



Please Note: It is important that your loved one receive quality care. The information is based on the provider's description of their own services. We cannot guarantee, endorse, or recommend any provider listed and the information may change without notice. This is an informational list only and we update it regularly. Through our 24-hour Helpline and Care Consultation program, we have the skills to coach you on how to use these resources and how to make them successful for your situation. We can help you know when it's relevant and how to be a good consumer of the resource. Call one of our experts today. Furthermore, if you notice any resource listed with inaccurate information, please let us know.

Cape Girardeau County, MO

Adult Day Services

Horizon Enrichment Center	
2100 Themis, Suite 103 C, Cape Girardeau, MO 63701-	(573) 290-5115 or (573) 290-5142

**RCF1or2 = Residential Care; ALF1or2 = Assisted Living; ICF = Intermediate Care; SNF = Skilled Nursing;
 SCU = Special Memory Care Unit; Medicaid = Medicaid licensed facility*

Lutheran Home for the Aged (ALF2-SNF-Medicaid)	
2825 Bloomfield Road, Cape Girardeau, MO 63703-	(573) 335-0158

Senior Alive Adult Day Program (Hoover Center)	
805 North Sprigg, Cape Girardeau, MO 63701-	(573) 290-5944

Aging Resources (Regional)

Cape Girardeau County Public Health Center	
1121 Linden Street, PO Box 1839, Cape Girardeau, MO 63702-1839	(573) 335-7846

CLAIM (Community Leaders Assisting the Insured of Missouri)	
200 North Keene Street, Columbia, MO 65201-	(573) 817-8300 or (800) 390-3330

Elder Abuse & Neglect Hotline (DHSS)	
Missouri Department of Health and Senior Services, PO Box 570, Jefferson City, MO 65	(573) 751-4842 or (800) 392-0210

Family Support Division -- Cape Girardeau County	
220 North Fountain, Cape Girardeau, MO 63701-	(573) 290-5800

Social Security Administration (Cape Girardeau)	
339 Broadway, Suite 120 Federal Building, Cape Girardeau, MO 63701-	(573) 334-5281 or (800) 772-1213

Southeast Missouri Area Agency on Aging	
1219 North Kingshighway, Suite 100, Cape Girardeau, MO 63701-	(573) 335-3331 or (800) 392-8771

Attorneys and Legal Services

Billmeyer, Craig M. (Bradshaw, Steele, Cochrane & Berens, L.C.)	
3113 Independence Street, PO Box 1300, Cape Girardeau, MO 63701-	(573) 334-0555

Koetting, Erica D. (Attorney at Law)	
1736 North Kinghighway Street, Cape Girardeau, MO 63701-2122	(573) 334-9104

Layton & Southard LLC	
24 South Silver Springs Road, PO Box 1238, Cape Girardeau, MO 63703-	(573) 335-3359

Legal Services of Southern MO (Charleston)	
PO Box 349, 116 North Main Street, Charleston, MO 63834-	(573) 683-3786 or (800) 748-7456

Limbaugh Firm	
407 N. Kingshighway, Suite 400, Cape Girardeau, MO 63702-1150	(573) 335-3316

Mulcahy, Marcia A. (Estate Planning Center of Southeast Missouri) (Attorney at Law)	
720 Forest Avenue, Cape Girardeau, MO 63701-	(573) 651-0003

Spaeth, Kevin B.	
160 South Broadview, PO Box 1568, Cape Girardeau, MO 63702-1568	(573) 334-6061

Cape Girardeau County, MO

Attorneys and Legal Services

Spradling & Spradling 1838 Broadway, PO Box 1119, Cape Girardeau, MO 63702-	(573) 335-8296
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Community Organizations - Other Helpful Services

Community Caring Council 937 Broadway, Suite 306, Cape Girardeau, MO 63701-	(573) 651-3747
East Missouri Action Agency (Cape Girardeau County) 1111 Linden Street, Cape Girardeau, MO 63702-0658	(573) 334-5533 or (800) 430-2978
EVE Project (Elders Volunteer for Elders) 1219 North Kingshighway, Suite 100, Cape Girardeau, MO 63701-	(573) 335-3331 or (800) 392-8771
First Call for Help PO Box 1753, Cape Girardeau, MO 63702-	(573) 334-4357 or (866) 914-4357

