

Please Note: We appreciate how important it is that your loved one receives good care. This list is for informational purposes only and is updated annually. Information is based on provider descriptions of their own services and is subject to change. We do not receive any financial compensation from the providers for inclusion on our lists. Furthermore, we cannot guarantee, endorse, or recommend any provider listed. If you notice any resource listed with inaccurate information, please call us so that we may update our records.

## Cape Girardeau County, MO

### Adult Day Services

<b>Horizon Enrichment Center</b> 2100 Themis, Suite 103 C, Cape Girardeau, MO 63701-	(573) 290-5115 or (573) 290-5142
<b>Lutheran Home for the Aged (ALF/SNF/SCU)</b> 2825 Bloomfield Road, Cape Girardeau, MO 63701-	(573) 335-0158
<b>Senior Alive Adult Day Program (Hoover Center)</b> 805 North Sprigg, Cape Girardeau, MO 63701-	(573) 290-5944

### Aging Resources (Regional)

<b>Abuse &amp; Neglect Hotline (DHSS)</b> PO Box 578, Jefferson City, MO 65102-	(573) 751-3842 or (800) 392-0210
<b>Cape Girardeau County Public Health Center</b> 1121 Linden Street, PO Box 1839, Cape Girardeau, MO 63702-1839	(573) 335-7846
<b>Family Support Division -- Cape Girardeau County</b> 220 North Fountain, Cape Girardeau, MO 63701-	(573) 290-5800
<b>Social Security Administration (Cape Girardeau)</b> 339 Broadway, Suite 120 Federal Building, Cape Girardeau, MO 63701-	(573) 334-5281 or (800) 772-1213
<b>Southeast Missouri Area Agency on Aging</b> 1219 North Kingshighway, Suite 100, Cape Girardeau, MO 63701-	(573) 335-3331 or (800) 392-8771

### Attorneys and Legal Services

<b>Billmeyer, Craig M. (Bradshaw, Steele, Cochrane &amp; Berens, L.C.)</b> 3113 Independence Street, PO Box 1300, Cape Girardeau, MO 63701-	(573) 334-0555
<b>Koetting, Erica D. (Attorney)</b> 1736 North Kinghighway Street, Cape Girardeau, MO 63701-2122	(573) 334-9104
<b>Layton &amp; Southard LLC</b> 24 South Silver Springs Road, PO Box 1238, Cape Girardeau, MO 63703-	(573) 335-3359
<b>Legal Services of Southern MO (Charleston)</b> PO Box 349, 116 North Main Street, Charleston, MO 63834-	(573) 683-3786 or (800) 748-7456
<b>Limbaugh Firm</b> 407 N. Kingshighway, Suite 400, Cape Girardeau, MO 63702-1150	(573) 335-3316
<b>Mulcahy, Marcia A. (Estate Planning Center of Southeast Missouri) (Attorney)</b> 720 Forest Avenue, Cape Girardeau, MO 63701-	(573) 651-0003
<b>Spaeth, Kevin B.</b> 160 South Broadview, PO Box 1568, Cape Girardeau, MO 63702-1568	(573) 334-6061
<b>Spradling &amp; Spradling</b> 1838 Broadway, PO Box 1119, Cape Girardeau, MO 63702-	(573) 335-8296

### Community Organizations / Other Helpful Services

<b>Community Caring Council</b> 937 Broadway, Suite 306, Cape Girardeau, MO 63701-	(573) 651-3747
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# Cape Girardeau County, MO

## Community Organizations / Other Helpful Services

<b>East Missouri Action Agency (Cape Girardeau County)</b> 1111 Linden Street, PO Box 658, Cape Girardeau, MO 63702-0658	(573) 334-5533 or (800) 430-2978
<b>EVE Project (Elders Volunteer for Elders)</b> 1219 North Kingshighway, Suite 100, Cape Girardeau, MO 63701-	(573) 335-3331 or (800) 392-8771
<b>First Call for Help</b> PO Box 1753, Cape Girardeau, MO 63702-	(573) 334-4357 or (866) 914-4357

## Counseling / Mental Health

<b>Associated Counseling Services</b> 1221 North Kingshighway, Cape Girardeau, MO 63701-	(573) 335-7929
<b>Community Counseling Center (Cape Girardeau)</b> 402 South Silver Springs Road, Cape Girardeau, MO 63703-	(573) 334-1100
<b>Lutheran Family &amp; Children Services (Cape Girardeau)</b> 3178 Blattner Dr, Cape Girardeau, MO 63703-	(573) 334-5866
<b>Med Stop One</b> 3065 William Street, Suite 209, Cape Girardeau, MO 63703-	(573) 335-4100
<b>New Vision Counseling</b> 619 North Broadview, Cape Girardeau, MO 63701-	(573) 334-3486 or (877) 454-9121

