

Please Note: It is important that your loved one receive quality care. The information is based on the provider's description of their own services. We cannot guarantee, endorse, or recommend any provider listed and the information may change without notice. This is an informational list only and we update it regularly. Through our 24-hour Helpline and Care Consultation program, we have the skills to coach you on how to use these resources and how to make them successful for your situation. We can help you know when it's relevant and how to be a good consumer of the resource. Call one of our experts today. Furthermore, if you notice any resource listed with inaccurate information, please let us know.

Counseling Resources serving Saint Louis City and County

Agency Name / Address / Phone	Highest Degree, License	Average Wait for 1st Appointment	Fees	Insurance Coverage	AD / Dementia	Chemical Dependency	Depression	Family Mediation	Family Violence	Geriatrics	Sandwich Generation	Special Notes
Bass, Marilyn 802 Villette Court Ballwin, MO 63011- (636) 256-2990	MSW, LCSW	1 Day	\$65/hr., Sliding Scale	Medicare	X		X			X	X	Home visits, case management, aging issues, life transitions, stress management, women's issues
Bassi, Dr. Sherry 12400 Olive Boulevard, Suite 205 Creve Coeur, MO 63141- (314) 275-2300	PhD	Within a week	1st Session [\$125/hr], Other Sessions [\$100/hr.]	Medicare, Anthem/ Blue Cross, Healthlink, UHC, Aetna, Cigna, Valu Options	X	X	X	X	X	X	X	Training in pain management and cardiac rehabilitation.
Carafiol, Dr. Robert Behavioral Health Associates, 225 S Clayton, MO 63105- (314) 727-9088	PhD	0 - 2 weeks	\$150/hr.	Most major insurance; Medicare	X	X	X	X	X	X	X	Home visits; 24-hour emergency services; Hypnosis; Nutritional counseling; personal experience with AD.

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Care and Counseling 12141 Ladue Road Saint Louis, MO 63141- (314) 878-4340 or (800) 677-3609	PhD; MSW; LCSW; MD; AAPC; LPC; LCPC	1 - 5 days	\$130/hr.; sliding scale	Medicare; most major insurance depending on the plan	X	X	X	X	X	X	X	7 locations; Individuals, couples, children, or families welcome; Wide variety of areas covered; Mediation Process; Employee Assistance Programs.
Carpenter, Brian Campus Box 1125, Dept. of Psychology; Saint Louis, MO 63130- (314) 935-8212 or (314) 935-5000	PhD	No Wait	Sliding Scale (\$50-\$100/hr.)	Medicare, Private Pay	X		X		X	X	X	Can do Home Visits, Grief & Bereavement Issues, Family Therapy
Catholic Family Services [North] 1385 Harkee Drive Florissant, MO 63031- (314) 831-1533	MA; NCC; LPC; CRADC	1 - 2 weeks	Sliding Scale	Medicare; most major plans		X	X	X	X	X	X	4 different locations in Saint Louis and 3 in surrounding counties; wide variety of subjects covered; 24-hour emergency services.
Catholic Family Services [South] 9200 Watson Road, Suite G 101 Saint Louis, MO 63126- (314) 544-3800	PhD; MA; LPC; LCSW; MD	1 - 2 weeks	Sliding Scale for those without insurance	Medicare; most major plans	X	X	X	X	X	X	X	4 different locations in Saint Louis and 3 in surrounding counties; wide variety of subjects covered; 24-hour emergency services.
Catholic Family Services [West] 498 Woods Mill Road Manchester, MO 63011- (636) 391-9966	PhD; MA; NCC; LPC; CRADC, LCSW	1 - 2 weeks	Sliding Scale for Therapy only	Medicare; most major plans	X	X	X	X	X	X	X	4 different locations in Saint Louis and 3 in surrounding counties; wide variety of subjects covered; 24-hour emergency services.

