



Please Note: It is important that your loved one receive quality care. The information is based on the provider's description of their own services. We cannot guarantee, endorse, or recommend any provider listed and the information may change without notice. This is an informational list only and we update it regularly. Through our 24-hour Helpline and Care Consultation program, we have the skills to coach you on how to use these resources and how to make them successful for your situation. We can help you know when it's relevant and how to be a good consumer of the resource. Call one of our experts today. Furthermore, if you notice any resource listed with inaccurate information, please let us know.

Monroe County, IL

Aging Resources (Regional)

Area Agency on Aging of Southwestern Illinois 2365 Country Road, Belleville, IL 62221-	(618) 222-2561 or (800) 326-3221
Human Service Center (Psychiatrist) 10257 State Route 3, Red Bud, IL 62278-	(618) 282-6233 or (888) 310-6233
Illinois Department of Human Service - Helpline	(217) 557-1601 or (800) 843-6154
Illinois Department on Aging (Elderly Abuse/Neglect) 421 East Capitol Avenue, Springfield, IL 62701-8966	(217) 785-3356 or (800) 252-8966
Illinois Dept. of Human Services/Bureau of Cust. Inquiry & Assist. 110 North Jefferson Street, Jerseyville, IL 62052-	(800) 843-6154
Respite (Caregiver Support Program) - SIVNA 7 Executive Woods, Swansea, IL 62226-	(618) 236-5863 or (800) 642-5429
Senior HelpLine (Illinois Dept. on Aging) 421 East Capitol Avenue, 100, Springfield, IL 62701-1789	(217) 524-6911 or (800) 252-8966
Seniors I.Q. Program Touchette Regional Hospital, 1st Floor, 5900 Bond Avenue, Centerville, IL 62207-	(618) 482-7199
Veterans Affairs (Illinois Department of) 833 South Spring Street, PO Box 19432, Springfield, IL 62794-9432	(217) 782-6641
Veterans Service Office (St. Clair County) 10 South Jackson Street, Suite 102, Belleville, IL 62226-	(618) 233-5140

Alternative Living Arrangements (Sheltered-Supportive Care)

**RCF1or2 = Residential Care; ALF1or2 = Assisted Living; ICF = Intermediate Care; SNF = Skilled Nursing;
SCU = Special Memory Care Unit; Medicaid = Medicaid licensed facility*

Garden Place (Columbia) (RCF2) 710 South Main Street, Columbia, IL 62236-	(618) 281-3388
Rosedale House, The (RCF2) 228 Mueller Lane, Apt. 18, Waterloo, IL 62298-	(618) 939-4973 or (618) 939-4977

Attorneys and Legal Services

Guardianship & Advocacy Commission (Attorney at Law) 4500 College Avenue, Suite 100, Alton, IL 62002-	(618) 474-5503
Land of Lincoln Legal Assistance Foundation (East St. Louis) (Attorney at Law) 8787 State Street, Suite 101, East Saint Louis, IL 62203-	(618) 398-0958
Senior Citizens Consumer Fraud Helpline (IL Attorney General)	(800) 243-5377

Community Organizations - Other Helpful Services

Monroe County, IL

Community Organizations - Other Helpful Services

Division of Insurance (Illinois) 320 West Washington, 5th floor, Springfield, IL 62767-0001	(217) 782-4515 or (800) 548-9034
Programs & Services for Older Persons (SW IL College)--Main Office 201 North Church Street, Belleville, IL 62220-	(618) 234-4410 or (800) 222-5131
United Way of Greater Saint Louis 910 North 11th Street, Saint Louis, MO 63101-1951	(314) 421-4636 or (800) 427-4626

Counseling - Mental Health

Call for Help, Inc. 9400 Lebanon Road, Edgemont, IL 62203-	(618) 397-0963 or (618) 397-0968
Human Service Center (Psychiatrist) 10257 State Route 3, Red Bud, IL 62278-	(618) 282-6233 or (888) 310-6233
Human Support Services (Mental Health) 988 North Illinois Route 3, PO Box 146, Waterloo, IL 62298-	(618) 939-4444
Programs & Services for Older Persons (SW IL College)--Main Office 201 North Church Street, Belleville, IL 62220-	(618) 234-4410 or (800) 222-5131

Crisis Intervention Services

Call for Help, Inc. 9400 Lebanon Road, Edgemont, IL 62203-	(618) 397-0963 or (618) 397-0968
Human Support Services (Mental Health) 988 North Illinois Route 3, PO Box 146, Waterloo, IL 62298-	(618) 939-4444

