



Please Note: It is important that your loved one receive quality care. The information is based on the provider's description of their own services. We cannot guarantee, endorse, or recommend any provider listed and the information may change without notice. This is an informational list only and we update it regularly. Through our 24-hour Helpline and Care Consultation program, we have the skills to coach you on how to use these resources and how to make them successful for your situation. We can help you know when it's relevant and how to be a good consumer of the resource. Call one of our experts today. Furthermore, if you notice any resource listed with inaccurate information, please let us know.

## Jefferson County, IL

### Adult Day Services

<b>Addus Evergreen Club</b> 108 North 3rd Street, Mount Vernon, IL 62864-	(618) 241-9503
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### Aging Resources (Regional)

<b>Illinois Department of Human Service - Helpline</b>	(217) 557-1601 or (800) 843-6154
<b>Illinois Department on Aging (Elderly Abuse/Neglect)</b> 421 East Capitol Avenue, Springfield, IL 62701-8966	(217) 785-3356 or (800) 252-8966
<b>Illinois Dept. of Human Services/Bureau of Cust. Inquiry &amp; Assist.</b> 110 North Jefferson Street, Jerseyville, IL 62052-	(800) 843-6154
<b>Midland Area Agency on Aging</b> 434 South Poplar Street, PO Box 1420, Centralia, IL 62801-1420	(618) 532-1853
<b>Senior HelpLine (Illinois Dept. on Aging)</b> 421 East Capitol Avenue, 100, Springfield, IL 62701-1789	(217) 524-6911 or (800) 252-8966
<b>Senior Services of Jefferson County (Mount Vernon)</b> 409 Harrison, Mount Vernon, IL 62864-	(618) 242-3505 or (618) 242-3530
<b>Sunshine Center/Meal Sites</b> 521 Perkins Avenue, Mount Vernon, IL 62864-	(618) 242-7010
<b>Veterans Service Office (Jefferson County)</b> 1 Doctor's Park Drive, Suite G, Mount Vernon, IL 62864-	(618) 242-8792

### Attorneys and Legal Services

<b>Guardianship &amp; Advocacy Commission (Attorney at Law)</b> 4500 College Avenue, Suite 100, Alton, IL 62002-	(618) 474-5503
<b>Land of Lincoln Legal Assistance Foundation (Carbondale) (Attorney at Law)</b> 509 South Univ. Ave., Old Nat. Bank Building - Third Floor, Carbondale, IL 62901-	(618) 457-7800 or (800) 642-5335
<b>Midland Area Agency on Aging</b> 434 South Poplar Street, PO Box 1420, Centralia, IL 62801-1420	(618) 532-1853
<b>Senior Citizens Consumer Fraud Helpline (IL Attorney General)</b>	(800) 243-5377

### Community Organizations - Other Helpful Services

<b>Division of Insurance (Illinois)</b> 320 West Washington, 5th floor, Springfield, IL 62767-0001	(217) 782-4515 or (800) 548-9034
<b>Midland Area Agency on Aging</b> 434 South Poplar Street, PO Box 1420, Centralia, IL 62801-1420	(618) 532-1853

### Counseling - Mental Health

# Jefferson County, IL

## Counseling - Mental Health

<b>Comprehensive Medical Services (Mount Vernon)</b> PO Box 428, Mount Vernon, IL 62864-	(618) 242-1510
<b>DMH Region 5 South</b> 1000 North Main Street, Anna, IL 62906-	(618) 833-8266

## Elder Care Consultants (GCM, Advocates, Home Eval)

<b>Veterans Home Care, LLC</b> 11861 Westline Industrial Drive, Suite 750, Saint Louis, MO 63146-3325	(314) 514-2444 or (877) 390-6377
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## Equipment Providers - Medical Supplies

<b>Alzheimer's Store, The</b> 3197 Trout Place Road, Cumming, GA 30041-	(800) 752-3238 or (678) 947-4001
<b>American HomePatient (Mount Vernon)</b> 4 Cusamana Professional Plaza, Suite A, Mount Vernon, IL 62864-	(800) 933-9451
<b>CapTel</b> 450 Science Drive, Madison, WI 53711-	(888) 269-7477
<b>Clover Care</b> 979 Portwest Drive, Suite 100, Saint Charles, MO 63303-	(877) 411-3631 or (636) 255-0011
<b>FOX Medical (Durable Medical Equipment)</b> 1832 Vandalia Street, Collinsville, IL 62234-	(618) 345-0649 or (800) 624-4806