## Crisis Intervention Services

<b>American Red Cross (Cape Girardeau)</b> 2430 Myra Drive, Cape Girardeau, MO 63703-	(573) 335-9471
<b>Community Counseling Center (Cape Girardeau)</b> 402 South Silver Springs Road, Cape Girardeau, MO 63703-	(573) 334-1100
<b>Missouri Crisis Access Response Services (Crisis Line)</b>	(800) 356-5395

## Dentists

<b>Cross Trails Medical Center (Cape Girardeau) (Medical / Dental)</b> 408 South Broadview, Cape Girardeau, MO 63703-	(573) 332-0808 or (573) 334-4753
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## Driving Assessment and Training Programs

<b>Saint Francis Center for Health &amp; Rehabilitation</b> 150 South Mount Auburn Road, Cape Girardeau, MO 63703-	(573) 331-5153 or (800) 621-8577
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## Elder Care Consultants (GCM, Advocates, Home Eval)

<b>American Veterans Care Coordination</b> 1405 Jungermann Rd, Suite E, Saint Peters, MO 63376-	(636) 720-0777 or (866) 910-2822
<b>Veterans Home Care, LLC</b> 11861 Westline Industrial Drive, Suite 750, Saint Louis, MO 63146-3325	(314) 514-2444 or (877) 390-6377

## Equipment Providers / Medical Supplies

<b>Alzheimer's Store, The</b> 3197 Trout Place Road, Cumming, GA 30041-	(800) 752-3238 or (678) 947-4001
<b>American HomePatient (Perryville)</b> 817 N. Kingshighway, Perryville, MO 63775-	(573) 547-2684 or (888) 800-5081
<b>Assistive Technology Swap-N-Shop (Missouri)</b> 4731 South Cochise Drive, Suite 114, Independence, MO 64055-	(816) 373-5193 or (800) 647-8557

# Cape Girardeau County, MO

## Equipment Providers / Medical Supplies

<b>CapTel</b> 450 Science Drive, Madison, WI 53711-	(888) 269-7477
<b>Clover Care</b> 979 Portwest Drive, Suite 100, Saint Charles, MO 63303-	(877) 311-3631 or (636) 255-0011
<b>Extended Health Services</b> 105 Russell Street, Suite B, Hayti, MO 63851-	(573) 359-2930 or (800) 210-9711
<b>FOX Medical Equipment Services (Collinsville)</b> 1832 Vandalia Street, Collinsville, IL 62234-	(618) 345-0649 or (800) 624-4806
<b>Guardian Medical Monitoring</b>	(877) 435-7225
<b>Healthcare Equipment &amp; Supplies</b> 628 Old Saint Mary's Road, Perryville, MO 63775-	(573) 547-4526 or (800) 542-2055
<b>Heartland Home Health Care (Cape Girardeau)</b> 338 South Silver Springs Road, Cape Girardeau, MO 63703-	(573) 334-0781
<b>Heartland Oxygen Medical Equipment</b> 412 Tanner Street, PO Box 1336, Sikeston, MO 63801-	(573) 472-3300
<b>Home Care Equipment</b> 1135 Lester Street, Poplar Bluff, MO 63901-	(573) 686-3720
<b>Home Medical Supply</b> 760 South Kingshighway Street, Suite L, Cape Girardeau, MO 63703-	(573) 335-0153 or (888) 388-0933
<b>Independent Living Aids, Inc.</b> 200 Robbins Lane, Jericho, NY 11753-	(516) 937-1848 or (800) 537-2118
<b>Independent You</b> 434 Springfield Pike, Cincinnati, OH 45215-	(513) 761-1866 or (877) 463-3968
<b>Provider Plus, Inc. (Cape Girardeau)</b> 252 Siemers Drive, Cape Girardeau, MO 63701-	(573) 651-6521
<b>Romedic</b> 300 West Chestnut Street, PO Box 388, Suite B, Ephrata, PA 17522-	(636) 295-1104 or (888) 625-4343
<b>Southeast Missouri Hospital Foundation (Guardian Alert 911)</b> 1701 Lacey, Cape Girardeau, MO 63701-	(573) 986-6622
<b>VNA of Southeast MO -- Home Medical Equipment</b> 1112 South Bypass, Kennett, MO 63857-	(573) 888-0417 or (800) 919-5892
<b>Woodbury Products, Inc., - Catalogue</b> Department 250, Island Park, NY 11558-	(800) 777-1111