Counseling - Mental Health

Associated Counseling Services 1221 North Kingshighway, Cape Girardeau, MO 63701-	(573) 335-7929
Community Counseling Center (Cape Girardeau) 402 South Silver Springs Road, Cape Girardeau, MO 63703-	(573) 334-1100
Lutheran Family & Children Services (Cape Girardeau) 3178 Blattner Dr, Cape Girardeau, MO 63703-	(573) 334-5866
Med Stop One 3065 William Street, Suite 209, Cape Girardeau, MO 63703-	(573) 335-4100
New Vision Counseling 619 North Broadview, Cape Girardeau, MO 63701-	(573) 334-3486 or (877) 454-9121

Crisis Intervention Services

American Red Cross (Cape Girardeau) 2430 Myra Drive, Cape Girardeau, MO 63703-	(573) 335-9471
Community Counseling Center (Cape Girardeau) 402 South Silver Springs Road, Cape Girardeau, MO 63703-	(573) 334-1100
Missouri Crisis Access Response System (MOCARS)	(800) 356-5395

Dentists

Cross Trails Medical Center (Cape Girardeau) (Medical - Dental) 408 South Broadview, Cape Girardeau, MO 63703-	(573) 332-0808 or (573) 334-4753
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Driving Assessment and Training Programs

Saint Francis Center for Health & Rehabilitation 150 South Mount Auburn Road, Cape Girardeau, MO 63703-	(573) 331-5153 or (800) 621-8577
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Elder Care Consultants (GCM, Advocates, Home Eval)

Veterans Care Coordination, LLC 1405 Jungermann Road, Suite E, Saint Peters, MO 63376-	(855) 380-4400
Veterans Home Care, LLC 11861 Westline Industrial Drive, Suite 750, Saint Louis, MO 63146-3325	(314) 514-2444 or (877) 390-6377

Cape Girardeau County, MO

Equipment Providers - Medical Supplies

Alzheimer's Store, The 3197 Trout Place Road, Cumming, GA 30041-	(800) 752-3238 or (678) 947-4001
American HomePatient (Perryville) 817 N. Kingshighway, Perryville, MO 63775-	(573) 547-2684 or (888) 800-5081
Assistive Technology Swap-N-Shop (Missouri)	(816) 655-6700 or (800) 647-8557
CapTel 450 Science Drive, Madison, WI 53711-	(888) 269-7477
Clover Care 979 Portwest Drive, Suite 100, Saint Charles, MO 63303-	(877) 411-3631 or (636) 255-0011
Extended Health Services 105 Russell Street, Suite B, Hayti, MO 63851-	(573) 359-2930 or (800) 210-9711
FOX Medical (Durable Medical Equipment) 1832 Vandalia Street, Collinsville, IL 62234-	(618) 345-0649 or (800) 624-4806
Healthcare Equipment & Supplies 628 Old Saint Mary's Road, Perryville, MO 63775-	(573) 547-4526 or (800) 542-2055
Heartland Home Health Care (Cape Girardeau) 338 South Silver Springs Road, Cape Girardeau, MO 63703-	(573) 334-0781
Heartland Oxygen Medical Equipment 412 Tanner Street, PO Box 1336, Sikeston, MO 63801-	(573) 472-3300
Home Care Equipment 1135 Lester Street, Poplar Bluff, MO 63901-	(573) 686-3720
Home Medical Supply 760 South Kingshighway Street, Suite L, Cape Girardeau, MO 63703-	(573) 335-0153 or (888) 388-0933

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Independent Living Aids, Inc. 200 Robbins Lane, Jericho, NY 11753-	(516) 937-1848 or (800) 537-2118
Independent You 434 Springfield Pike, Cincinnati, OH 45215-	(513) 761-1866 or (877) 463-3968
Provider Plus, Inc. (Cape Girardeau) 252 Siemers Drive, Cape Girardeau, MO 63701-	(573) 651-6521
Romedic 300 West Chestnut Street, PO Box 388, Suite B, Ephrata, PA 17522-	(636) 295-1104 or (888) 625-4343
Southeast Missouri Hospital Foundation (Guardian Alert 911) 1701 Lacey, Cape Girardeau, MO 63701-	(573) 986-6622
VNA of Southeast MO -- Home Medical Equipment 1112 South Bypass, Kennett, MO 63857-	(573) 888-0417 or (800) 919-5892
Woodbury Products, Inc., - Catalogue Department 250, Island Park, NY 11558-	(800) 777-1111

Home Delivered Meals

Cape Girardeau Senior Center PO Box 1665, Cape Girardeau, MO 63702-	(573) 335-1352
Jackson Senior Center 2690 Travelers Way, Jackson, MO 63755-	(573) 243-4241