*\*RCF1or2 = Residential Care; ALF1or2 = Assisted Living; ICF = Intermediate Care; SNF = Skilled Nursing;  
SCU = Special Memory Care Unit; Medicaid = Medicaid licensed facility*

<b>Independent Living Aids, Inc.</b> 200 Robbins Lane, Jericho, NY 11753-	(516) 937-1848 or (800) 537-2118
<b>Independent You</b> 434 Springfield Pike, Cincinnati, OH 45215-	(513) 761-1866 or (877) 463-3968
<b>Medicine Shoppe (Mount Vernon)</b> 2339 West Broadway, Mount Vernon, IL 62864-	(618) 242-8776 or (866) 360-8618
<b>Romedic</b> 300 West Chestnut Street, PO Box 388, Suite B, Ephrata, PA 17522-	(636) 295-1104 or (888) 625-4343
<b>Woodbury Products, Inc., - Catalogue</b> Department 250, Island Park, NY 11558-	(800) 777-1111

## Geriatric Assessment Centers

<b>Memory Clinic, The</b>	(618) 241-1400
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## Home Delivered Meals

<b>Midland Area Agency on Aging</b> 434 South Poplar Street, PO Box 1420, Centralia, IL 62801-1420	(618) 532-1853
<b>Sunshine Center/Meal Sites</b> 521 Perkins Avenue, Mount Vernon, IL 62864-	(618) 242-7010

## Hospice Agencies

<b>SSM Home Care/Hospice (Good Samaritan)</b> 605 North 12th Street, Mount Vernon, IL 62864-	(618) 241-1621 or (618) 241-1679
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# Jefferson County, IL

## Hospice Agencies

<b>VNA-TIP Hospice (Centralia)</b> VNA-TIP Healthcare, Inc., 1809 West McCord Street, Centralia, IL 62801-	(618) 532-7587 or (800) 362-2610
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## Hospitals - Medical Centers

<b>Crossroads Community Hospital</b> 8 Doctor's Park Road, Mount Vernon, IL 62864-	(618) 244-5500
<b>Saint Mary's Good Samaritan - Mount Vernon (SSM)</b> 605 North 12th Street, Mount Vernon, IL 62864-	(618) 242-4600

## In-Home Agencies (Companion - Private Duty)

<b>Crossroads Community Hospital</b> 8 Doctor's Park Road, Mount Vernon, IL 62864-	(618) 244-5500
<b>Health Care Hotline (IL Attorney General)</b>	(877) 305-5145
<b>Help at Home, Inc. (Mount Vernon)</b> 327 Main Street, Mount Vernon, IL 62864-	(618) 244-7800 or (877) 699-7954
<b>Lifestyle Options Inc.</b> 999 North Plaza Drive, Suite 790, Schaumburg, IL 60173-	(847) 240-7330 or (888) 342-4636
<b>Maxim Healthcare Services (Fairview Heights)</b> 331 Salem Place, Suite 115, Fairview Heights, IL 62208-	(618) 628-7551 or (800) 864-2345
<b>Mederi Caretenders Home Health (Swansea)</b> 216 West Point Drive, Suite D, Swansea, IL 62226-	(618) 277-8899 or (800) 451-3612
<b>SSM Home Care/Hospice (Good Samaritan)</b> 605 North 12th Street, Mount Vernon, IL 62864-	(618) 241-1621 or (618) 241-1679
<b>VNA-TIP Private Duty</b> VNA-TIP Healthcare, Inc., 1809 West McCord Street, Centralia, IL 62801-5838	(618) 545-0138 or (800) 642-6099

## Law Enforcement Agencies

<b>Bonnie (IL) Police Department</b> 270 South Railroad Street, PO Box 117, Bonnie, IL 62816-	(618) 242-5646
<b>Jefferson County (IL) Sheriff's Department</b> 911 Casey Avenue, Mount Vernon, IL 62864-	(618) 244-8004
<b>Mount Vernon (IL) Police Department</b> 211 North 10th Street, Mount Vernon, IL 62864-	(618) 242-2727