Elder Care Consultants (GCM, Advocates, Home Eval)

Next Step/Elder Assist, The 2190 South Mason Road, Suite 205, Saint Louis, MO 63131-	(314) 821-9111
Veterans Home Care, LLC 11861 Westline Industrial Drive, Suite 750, Saint Louis, MO 63146-3325	(314) 514-2444 or (877) 390-6377

Equipment Providers - Medical Supplies

Alzheimer's Store, The 3197 Trout Place Road, Cumming, GA 30041-	(800) 752-3238 or (678) 947-4001
CapTel 450 Science Drive, Madison, WI 53711-	(888) 269-7477
Clover Care 979 Portwest Drive, Suite 100, Saint Charles, MO 63303-	(877) 411-3631 or (636) 255-0011
FOX Medical (Durable Medical Equipment) 1832 Vandalia Street, Collinsville, IL 62234-	(618) 345-0649 or (800) 624-4806

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SCU = Special Memory Care Unit; Medicaid = Medicaid licensed facility*

Independent Living Aids, Inc. 200 Robbins Lane, Jericho, NY 11753-	(516) 937-1848 or (800) 537-2118
Independent You 434 Springfield Pike, Cincinnati, OH 45215-	(513) 761-1866 or (877) 463-3968
MediEquip - Fairview Heights 22 Lincoln Highway, Fairview Heights, IL 62208-	(618) 622-9800 or (800) 863-2619

Monroe County, IL

Equipment Providers - Medical Supplies

Romedic 300 West Chestnut Street, PO Box 388, Suite B, Ephrata, PA 17522-	(636) 295-1104 or (888) 625-4343
Support Surfaces 10770 Midwest Industrial Blvd., Saint Louis, MO 63132-	(314) 426-2747 or (800) 285-3485
Woodbury Products, Inc., - Catalogue Department 250, Island Park, NY 11558-	(800) 777-1111

Geriatric Assessment Centers

Rohlfing, Dr. Amy (Red Bud Regional Family Health Center) (Geriatrician) 325 Spring Street, Red Bud, IL 62278-	(618) 282-7373
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Home Delivered Meals

Area Agency on Aging of Southwestern Illinois 2365 Country Road, Belleville, IL 62221-	(618) 222-2561 or (800) 326-3221
Columbia Senior Center 113 South Rapp, Suite 2, Columbia, IL 62236-	(618) 281-7414
Southwestern Illinois VNA 7 Executive Woods Court, Swansea, IL 62216-	(618) 236-5863 or (800) 642-5429
Western Egyptian Waterloo Nutrition Site 207 West 4th Street, Waterloo, IL 62298-	(618) 939-8880

Hospice Agencies

BJC Hospice - Alton One Professional Drive, Suite 180, Alton, IL 62002-	(618) 463-7100 or (800) 916-7541
Family Hospice of Belleville 5110 West Main Street, Bellevue, IL 62226-	(618) 277-1800
Heartland Home Health Care and Hospice [IL] 333 Salem Place, Suite 165, Fairview Heights, IL 62208-	(618) 632-0304
Hospice of Southern Illinois 305 South Illinois Street, Belleville, IL 62220-	(618) 235-1703 or (800) 233-1708
Unity Hospice (Collinsville) 907 North Bluff Road, Suite 3, Collinsville, IL 62234-	(618) 346-1111
VNA-TIP Hospice (Belleville) VNA-TIP Healthcare, Inc., 720 West Main Street, Belleville, IL 62220-	(618) 277-9360 or (888) 806-0924

In-Home Agencies (Companion - Private Duty)

Absolute Health Care Services 4124 Alby Street, Alton, IL 62002-	(618) 466-1010
Advantage Nursing Services (Edwardsville) 2 Sunset Hills Executive Park, Suite 5, Edwardsville, IL 62025-	(618) 656-8618 or (800) 728-8883
Anchor Home Health Care 10 Glen Ed Professional Park, Glen Carbon, IL 62034-	(618) 659-2273 or (800) 526-4086
Anderson Home Health Services 6800 State Route 162, Maryville, IL 62062-	(618) 288-9355
BARBERVoss Home Care Team 122 Lincoln Place Court, Suite 202, Belleville, IL 62221-	(618) 257-3444

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In-Home Agencies (Companion - Private Duty)