Cape Girardeau County, MO

Home Delivered Meals

Meals on Wheels (Cape Girardeau) 921 North Clark, Cape Senior Center, Cape Girardeau, MO 63701-	(573) 335-1352
Southeast Missouri Area Agency on Aging 1219 North Kingshighway, Suite 100, Cape Girardeau, MO 63701-	(573) 335-3331 or (800) 392-8771

Hospice Agencies

4 Oaks Hospice 1615 West Business Highway 60, Suite A & B, Dexter, MO 63841-	(573) 624-3655 or (888) 294-9595
Crown Hospice 2858 Professional Court, Cape Girardeau, MO 63703-	(573) 335-4800 or (866) 703-4801
Lutheran Home Health & Hospice 2825 Bloomfield Road, Cape Girardeau, MO 63703-	(573) 334-1515
Safe Harbor Hospice, Inc. 101 Kingsbury Boulevard, Fredericktown, MO 63645-	(573) 783-7625 or (877) 404-7478
Southeast Hospice 10 Doctors Park, Cape Girardeau, MO 63703-	(573) 335-6208 or (888) 397-0646
VNA of Southeast MO (Sikeston) 1218 Linn Road, PO Box 1608, Sikeston, MO 63801-	(573) 471-0520 or (800) 481-0520

Hospitals - Medical Centers

Saint Francis Medical Center 211 Saint Francis Drive, Cape Girardeau, MO 63703-	(573) 331-3000
Southeast Missouri Hospital 1701 Lacey Street, Cape Girardeau, MO 63701-	(573) 334-4822 or (800) 800-5123

In-Home Agencies (Companion - Private Duty)

A+ Incorporated Home Services 1006 Davis Boulevard, PO Box 1305, Sikeston, MO 63801-	(573) 471-0957 or (877) 477-6943
Advantage Nursing Services (Farmington) 301 North Washington Street, Suite 4A, Farmington, MO 63640-	(573) 756-7743 or (877) 631-7743
Allen Home Care Service 808 South Kingshighway, Sikeston, MO 63801-	(573) 472-2644 or (800) 333-0453
Alternative Opportunities (AO) 351 North Main, Poplar Bluff, MO 63901-	(573) 686-6200
American Home Care (Cape Girardeau) 1707 Mt. Auburn Road, Suite Q, Cape Girardeau, MO 63702-	(573) 339-7600 or (800) 335-0339
Auxi Health of Missouri (Park Hills) 10 South Coffman, Suite B, Park Hills, MO 63601-	(573) 431-6685 or (800) 952-2474
Caring Hands In Home Care 16287 Highway 61, Matthews, MO 63867-	(573) 472-8175
Comfort Keepers of Southeast Missouri 615 North Broadview Street, Cape Girardeau, MO 63701-4313	(573) 339-1777 or (888) 868-1162
Covenant Care Services, LLC 120 South Mine La Motte Street, Fredericktown, MO 63645-	(573) 783-6256 or (866) 783-6256
Delta New Hope In Home Services 205 South Highway 51, Puxico, MO 63960-	(573) 222-3166 or (888) 560-3166

Cape Girardeau County, MO

In-Home Agencies (Companion - Private Duty)

Extended Health Services 105 Russell Street, Suite B, Hayti, MO 63851-	(573) 359-2930 or (800) 210-9711
Extra Hands, Inc. 937 Broadway, Suite 103, Cape Girardeau, MO 63701-	(573) 334-5333 or (573) 334-5357
Genesis Home Care (Campbell) 212 West Grand Avenue, Campbell, MO 63933-	(573) 246-3044 or (866) 246-8500
Help at Home, Inc. (Cape Girardeau) 1217 North Kingshighway, Suite 108, Cape Girardeau, MO 63701-	(573) 334-7960 or (800) 932-7960
Home Advantage 808 Hunter Avenue Suite 3, PO Box 687, Sikeston, MO 63801-	(573) 472-4165 or (800) 914-6555
Lutheran Home Health & Hospice 2825 Bloomfield Road, Cape Girardeau, MO 63703-	(573) 334-1515
Missouri Home Care & Auxil Health Company 948 Lester Street, Suite 4, Poplar Bluff, MO 63901-	(573) 785-0096 or (866) 520-2037
Missouri Home Care (Popular Bluff) 948 Lester Street, Suite 4, Poplar Bluff, MO 63901-	(573) 785-7005 or (573) 785-7743
Phelps In-Home Care 201 West Sturdivant, POBox 84, Advance, MO 63730-	(573) 722-5655
Senior Companion Program (VNA of Southeast MO) 100 West Harrison Street, PO Box 768, Kennett, MO 63857-	(573) 888-5892 or (800) 286-5892
Senior Day Club 937 Lake Street, Jackson, MO 63755-	(573) 243-0667
Southeast Home Health 10 Doctors Park, Cape Girardeau, MO 63703-	(573) 335-6609 or (800) 910-4355

