvisTownship Senior Center (Troy IL)	Phone: (618) 667-2022
Make Senior Center -- Marissa, IL 62257	Phone: (618) 295-3474
Mascoutah Senior Service Program	Phone: (618) 566-8758
Meals on Wheels (Alton/Godfrey)	Phone: (618) 466-6077
Meals on Wheels (Collinsville)	Phone: (618) 345-7779
Midland Area Agency on Aging	Phone: (618) 532-1853
New Athens Area Multi Purpose Senior Center	Phone: (618) 475-3683

Home Delivered Meals (cont.)

Nutrition Site (Granite City)	Phone: (618) 877-8584
Nutrition Site (Livingston)	Phone: (618) 637-2642
Senior Services Plus, Inc. -- Alton, IL 62002	Phone: (618) 465-3298
Southwestern Illinois VNA (Respite Care Program)	Phone: (618) 236-5863
Sunshine Center/Meal Sites -- Mount Vernon, IL 62864	Phone: (618) 242-7010
Washington County Senior Services (Okawville)	Phone: (618) 243-6533
Western Egyptian Waterloo Nutrition Site	Phone: (618) 939-8880

Hospice Agency Packet

Refer to the individual county listing. Hospice care is a specialized program that provides care and support to individuals who have a limited life expectancy (normally 6 months or less) and their families. Hospice serves individuals with ANY terminal illness, including Alzheimer's disease or a related dementia. Hospice does NOT provide 24-hour care, but it assists the family in managing the individual's care.


Medicare, Medicaid, and most private insurance companies provide 100% coverage of hospice services. Most likely, there will not be any deductibles and only limited coinsurance payments. It is important to check with the hospice program though.

In-Home Assessment Programs

Alzheimer's Association – Home Safety Assessment 314-432-3422 800-980-9080	Masters level staff provide Home Safety Assessment, Assistance in identifying treatment options, tips about caregiver stress and depression, information on community resources and objective help in decision making	Any age	\$75 fee – scholarships available
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In-Home Agencies

several agencies offer a discount for Alzheimer's Association families, usually dependent on financial means. This discount comes from the agency and is subject to change. Inform the company that you got the name off of the Alzheimer's Association listing and inquire about the discount.

Southwestern Illinois VNA Respite Care Program – short wait list Ask for “Services for Seniors” If eligible, they will discuss ADC, Homemaker Services, Home Delivered Meals, among others	Phone: (618) 236-5863 or (800) 642-5429 Counties Served are: Clinton, Madison, Monroe, Saint Clair, Washington
Programs and Services for Older Persons 201 North Church Street Belleville, IL 62220 618-234-4410 -- fax: 618-234-8634 Available in Madison, Monroe, Randolph, Bond and St. Clair Counties. http://www.southwestern.cc.il.us/psop/	Besides operating the Senior Companion Program, P.S.O.P. provides a wide variety of services to individuals age 55 or older; including, Notary public service, Alternative Transportation Service (A.T.S.), Caregiving Issues, Senior Housing , Older Adult Counseling
Illinois Department on Aging and the Area Agencies on Aging http://www.state.il.us/aging/1caregivers/caregivers-main.htm Look on County Listings for Area Agency on Aging numbers	

Medicaid Benefits -- see handouts titled Medicaid Benefits for People in IL

Medication Assistance Programs -- see handouts titled Medication Assistance Programs. Also see the handout and visit the website <http://www.illinoisbenefits.org/ilcares.html> regarding Illinois Cares Rx.

Medicare & Health Insurance -- see handouts titled Medicare/Health Insurance Assistance in MO & IL (includes new information on Medicare D)

Money Management Resources

Illinois Volunteer Money Management Program	Refer to the brochure. Volunteers provide protective service for limited income seniors who need help managing their finances. http://www.state.il.us/aging/1athome/money-mgmt.htm
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Nursing Home Admission Packet (IL)

IL Long Term Care Ombudsman	Refer to the attached brochure http://www.state.il.us/aging/1abuselegal/ombuds.htm
Illinois Division of Human Services (800) 843-6154	The Division of Human Services (DHS) handles Medicaid applications for people who live in Illinois. http://www.dhs.state.il.us/officeLocator/

Telephone Reassurance (IL)

Telephone reassurance provides isolated or elderly individuals with a sense of security through regular, scheduled phone calls in order to check on their well-being. The phone call could be either automated or a personal contact. Inquire with the program as to the specifics of the program. Some are free and some are at a monthly cost. See the list for further details.