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CenterPath (Davidson, Renee) 425 Marshall Avenue Webster Groves, MO 63119- (314) 660-5138	MSW, LCSW	1 days	\$110/hr; Sliding scale	Out-of-network insurance available; Private pay	X	X	X			X	X	Stress management; Relaxation therapy; Caregiver support.
Christian Family Services 7955 Big Bend Boulevard Webster Groves, MO 63119- (314) 968-2216 or (800) 264-2216	MSW; LCSW; MA; LPC	Less than one week	\$30-\$90/hr. based on income & household size	Some	X	X	X	X	X	X	X	Satellite offices in Florissant, Ballwin, & O'Fallon, Missouri, and Fairview Heights, Illinois.
Christian Psychological & Family Services 9378 Olive Boulevard, Suite 106 Olivette, MO 63132- (314) 567-4994	PhD, LPC, PLPC	1 day or less	\$90/hr, Sliding scale	Medicare, Medicaid, Most major insurance plans	X	X	X	X	X	X	X	Crisis therapy, family counseling, men's/women's group therapy, education, sex therapy, Dynamic Marriage Group.
Community Psychological Service at UMSL 1 University Boulevard, 232 Stadler Hall Saint Louis, MO 63121- (314) 516-5824	PhD; MA	1-2 weeks	\$15-90/hr.; sliding scale	Some			X		X	X	X	Non-profit outpatient mental health center since 1977. Supervised clinical PhD training program; 24-hour emergency services; family counselling.
Creve Coeur Counseling Associates 10176 Corporate Square Drive, Suite 100S Creve Coeur, MO 63132- (314) 991-0100	PhD, Masters, Interns	1 Day	\$15-\$100 per hour (sliding scale)	Out of network insurance accepted	X	X	X	X	X	X	X	Low Cost Counseling Program. Issues: grief, life transitions, adult care givers, anxiety, addictions, stress and anger management, trauma, relationships, Dementia / AD. Caregiver groups.

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Dale, Tina 8820 Ladue Road, Suite 313 Saint Louis, MO 63124- (314) 477-8751	MSW; LCSW	2 days	\$100/hr. (sliding scale based on income)	Yes; Medicare	X	X	X	X		X	X	Anxiety; Grief Support; Abuse issues; Child therapy
Doyle, Kevin 10820 Sunset Office Drive, Suite 204 Sunset Hills, MO 63127- (314) 965-7494	MSW; LCSW	1 week	\$85/hr.; Sliding Scale	Blue Cross; Medicare; Medicaid	X	X	X	X		X	X	Grief counseling; Certified Spiritual Director; Sexual trauma; Home visits for dying patients; 24-hour emergency services.
Entin, Harriet 2821 North Ballas Road, Suite 37 Saint Louis, MO 63131- (314) 993-4745	MSW, LCSW, Clinical Member, AAMFT	3-6 days	\$120 per 50 minute session	No	X		X			X	X	Advanced training in family therapy; Mind and Body healing; Tai Chi; Meditation, 24-hour emergency services.
Family Center, The 602 West Kirkham Avenue, First Floor Webster Groves, MO 63119- (314) 963-9600	LPC; LMFT; MSW; LCSW	1 week	\$70/hr.; Sliding scale	Patient to submit bill for reimbursement	X		X	X	X	X	X	Group therapy; Home visits; Grace Program (grief counseling); Therese Program (care and spiritual guidance to senior citizens as they face challenges in the evening of life)
Hoffman, Judith 6403B Clayton Road Saint Louis, MO 63117- (314) 647-3558	MSW; LCSW	24-48 hours	\$90/hr.; Sliding scale	Yes	X	X	X	X	X	X	X	Covers a wide range of areas; gerontology degree.

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Jewish Family and Children's Services 10950 Schuetz Road Saint Louis, MO 63146 (314) 993-1000	PhD; MSW; LCSW; LPC	Usually No Wait	\$100/hr.; Sliding Scale available	Yes Medicare; Medicaid	X		X	X	X	X	X	Grief support; Department of Aging; Case management; United Way Agency; Will do home visits.
Koehler, Judy (Marriage and Family Institute) 225 South Meramec Avenue, Suite 404 Saint Louis, MO 63105- (314) 249-5444	M.A., LPC, NCC	2-3 Days	\$90/hr.; Reduced fee based on financial need	No	X		X	X		X	X	Works with most mental health issues. Specializes in caregiver stress, Relationship Counseling. Offers workshops for caregivers.
Koslin, Ed 9374 Olive Boulevard, Suite 103 Saint Louis, MO 63132- (314) 997-2424	MSW; LCSW	1 week or less	Negotiable	None	X	X	X		X	X	X	Grief/loss issues; Men's issues; Anxiety; Couples counseling.
Lutheran Family and Children Service 8631 Delmar Boulevard Saint Louis, MO 63124- (314) 787-5100	MSW; M. Ed; LCSW; LMFT; LPC	1-2 weeks	\$30-140/hr, Sliding Scale available	Yes			X	X		X	X	6 different locations in surrounding areas; On-call services for emergencies. Counseling for couples, children, attachment, trauma
Miller, Katy 7700 Clayton Road, Suite 109 Saint Louis, MO 63117- (314) 604-0829	MSW, LCSW	1 week or less	\$80/ hour (sliding scale)	No	X		X			X	X	Grief work, family counseling, caregiver support, adjustment issues, insight-oriented counseling