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Southeast Missouri Alliance For Disabilities Independents (SADI) 1913 Rusmar, Cape Girardeau, MO 63703-	(573) 651-6464 or (800) 898-7234
Southeast Missouri Options, Inc. 345 Daisy, Jackson, MO 63755-	(573) 243-7133 or (888) 474-9426
TIP Premier Care (VNA-TIP Healthcare, Inc.) 3440 DePaul Lane, Bridgeton, MO 63044-	(314) 209-8388 or (866) 948-8388
TLC Home Services 507 East Cedar, Bertrand, MO 63823-	(573) 683-3713 or (888) 951-5111
Tri-County Group XV (Sikeston) 1226 Linn Street, PO Box 400, Sikeston, MO 63801-	(573) 472-1196 or (800) 333-2486
VNA of Southeast MO (Sikeston) 1218 Linn Road, PO Box 1608, Sikeston, MO 63801-	(573) 471-0520 or (800) 481-0520
White & Associates Home Assistance PO Box 902, Caruthersville, MO 63830-	(573) 333-0084 or (888) 333-2106

Law Enforcement Agencies

Cape Girardeau (MO) Police Department 40 South Sprigg Street, Cape Girardeau, MO 63703-	(573) 335-6621
Cape Girardeau County (MO) Sheriff's Department 216 North Missouri, Jackson, MO 63755-	(573) 243-3551
Jackson (MO) Police Department 525 South Hope Street, Jackson, MO 63755-	(573) 243-3151

Cape Girardeau County, MO

Law Enforcement Agencies

Missouri State Highway Patrol - Troop E 4947 Highway 67 North, Poplar Bluff, MO 63901-8719	(573) 840-9500
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Long Term Care Information and Quality of Care Assistance

Ombudsman Program (Missouri State) PO Box 570, Jefferson City, MO 65102-	(573) 526-0727 or (800) 309-3282
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Long Term Care Options (Assisted, Skilled, Special Care)

**RCF1or2 = Residential Care; ALF1or2 = Assisted Living; ICF = Intermediate Care; SNF = Skilled Nursing;
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Arbors at Auburn Creek by Americare, The (ALF1-SCU) 2906 Beaver Creek Drive, Cape Girardeau, MO 63701-	(573) 651-3001
Auburn Creek Assisted Living by Americare (ALF1) 2910 Beaver Creek Drive, Cape Girardeau, MO 63701-	(573) 651-0199 or (573) 651-3001
Capetown Assisted Living by Americare (ALF2) 2857 Cape La Croix Road, Cape Girardeau, MO 63701-	(573) 334-4855
Chateau Girardeau (ALF2-SNF-Medicaid) 3120 Independence Street, Cape Girardeau, MO 63703-	(573) 335-1281 or (800) 428-0069
Country Gardens (ALF1) 203 Frank Lane, Cape Girardeau, MO 63701-	(573) 334-7679
Fountainbleau Lodge (ALF1-SNF-Medicaid) 2001 North Kingshighway Street, Cape Girardeau, MO 63701-	(573) 335-1999
Frederick Street Manor (RCF2) 429 North Frederick, Cape Girardeau, MO 63701-	(573) 334-0916
Heartland Care & Rehabilitation Center (SNF-SCU-Medicaid) 2525 Boutin Drive, Cape Girardeau, MO 63701-	(573) 334-5225 or (573) 334-5226
Jackson Manor Nursing Home (SNF-Medicaid) 710 Broadridge, Jackson, MO 63755-	(573) 243-3101
Jefferson Manor (RCF1) 902 Jefferson, Cape Girardeau, MO 63703-	(573) 651-1373
Life Care Center of Cape Girardeau (SNF-Medicaid) 2852 Independence Street, Cape Girardeau, MO 63703-	(573) 335-2086
Louis E. Masterman Center (RCF2) 341 Main Street, Cape Girardeau, MO 63701-	(573) 335-1424 or (573) 335-9164
Lutheran Home for the Aged (ALF2-SNF-Medicaid) 2825 Bloomfield Road, Cape Girardeau, MO 63703-	(573) 335-0158
Maple Crest Manor (RCF1-ALF) 430 North Frederick Street, Cape Girardeau, MO 63701-	(573) 334-2662 or (573) 339-7606
Missouri Veterans Home (Cape Girardeau) (SNF-SCU) 2400 Veterans Memorial Drive, Cape Girardeau, MO 63701-	(573) 290-5870
Monticello House (RCF2-SNF-SCU) 1115 K-Land Drive, PO Box 740, Jackson, MO 63755-	(573) 243-8989
Oak Ridge Manor (ALF1) 5108 State Highway B, P O Box 117, Oak Ridge, MO 63769-	(573) 266-0206
Parkwood Manor (RCF2) 325 North Sprigg Street, Cape Girardeau, MO 63701-5531	(573) 334-7011
Ratliff Care Center (SNF-Medicaid) 717 North Sprigg Street, Cape Girardeau, MO 63701-	(573) 335-5810