## Home Delivered Meals

<b>Cape Girardeau Senior Center</b> PO Box 1665, Cape Girardeau, MO 63702-	(573) 335-1352
<b>Jackson Senior Center</b> 2690 Travelers Way, Jackson, MO 63755-	(573) 243-4241
<b>Meals on Wheels (Cape Girardeau)</b> 921 North Clark, Cape Senior Center, Cape Girardeau, MO 63701-	(573) 335-1352
<b>Southeast Missouri Area Agency on Aging</b> 1219 North Kingshighway, Suite 100, Cape Girardeau, MO 63701-	(573) 335-3331 or (800) 392-8771

## Hospice Agencies

<b>Asera Care Hospice</b> 711 Specialty Dr., Dexter, MO 63841-	(573) 624-3655 or (888) 294-9595
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# Cape Girardeau County, MO

## Hospice Agencies

<b>Crown Hospice</b> 2858 Professional Court, Cape Girardeau, MO 63703-	(573) 335-4800 or (866) 703-4801
<b>Lutheran Home Health &amp; Hospice</b> 2825 Bloomfield Road, Cape Girardeau, MO 63703-	(573) 334-1515
<b>Safe Harbor Hospice, Inc.</b> 101 Kingsbury Boulevard, Fredericktown, MO 63645-	(573) 783-7625 or (877) 404-7478
<b>Southeast Hospice</b> 10 Doctors Park, Cape Girardeau, MO 63703-	(573) 335-6208 or (888) 397-0646
<b>VNA of Southeast MO (Sikeston)</b> 1218 Linn Road, PO Box 1608, Sikeston, MO 63801-	(573) 471-0520 or (800) 481-0520

## Hospitals / Medical Centers

<b>Saint Francis Medical Center</b> 211 Saint Francis Drive, Cape Girardeau, MO 63703-	(573) 331-3000
<b>Southeast Missouri Hospital</b> 1701 Lacey Street, Cape Girardeau, MO 63701-	(573) 334-4822 or (800) 800-5123

## In-Home Agencies (Companion / Private Duty)

<b>A+ Incorporated Home Services</b> 1006 Davis Boulevard, PO Box 1305, Sikeston, MO 63801-	(573) 471-0957 or (877) 477-6943
<b>Advantage Nursing Services (Saint Louis)</b> 8630 Delmar Boulevard, Suite 215, Saint Louis, MO 63124-	(866) 383-3535 or (314) 991-3166
<b>Allen Home Care Service</b> 808 South Kingshighway, Sikeston, MO 63801-	(573) 472-2644 or (800) 333-0453
<b>Alternative Opportunities (AO)</b> 351 North Main, Poplar Bluff, MO 63901-	(573) 686-6200
<b>American Homecare (Cape Girardeau)</b> 1707 N. Mt Auburn, Suite Q, Cape Girardeau, MO 63701-	(573) 339-7600 or (800) 335-0339
<b>Auxi Health of Missouri (Park Hills)</b> 10 South Coffman, Suite B, Park Hills, MO 63601-	(573) 431-6685 or (800) 952-2474
<b>Caring Hands In Home Care</b> 16287 Highway 61, Matthews, MO 63867-	(573) 472-8175
<b>Comfort Keepers (Cape Girardeau)</b> 1936 Broadway, Suite B, Cape Girardeau, MO 63701-	(573) 339-1777
<b>Covenant Care Services, LLC</b> 120 South Mine La Motte Street, Fredericktown, MO 63645-	(573) 783-6256 or (866) 783-6256
<b>Delta New Hope In Home Services</b> 205 South Highway 51, Puxico, MO 63960-	(573) 222-3166 or (888) 560-3166
<b>Elder Helpers (Farmington)</b> 301 Washington Street, Suite 4A, Farmington, MO 63640-	(573) 756-7743 or (800) 631-7743
<b>Extended Health Services</b> 105 Russell Street, Suite B, Hayti, MO 63851-	(573) 359-2930 or (800) 210-9711
<b>Extra Hands, Inc.</b> 937 Broadway, Suite 103, Cape Girardeau, MO 63701-	(573) 334-5333 or (573) 334-5357
<b>Genesis Home Care (Campbell)</b> 212 West Grand Avenue, Campbell, MO 63933-	(573) 246-3044 or (866) 246-8500
<b>Help at Home, Inc. (Cape Girardeau)</b> 1217 North Kingshighway, Suite 108, Cape Girardeau, MO 63701-	(573) 334-7960 or (800) 932-7960

