

Please Note: It is important that your loved one receive quality care. The information is based on the provider's description of their own services. We cannot guarantee, endorse, or recommend any provider listed and the information may change without notice. This is an informational list only and we update it regularly. Through our 24-hour Helpline and Care Consultation program, we have the skills to coach you on how to use these resources and how to make them successful for your situation. We can help you know when it's relevant and how to be a good consumer of the resource. Call one of our experts today. Furthermore, if you notice any resource listed with inaccurate information, please let us know.

Grief Support Groups serving Illinois

Agency Name / Address / Phone	Contact Person	Fee	Meeting Time	Description
Coping With Grief and Loss (AARP) (866) 389-5627	www.aarp.org/griefandloss	None	On-Line Information	Information and resources for bereaved persons and their families, professionals and the media.
Grief Share 903 North 2nd Street, Eden United Church of Edwardsville, IL 62025- (618) 656-4330	Joyce Gusewelle	\$15 for work book (not required)	Call for dates. Tuesdays 7:00pm-8:30pm	For adults only. Meet in the parlor at Eden United Church of Christ. 12 week sessions with groups forming in the Spring and Fall.
Heartlinks Grief Support Groups 5110 West Main Street, Family Hospice of Belleville, IL 62226- (618) 277-1800		None	Call for information.	Community resources available to families with children who are experiencing or anticipating death.
New Day Adult Grief Support Group 1515 Main Street, Saint Joseph's Hospital Highland, IL 62249- (618) 651-2980	Pastoral Care	\$10 for workbook	Tuesdays 7:00pm-9:00pm	Support Group for adults who have lost loved ones. Meets in the Spring and Fall for 9 weeks. Please call for the next session.
Passages Hospice 16 Bronze Pointe Blvd., Suite A Swansea, IL 62226- (618) 234-7078 or (618) 444-3174	Darla Watkins, Public Relations Coordinator	NONE	3rd Wednesday 10:00 am - 12 noon; 3rd Thursday 4:00 - 6:00 pm	Understanding Grief after Loss: Contact: Lisa Armstrong, M.A. A two hour workshop for the newly bereaved (3 weeks) which is supportive, educational and informative. Registration is required. Please RSVP no later than Monday prior to workshop.

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Saint Anthony's Health Center - Saint Clare's 915 East Fifth Street Alton, IL 62002- (618) 463-5150		None	2nd Friday 1:00pm at Saint Clare's Hospital	For adults who need support for general grief and loss (family, friends, job, etc.) Call (618) 463-5636 for information.
Starting Over 442 South DeMazenod Drive, National Shrine of Belleville, IL 62223- (618) 772-8391	Francis Caldwell-West	\$20 for materials	Sundays 2:00pm-4:00pm Call for beginning date.	For persons that have lost a spouse. Facilitators are widows/widowers themselves. Meets for six weeks in Feb. and Sept. Encouraged to attend all six weeks. If in therapy, please obtain permission from your therapist before attending.