Cape Girardeau County, MO

Long Term Care Options (Assisted, Skilled, Special Care)

Sprigg Street Manor (RCF1) 701 North Sprigg Street, Cape Girardeau, MO 63701-	(573) 334-2975
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Medication Assistance Programs

CLAIM (Community Leaders Assisting the Insured of Missouri) 200 North Keene Street, Columbia, MO 65201-	(573) 817-8300 or (800) 390-3330
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Physicians (Experience in Dementia - AD)

Chaudhari, Dr. A Basit (Neurosciences and Pain Center) (Neurologist) 1723 Broadway, Suite 210, Cape Girardeau, MO 63703-	
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Cross Trails Medical Center (Cape Girardeau) (Medical - Dental) 408 South Broadview, Cape Girardeau, MO 63703-	(573) 332-0808 or (573) 334-4753
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Godbey, Dr. Andrew (Neurologist) Cape Neurology Specialists, 3004 Gordonville Road, Cape Girardeau, MO 63703-	(573) 332-1972
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Kamath, Dr. K.P. (Psychiatrist) 815 Independence, Cape Girardeau, MO 63703-	(573) 334-4002
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(CPP) means this individual received specialized training in diagnosing and treating patients with dementia through Washington University Clinician Partners Program.

Karavadia, Dr. Shantilal V. (CPP) (Internal Medicine) Veterans Outpatient Clinic, 3051 William Street, Cape Girardeau, MO 63703-	(573) 339-0909 or (573) 686-4151
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Neurologic Associates - Gardner, Dr. R; Lee, Dr. D; Mellies, Dr. S (Neurologist) 3004 Gordonville Road, Cape Girardeau, MO 63703-	(573) 651-3098
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Stahly, Dr. Randall (Neurologist) 63 Doctors Park, PO Box 1118, Cape Girardeau, MO 63703-	(573) 334-4110
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Safety Resources

Alzheimer's Association Comfort Zone (Home Safety (falls-wander-GPS)) 225 N. Michigan Ave, Fl. 17, Chicago, IL 60601-7633	(877) 259-4850 or (800) 272-3900
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Alzheimer's Association Comfort Zone Check-In (Home Safety (falls-wander-GPS)) 225 N. Michigan Ave, Fl. 17, Chicago, IL 60601-7633	(877) 259-4850 or (800) 272-3900
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Alzheimer's Association MedicAlert+Safe Return (Home Safety (falls-wander-GPS)) MedicAlert Foundation, 2323 Colorado Avenue, Turlock, CA 95382-	(888) 572-8566
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Guardian Medical Monitoring (Home Safety (falls-wander-GPS)) 18000 West Eight Mile Road, Southfield, MI 48075-	(877) 435-7225
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Senior Centers - Nutrition Sites

Cape Girardeau Senior Center PO Box 1665, Cape Girardeau, MO 63702-	(573) 335-1352
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Jackson Senior Center 2690 Travelers Way, Jackson, MO 63755-	(573) 243-4241
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Short Term Respite Care Facilities

TLC Home Services 507 East Cedar, Bertrand, MO 63823-	(573) 683-3713 or (888) 951-5111
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Transportation Services

Cape Girardeau County, MO

Transportation Services

Cape County Transit Authority 937 Broadway, Suite 200, Cape Girardeau, MO 63701-	(573) 335-5533
Stoddard County Transit PO Box 768, Dexter, MO 63841-	(573) 624-8624