Clarice's Home Care Service 320 West Broadway, Steeleville, IL 62288-	(618) 939-4241
Gentiva Health Services 16 North Bronze Pointe, Suite A, Belleville, IL 62226-	(618) 234-6995
Health Care Hotline (IL Attorney General)	(877) 305-5145
Home Instead Senior Care (Belleville) 2321 Country Road, Belleville, IL 62221-	(618) 234-7640
Lifestyle Options Inc. 999 North Plaza Drive, Suite 790, Schaumburg, IL 60173-	(847) 240-7330 or (888) 342-4636
Maxim Healthcare Services (Fairview Heights) 331 Salem Place, Suite 115, Fairview Heights, IL 62208-	(618) 628-7551 or (800) 864-2345
Mederi Caretenders Home Health (Swansea) 216 West Point Drive, Suite D, Swansea, IL 62226-	(618) 277-8899 or (800) 451-3612
Memorial Hospital/Home Care 4500 Memorial Drive, Belleville, IL 62226-	(618) 257-5700
Northeast Community Action Corp. (Bowling Green) 16 North Court Street, PO Box 470, Bowling Green, MO 63334-	(573) 324-5062 or (800) 748-7636
Nurses & Company (Belleville) 5011 North Illinois, Suite 2, Fairview Heights, IL 62208-	(618) 310-1591
Programs & Services for Older Persons (SW IL College)--Main Office 201 North Church Street, Belleville, IL 62220-	(618) 234-4410 or (800) 222-5131
Senior Companion Program (PSOP SWIL College) 201 North Church Street, Belleville, IL 62220-	(618) 234-4410
Southern Illinois Home Care 129 North Eighth Street, East Saint Louis, IL 62201-	(618) 332-6120
Southwestern Illinois VNA 7 Executive Woods Court, Swansea, IL 62216-	(618) 236-5863 or (800) 642-5429
Visiting Angels (Belleville Office) 4 South Church Street, Suite 212, Belleville, IL 62220-	(618) 257-2200
VNA-TIP Private Duty VNA-TIP Healthcare, Inc., 1809 West McCord Street, Centralia, IL 62801-5838	(618) 545-0138 or (800) 642-6099

Law Enforcement Agencies

Columbia (IL) Police Department 1020 North Main Street, Columbia, IL 62236-	(618) 281-5151
Illinois State Police - District 11 1100 Eastport Plaza Drive, Collinsville, IL 62234-6116	(618) 346-3990
Monroe County (IL) Sheriff's Department 225 East Third Street, Waterloo, IL 62298-	(618) 939-8651 or (618) 939-8681
Valmeyer (IL) Police Department 626 South Meyer Avenue, Valmeyer, IL 62295-	(618) 935-2131
Waterloo (IL) Police Department 301 South Main Street, Waterloo, IL 62298-	(618) 939-8651 or (618) 939-3377

Long Term Care Information and Quality of Care Assistance

Monroe County, IL

Long Term Care Information and Quality of Care Assistance

Area Agency on Aging of Southwestern Illinois 2365 Country Road, Belleville, IL 62221-	(618) 222-2561 or (800) 326-3221
Illinois State Long Term Care Ombudsman (Sally Petrone) 421 East Capitol Avenue, 100, Springfield, IL 62701-	(217) 785-3143 or (800) 252-8966
Land of Lincoln Ombudsman Program 8787 1st Street, Suite 101, East Saint Louis, IL 62201-	(618) 398-0958 or (800) 644-1221
Nursing Home Hotline 525 West Jefferson, Springfield, IL 62761-	(217) 785-0321 or (800) 252-4343

Long Term Care Options (Assisted, Skilled, Special Care)

**RCF1or2 = Residential Care; ALF1or2 = Assisted Living; ICF = Intermediate Care; SNF = Skilled Nursing;
SCU = Special Memory Care Unit; Medicaid = Medicaid licensed facility*

Bridges of Columbia (Independent-ALF) 480 DD Road, Columbia, IL 62236-	(618) 281-4200 or (618) 719-5399
Canterbury Manor Nursing Center (SNF-Medicaid) 718 North Market Street, Waterloo, IL 62298-	(618) 939-8565
Columbia Convalescent Center (SNF) 253 Bradington Drive, Columbia, IL 62236-	(618) 281-6800
Columbia Rehab and Nursing Center (SNF-Medicaid) 253 BRADINGTON DRIVE, Columbia, IL 62236-	(618) 281-6800
Oak Hill (SNF-SCU-Medicaid) 623 Hamacher Street, Waterloo, IL 62298-	(618) 939-3488
Red Bud Nursing Home (SNF) 350 West South 1st Street, Red Bud, IL 62278-	(618) 282-3891