Veterans Information

Illinois Department of Veteran Affairs

Phone: (217) 782-6641

<http://www.state.il.us/agency/dva/default.htm>

“The mission of the Illinois Department of Veterans Affairs is to assist veterans and their dependents and survivors in obtaining the benefits they are entitled to under the laws of the United States, and the State of Illinois or any other governmental agency, through its forty-three Veterans' Services Offices located statewide; to evaluate and approve veterans' education and training programs available at colleges, universities and vocational training centers in Illinois, to provide skilled nursing and domiciliary care for eligible veterans; and administer State grants and benefits to eligible Illinois veterans.”

Refer below for the local Veterans' Services Offices:

- (Clinton County) Phone: (618) 594-2321
- (Jefferson County) Phone: (618) 242-8792
- (Madison County) Phone: (618) 465-3216
- (Marion County) Phone: (618) 548-6929
- Regional Office (St. Clair County) Phone: (618) 583-2065
- Service Office (St. Clair County) Phone: (618) 233-5140

Utility Assistance Resources

Most agencies have very little budgets and often run out of funds.

- Urban League of St. Clair (618) 274-1150
- Catholic Urban Programs of Southern Illinois (618) 398-5616
- Urban League of Madison Co (618) 463-1906

Low Income Home Energy Assistance (LIHEAP) and Illinois Home Weatherization Assistance (IHWAP): LIHEAP (<http://www.liheapillinois.com/>) will provide a one-time benefit to eligible households to be used for energy bills. The benefit is determined by income, household size, fuel type and geographic location. IHWAP (<http://www.weatherizationillinois.com/>) assesses circumstances and condition of your dwelling and some of the following weatherization work may be done: Sealing cracks with weather-strip and caulk; Insulating attics and walls; Repairing windows and doors; Replacing windows. Weatherization services include having an experienced heating contractor examine your heating system. This contractor will make sure the heating system is safe and in good working order.

Offices for LIHEAP and IHWAP:

<p>Calhoun Illinois Valley Economic Development Corporation 223 South Macoupin Street P. O. Box 88 Gillespie, Illinois 62033-0088 Telephone: 618-576-2218</p>	<p>Madison Madison County Community Development 130 Hillsboro Avenue, Suite 100 Edwardsville, Illinois 62025-1636 Telephone: 618-692-8940 Madison County Community Development</p>
<p>Clay -- C.E.F.S. Economic Opportunity Corporation 1805 South Banker Street, P.O. Box 928 Effingham, Illinois 62401-0928 Telephone: 618-662-4024 CEFS Economic Opportunity Corporation</p>	<p>Marion -- BCMW Community Services, Inc. 909 East Rexford Street P.O. Box 729 Centralia, Illinois 62801-0729 Telephone: 618-532-7388</p>
<p>Clinton BCMW Community Services, Inc. 909 East Rexford Street P.O. Box 729 Centralia, Illinois 62801-0729 Telephone: 618-594-4146</p>	<p>Monroe Western Egyptian Economic Opportunity Council 1 Industrial Park, P.O. Box 7 Steeleville, Illinois 62288-0007 Telephone: 618-939-8715 Western Egyptian Economic Opportunity Council</p>
<p>Jefferson -- Crosswalk Community Action Agency 410 West Main Street West Frankfort, Illinois 62896-2229 Telephone: 618-937-3581</p>	<p>St. Clair - St. Clair County Community Action Agency 19 Public Square, Suite 200 Belleville, Illinois 62220-1624 Telephone: 618-277-6790</p>
<p>Jersey Illinois Valley Economic Development Corporation 223 South Macoupin Street, P.O. Box 88 Gillespie, Illinois 62033-0088 Telephone: 618-498-9521</p>	<p>Washington BCMW Community Services, Inc. 909 East Rexford Street, P.O. Box 729 Centralia, Illinois 62801-0729 Telephone: 618-327-8476</p>
<p>KEEP WARM ILLINOIS website: http://www.keepwarm.illinois.gov</p>	<p>“...to help all Illinoisans – especially the elderly, families with small children and other vulnerable residents – stay warm, healthy and safe this winter.”</p>