## Long Term Care Information and Quality of Care Assistance

<b>Illinois State Long Term Care Ombudsman (Sally Petrone)</b> 421 East Capitol Avenue, 100, Springfield, IL 62701-	(217) 785-3143 or (800) 252-8966
<b>Midland Area Agency on Aging</b> 434 South Poplar Street, PO Box 1420, Centralia, IL 62801-1420	(618) 532-1853
<b>Nursing Home Hotline</b> 525 West Jefferson, Springfield, IL 62761-	(217) 785-0321 or (800) 252-4343
<b>Senior Protective Services (Long Term Care Ombudsman)</b> 209 South Merchant, Effingham, IL 62401-	(217) 347-5569 or (800) 283-4070

## Long Term Care Options (Assisted, Skilled, Special Care)

# Jefferson County, IL

## Long Term Care Options (Assisted, Skilled, Special Care)

\*RCF1or2 = Residential Care; ALF1or2 = Assisted Living; ICF = Intermediate Care; SNF = Skilled Nursing;  
SCU = Special Memory Care Unit; Medicaid = Medicaid licensed facility

<b>Countryside Manor (ICF-SNF)</b> 606 East Illinois Highway 15, Mount Vernon, IL 62864-	(618) 242-1800
<b>Green Tree at Mount Vernon (ALF1-SCU)</b> 208 Zachery Street, Mount Vernon, IL 62864-	(618) 244-5580
<b>Mount Vernon Countryside Manor (SNF-Medicaid)</b> 606 East IL Hwy 15, Mount Vernon, IL 62864-	(618) 242-1800
<b>Mount Vernon Health Care Center (SNF-Medicaid)</b> 5 Doctor's Park Road, Mount Vernon, IL 62864-	(618) 242-1064
<b>Nature Trail Health Care CTR (SNF-Medicaid)</b> 1001 South 34th Street, Mount Vernon, IL 62864-6232	(618) 242-5700
<b>Petersens Mount Vernon Healthcare Center (ICF-SNF-SCU)</b> 5 Doctor's Park Road, Mount Vernon, IL 62864-	(618) 242-1064
<b>White Oak Rehabilitation and HealthCare Center (SNF-Medicaid)</b> 1700 White Street, Mount Vernon, IL 62864-	(618) 242-4075

## Money Management - Financial Assistance

<b>Illinois Dept. of Human Services/Bureau of Cust. Inquiry &amp; Assist.</b> 110 North Jefferson Street, Jerseyville, IL 62052-	(800) 843-6154
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## Physicians (Experience in Dementia - AD)

<b>Care First Medical Center (Family Practice)</b> 3307 Broadway, Suite 140, Mount Vernon, IL 62864-6254	(618) 244-7200
<b>Hall, Dr. John</b> 3505 Broadway Street, Mount Vernon, IL 62864-2202	(618) 244-7788
<b>Hoffman, Dr. Daniel (Geriatrician)</b> 8 Cusumano Professional Plaza Drive, Mount Vernon, IL 62864-6736	(618) 244-7171
<b>Parks, Dr. Roberts (Geriatrician)</b> 1 Doctor's Park Drive, Suite C, Mount Vernon, IL 62864-	(618) 242-1397

## Safety Resources

<b>Alzheimer's Association Comfort Zone (Home Safety (falls-wander-GPS))</b> 225 N. Michigan Ave, Fl. 17, Chicago, IL 60601-7633	(877) 259-4850 or (800) 272-3900
<b>Alzheimer's Association Comfort Zone Check-In (Home Safety (falls-wander-GPS))</b> 225 N. Michigan Ave, Fl. 17, Chicago, IL 60601-7633	(877) 259-4850 or (800) 272-3900
<b>Alzheimer's Association MedicAlert+Safe Return (Home Safety (falls-wander-GPS))</b> MedicAlert Foundation, 2323 Colorado Avenue, Turlock, CA 95382-	(888) 572-8566
<b>Guardian Medical Monitoring (Home Safety (falls-wander-GPS))</b> 18000 West Eight Mile Road, Southfield, MI 48075-	(877) 435-7225

## Senior Centers - Nutrition Sites

<b>Midland Area Agency on Aging</b> 434 South Poplar Street, PO Box 1420, Centralia, IL 62801-1420	(618) 532-1853
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## Transportation Services

# Jefferson County, IL

## Transportation Services

<b>Illinois Department of Transportation</b> 2300 South Dirksen Parkway, Springfield, IL 62764-	(217) 782-7820 or (800) 452-4368
<b>Midland Area Agency on Aging</b> 434 South Poplar Street, PO Box 1420, Centralia, IL 62801-1420	(618) 532-1853
<b>South Central Transit</b> 1616 East McCord, Centralia, IL 62801-	(618) 532-8076 or (800) 660-7433