Money Management - Financial Assistance

Illinois Dept. of Human Services/Bureau of Cust. Inquiry & Assist. 110 North Jefferson Street, Jerseyville, IL 62052-	(800) 843-6154
Next Step/Elder Assist, The 2190 South Mason Road, Suite 205, Saint Louis, MO 63131-	(314) 821-9111

Physicians (Experience in Dementia - AD)

Goldring, Dr. James (Neurologist) 509 Hamacher, Suite 202, Waterloo, IL 62298-	(618) 939-5979
Gupta, Dr. Anil (Family Practice) 421 South Main Street, Columbia, IL 62236-	(618) 281-7151
Human Service Center (Psychiatrist) 10257 State Route 3, Red Bud, IL 62278-	(618) 282-6233 or (888) 310-6233
Lattimore, Dr. Sean (Southern Illinois Center for Family Medicine) (Family Practice) 509 Hamacher Street, Suite 102, Waterloo, IL 62298-1592	(618) 939-3939
Meechai, Dr. Puntumabumrung (Internist) 509 Hamacher Street, Suite 200B, Waterloo, IL 62299-	(618) 939-8648
Pichet, Dr. Santilukka (Internist) 509 Hamacher Street, Suite 200B, Waterloo, IL 62298-1592	(618) 939-8648
Rohlfing, Dr. Amy (Red Bud Regional Family Health Center) (Geriatrician) 325 Spring Street, Red Bud, IL 62278-	(618) 282-7373

Monroe County, IL

Physicians (Experience in Dementia - AD)

Southern Illinois Center for Health Family Medicine (Family Practice)

509 Hamacher Street, Suite 102, Waterloo, IL 62298-

(618) 939-3939

Safety Resources

Alzheimer's Association Comfort Zone (Home Safety (falls-wander-GPS))

225 N. Michigan Ave, Fl. 17, Chicago, IL 60601-7633

(877) 259-4850 or (800) 272-3900

Alzheimer's Association Comfort Zone Check-In (Home Safety (falls-wander-GPS))

225 N. Michigan Ave, Fl. 17, Chicago, IL 60601-7633

(877) 259-4850 or (800) 272-3900

Alzheimer's Association MedicAlert+Safe Return (Home Safety (falls-wander-GPS))

MedicAlert Foundation, 2323 Colorado Avenue, Turlock, CA 95382-

(888) 572-8566

Guardian Medical Monitoring (Home Safety (falls-wander-GPS))

18000 West Eight Mile Road, Southfield, MI 48075-

(877) 435-7225

Senior Centers - Nutrition Sites

Area Agency on Aging of Southwestern Illinois

2365 Country Road, Belleville, IL 62221-

(618) 222-2561 or (800) 326-3221

Columbia Senior Center

113 South Rapp, Suite 2, Columbia, IL 62236-

(618) 281-7414

Programs & Services for Older Persons (SW IL College)--Main Office

201 North Church Street, Belleville, IL 62220-

(618) 234-4410 or (800) 222-5131

Western Egyptian Waterloo Nutrition Site

207 West 4th Street, Waterloo, IL 62298-

(618) 939-8880

Transportation Services

Area Agency on Aging of Southwestern Illinois

2365 Country Road, Belleville, IL 62221-

(618) 222-2561 or (800) 326-3221

Helping Hands

2125 So. Belt West, Belleville, IL 62220-

(618) 239-9900

Illinois Department of Transportation

2300 South Dirksen Parkway, Springfield, IL 62764-

(217) 782-7820 or (800) 452-4368

Programs & Services for Older Persons (SW IL College)--Main Office

201 North Church Street, Belleville, IL 62220-

(618) 234-4410 or (800) 222-5131

Saint Paul's United Church of Christ

200 North Main Street, Waterloo, IL 62298-

(618) 939-7123

Western Egyptian Economic Opportunity Service

PO Box 7, 1 Industrial Park, Steeleville, IL 62288-

(618) 965-9112

Western Egyptian Waterloo Nutrition Site

207 West 4th Street, Waterloo, IL 62298-

(618) 939-8880

Utility Assistance Resources

United Way of Greater Saint Louis

910 North 11th Street, Saint Louis, MO 63101-1951

(314) 421-4636 or (800) 427-4626