

professional education classes

The Alzheimer's Association Education Institute (AAEI) offers many innovative ways to fulfill staff development needs, state-required dementia training and learn person-centered caregiving practices to enhance staff knowledge. For full program descriptions, registration and CEU information, visit www.alz.org/stl, or call 800.272.3900.

Have Your Cake & Eat It Too: Balancing Pleasure With Nutrition for People With Dementia

Understand reasons why some people don't eat, and the techniques you can use to support their nutritional needs while giving them the opportunity to enjoy the dining experience.

Wednesday, Feb. 22 | 9–11 a.m.
Chapter Office
Tuition: \$25
Presenter: Zoe Dearing, BME-MT

Enhancing Activity Through Creative Arts

Creative arts, like music, art, movement, drama and poetry, all play significant roles in dementia care. Learn current research behind these therapies and receive ideas on how to incorporate them into your daily activity programs.

Thursday, March 8 | 8:30 a.m.–3 p.m.
Chapter Office
Tuition: \$40 ADAM members
\$50 non-ADAM members
Presenter: Zoe Dearing, BME-MT

Speakers Series: Alzheimer's Disease, Will I Get It Too?

Join us for a free evening exploring how to keep your brain as healthy as possible for the rest of your life. This one night only lecture and book signing is a great program for family members too.

Monday, March 19 | 6:30–9 p.m.
Edward Jones Headquarters
12555 Manchester Road, St. Louis, MO 63131
Tuition: Free
Presenter: Gary Small, MD, Director of the UCLA Center on Aging, author of "The Alzheimer's Prevention Program"
Sponsored by: **BETHESDA**

Understanding Dementia: Quality Care Basics

Learn skills and information necessary in caring for people with dementia. This program is ideal for nurse aides and homecare staff, and it meets State of Missouri-mandated dementia training requirements.

Wednesday, March 21 | 9 a.m.–noon
Chapter Office
Tuition: \$50
Presenter: Tiffany Phillips, BA

More classes on back.

alzheimer's  association®

The Basics: Understanding Quality Dementia Care
Ideal for nurse aides and homecare staff, and it meets Missouri-mandated dementia training requirements. Receive an overview of Alzheimer's disease and other dementias, communicating, understanding and addressing behaviors, promoting independence in daily living activities (e.g., bathing and mealtime) and understanding and dealing with family issues.

Wednesday, March 21 | 9 a.m.–noon

Chapter Office

Tuition: \$50

Presenter: Tiffany Phillips, BA

Train the Trainer: Building Creative Caregivers®

Trainers will learn key principles to teaching others about the latest information on behavioral changes, how to create a person-centered model, communications strategies, daily therapeutic activities and environmental modifications to improve function and safety.

Friday, May 18 | 8:30 a.m.–3 p.m.

Chapter Office

Tuition: \$200—nurses contact hours are \$55 payable to MLN, \$10 CEU fee for Ill.

Presenter: AAEL staff

Dementia Friendly Hospitals: Care Not Crisis

Provides education to hospital staff to improve care for people with dementia in the acute care setting.

Wednesday, June 6 | 8 a.m.–4:30 p.m.

Chapter Office

Tuition: \$65—includes lunch and CEUs for Mo. nurses and SW, \$10 CEU fee for Ill.

Presenters: Knight ADRC faculty
Alzheimer's Association staff

Foundations of Dementia Care: Campaign for Quality Residential Care

Includes the latest research and field evidence of some of the most requested modules, such as wandering and restraint free care. This winning curriculum, developed by the National Alzheimer's Association, provides tools to improve the quality of life for residents, no matter where they are in their journey.

Wednesday, June 20 | 8:30 a.m.–4 p.m.

Chapter Office

Tuition: \$55—includes light lunch, nurses contact hours are \$60 payable to MLN, \$10 CEU fee for Ill.

Presenter: Tiffany Phillips, BA

HELPING YOU

The Alzheimer's Association is the world leader in Alzheimer's care, support and research. We are here anytime, day or night, for you and the families you serve.

24/7 Helpline: 800.272.3900

www.alz.org/stl

Care Consultation
Support Groups
Early Stage Programs
Community Resources
Additional Support

STAY CONNECTED

Visit www.alz.org/stl to sign up for our monthly Chapter enews and our professional education updates. You can like us on Facebook too.

SAVE THE DATE

MC5 (Missouri Pioneer Coalition)

May 8-9 (tentative)

For additional information visit www.momc5.com.

AADD Conference

May 21-22

For additional information visit www.agingwithdd.org.