# Cape Girardeau County, MO

## In-Home Agencies (Companion / Private Duty)

<b>Home Advantage</b> 808 Hunter Avenue Suite 3, PO Box 687, Sikeston, MO 63801-	(573) 472-4165 or (800) 914-6555
<b>Lutheran Home Health &amp; Hospice</b> 2825 Bloomfield Road, Cape Girardeau, MO 63703-	(573) 334-1515
<b>Missouri Home Care &amp; Auxil Health Company</b> 948 Lester Street, Suite 4, Poplar Bluff, MO 63901-	(573) 785-0096 or (866) 520-2037
<b>Missouri Home Care (Popular Bluff)</b> 948 Lester Street, Suite 4, Poplar Bluff, MO 63901-	(573) 785-7005 or (573) 785-7743
<b>Phelps In-Home Care</b> 201 West Sturdivant, POBox 84, Advance, MO 63730-	(573) 722-5655
<b>Senior Companion Program (VNA of Southeast MO)</b> 100 West Harrison Street, PO Box 768, Kennett, MO 63857-	(573) 888-5892 or (800) 286-5892
<b>Senior Day Club</b> 937 Lake Street, Jackson, MO 63755-	(573) 243-0667
<b>Southeast Home Health</b> 10 Doctors Park, Cape Girardeau, MO 63703-	(573) 335-6609 or (800) 910-4355
<b>Southeast Missouri Alliance For Disabilities Independents (SADI)</b> 1913 Rusmar, Cape Girardeau, MO 63703-	(573) 651-6464 or (800) 898-7234
<b>Southeast Missouri Options, Inc.</b> 345 Daisy, Jackson, MO 63755-	(573) 243-7133 or (888) 474-9426
<b>TLC Home Services</b> 507 East Cedar, Bertrand, MO 63823-	(573) 683-3713 or (888) 951-5111
<b>Tri-County Group XV (Sikeston)</b> 1226 Linn Street, PO Box 400, Sikeston, MO 63801-	(573) 472-1196 or (800) 333-2486
<b>VNA of Southeast MO (Sikeston)</b> 1218 Linn Road, PO Box 1608, Sikeston, MO 63801-	(573) 471-0520 or (800) 481-0520
<b>White &amp; Associates Home Assistance</b> PO Box 902, Caruthersville, MO 63830-	(573) 333-0084 or (888) 333-2106

## Law Enforcement Agencies

<b>Cape Girardeau (MO) Police Department</b> 40 South Sprigg Street, Cape Girardeau, MO 63703-	(573) 335-6621
<b>Cape Girardeau County (MO) Sheriff's Department</b> 216 North Missouri, Jackson, MO 63755-	(573) 243-3551
<b>Jackson (MO) Police Department</b> 525 South Hope Street, Jackson, MO 63755-	(573) 243-3151
<b>Missouri State Highway Patrol - Troop E</b> 4947 Highway 67 North, Poplar Bluff, MO 63901-8719	(573) 840-9500

## Nursing Home Placement / Quality of Care Assistance

<b>Ombudsman Program (Missouri State)</b> PO Box 570, Jefferson City, MO 65102-	(573) 526-0727 or (800) 309-3282
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## Nursing Homes (Assisted, Skilled, Special Care)

<b>Arbors at Auburn Creek by Americare, The (ALF/SCU)</b> 2906 Beaver Creek Drive, Cape Girardeau, MO 63701-	(573) 651-3001
<b>Auburn Creek Assisted Living by Americare (ALF)</b> 2910 Beaver Creek Drive, Cape Girardeau, MO 63701-	(573) 651-0199

# Cape Girardeau County, MO

## Nursing Homes (Assisted, Skilled, Special Care)

<b>Capetown Assisted Living by Americare (ALF)</b> 2857 Cape La Croix Road, Cape Girardeau, MO 63701-	(573) 334-4855
<b>Chateau Girardeau (RCF2/SNF/SCU)</b> 3120 Independence Street, Cape Girardeau, MO 63703-	(573) 335-1281 or (800) 428-0069
<b>Country Gardens (RCF2)</b> 203 Frank Lane, Cape Girardeau, MO 63701-	(573) 334-7679
<b>Fountainbleau Lodge (RCF2/SNF)</b> 2001 North Kingshighway Street, Cape Girardeau, MO 63701-	(573) 335-1999
<b>Heartland Care &amp; Rehabilitation Center (SNF/SCU)</b> 2525 Boutin Drive, Cape Girardeau, MO 63701-	(573) 334-5225
<b>Jackson Manor Nursing Home (SNF)</b> 710 Broadridge, Jackson, MO 63755-	(573) 243-3101
<b>Jefferson Manor (RCF)</b> 902 Jefferson, Cape Girardeau, MO 63703-	(573) 651-1373
<b>Life Care Center of Cape Girardeau (SNF/SCU)</b> 2852 Independence Street, Cape Girardeau, MO 63703-	(573) 335-2086
<b>Louis E. Masterman Center (RCF2)</b> 341 Main Street, Cape Girardeau, MO 63701-	(573) 335-1424 or (573) 335-9164
<b>Lutheran Home for the Aged (ALF/SNF/SCU)</b> 2825 Bloomfield Road, Cape Girardeau, MO 63701-	(573) 335-0158
<b>Maple Crest Manor (RCF/ALF)</b> 430 North Frederick Street, Cape Girardeau, MO 63701-	(573) 334-2662 or (573) 339-7606
<b>Missouri Veterans Home (Cape Girardeau) (SNF/SCU)</b> 2400 Veterans Memorial Drive, Cape Girardeau, MO 63701-	(573) 290-5870
<b>Monticello House (RCF2/SNF/SCU)</b> 1115 K-Land Drive, PO Box 740, Jackson, MO 63755-	(573) 243-8989
<b>Oak Ridge Manor (RCF2)</b> 5108 State Highway B, Oak Ridge, MO 63769-	(573) 266-0206
<b>Parkwood Manor (RCF2)</b> 325 North Sprigg Street, Cape Girardeau, MO 63701-5531	(573) 334-7011
<b>Ratliff Care Center (SNF)</b> 717 North Sprigg Street, Cape Girardeau, MO 63701-	(573) 335-5810
<b>Sprigg Street Manor (RCF)</b> 701 North Sprigg Street, Cape Girardeau, MO 63701-	(573) 334-2975

## Physicians (Experience in Dementia / AD)

<b>Chaudhari, Dr. A Basit (Neurosciences and Pain Center) (Neurologist)</b> 1723 Broadway, Suite 210, Cape Girardeau, MO 63703-	
<b>Cross Trails Medical Center (Cape Girardeau) (Medical / Dental)</b> 408 South Broadview, Cape Girardeau, MO 63703-	(573) 332-0808 or (573) 334-4753
<b>Kamath, Dr. K.P. (Psychiatrist)</b> 815 Independence, Cape Girardeau, MO 63703-	(573) 334-4002
<b>Neurologic Associates - Gardner, Dr. R; Lee, Dr. D; Mellies, Dr. S (Neurologist)</b> 3004 Gordonville Road, Cape Girardeau, MO 63703-	(573) 651-3098
<b>Stahly, Dr. Randall (Neurologist)</b> 63 Doctors Park, PO Box 1118, Cape Girardeau, MO 63703-	(573) 334-4110

## Senior Centers / Nutrition Sites

# Cape Girardeau County, MO

## Senior Centers / Nutrition Sites

<b>Cape Girardeau Senior Center</b> PO Box 1665, Cape Girardeau, MO 63702-	(573) 335-1352
<b>Jackson Senior Center</b> 2690 Travelers Way, Jackson, MO 63755-	(573) 243-4241

## Short Term Respite Care Facilities

<b>TLC Home Services</b> 507 East Cedar, Bertrand, MO 63823-	(573) 683-3713 or (888) 951-5111
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## Telephone Reassurance Programs

<b>American Homecare (Kennett)</b> 808 North Bypass, PO Box 534, Kennett, MO 63857-	(573) 888-0339 or (800) 335-0339
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## Transportation Services

<b>Cape County Transit Authority</b> 937 Broadway, Suite 200, Cape Girardeau, MO 63701-	(573) 335-5533
<b>Stoddard County Transit</b> PO Box 768, Dexter, MO 63841-	(573) 624-8624