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Nissenboim, Sylvia LifeWork Transitions, 12401 Olive Street, Creve Coeur, MO 63141- (314) 477-3144	MSW, LCSW	1-5 days	\$95/hr, sliding fee based on need	Medicare, Mercy	X		X	X	X	X	X	27+ years experience with older adults/families. Author of AD book. Grief & loss, chronic health, caregiver work-related stress. Home visits/phone coaching available.
Pathways For Aging 745 Craig Road, Suite 212 Saint Louis, MO 63141- (314) 395-7560	MSW; LCSW; ACSW; MA;	1 week or less	Usually covered by Insurance	Most major insurance plans; Medicare Assignment is accepted.	X		X	X		X	X	Services provided in office, home or facilities; Geriatric Care Management; workshops and consultations available; presentations on aging, ethics and end of life issues; support groups.
Piper, Jeff 4500 West Pine Saint Louis, MO 63108- (314) 361-5983 or (314) 805-4875	MSW, LCSW	1 week	\$90/hr., sliding scale fee	Medicare	X	X	X			X	X	Supportive Counseling; Insight-Oriented Psychotherapy, Caregiver Stress, Grief and Loss Groups
Provident, Inc. 2650 Olive Boulevard Saint Louis, MO 63103- (314) 533-8200 or (800) 782-1008	MSW; LCSW; LPC	5 Days	Based on Income	Yes	X	X	X	X	X	X	X	5 Locations in surrounding areas; Anger management; Substance abuse; 24-hour emergency services.
Psychological Service Center Washington University, 7 North Jackson Saint Louis, MO 63105- (314) 935-6555	Adv Grad. Students	1 week	\$15-\$85/hr.; Sliding scale	No	X		X	X		X	X	Anxiety and eating disorders; Grief; Phobias; Relationships; Sexual abuse; Neuro-psychological testing. Age 17 and up

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Reschke, Anat H. 10420 Old Olive Street Road, Suite 202 Saint Louis, MO 63141- (314) 991-9700	PhD	Average 10 days	Initial \$170; Follow-up \$140; Sliding Scale	Most major insurance plans; Medicare	X		X		X	X	X	Grief; Health Psychology and Chronic Medical Illness; Anxiety; Adjustment Issues.
Rocco, Yvonne 14323 South Outer Forty, Suite 607 Chesterfield, MO 63017- (314) 205-9344	MA; LPC	1-2 days	\$95 per 50 minute session	Yes	X		X		X	X	X	Adjustment issues; Grief support; Anxieties; Phobias; 24-hour emergency service.
Salois, Michele (Mercy Professional Services) 8420 Delmar Boulevard, Suite 209 Saint Louis, MO 63124- (314) 993-8818	RN; MSW; LCSW; AAMFT	1-2 weeks	\$100/hr.; Sliding Scale	Yes; Medicare	X	X	X	X	X	X	X	Anxiety; Grief support; Abuse issues; Child therapy; 24-hour emergency services.
Schiele Clinic, St. Louis Psychoanalytic Institute 8820 Ladue Road, 3rd Floor Saint Louis, MO 63124- (314) 361-7075	MD; RN; MSW; M. Ed;	1-2 weeks	Sliding scale	Insurance accepted by some counselors		X	X		X	X	X	Assessment; Individual and group psychotherapy; psychoanalysis and referrals.
Steffen, Dr. Ann 1 University Boulevard, 232 Stadler Hall Saint Louis, MO 63121- (314) 516-5824 or (314) 516-5382	Ph.D.	1-2 weeks	Sliding Scale	Some	X		X	X	X	X	X	Home visits available; Caregiving issues; Grief; Chronic health, pain, or sleep problems; 24-hour emergency services.
Szwabo, Peggy (Executive Neuropsychiatric) 225 South Meramec Avenue, Suite 1221 T Clayton, MO 63105- (314) 367-3050 or (314) 603-5339	PhD; LCSW; APN	up to 2 weeks	Initial Consult \$190; Follow-up \$130/hr.	Most	X	X	X	X	X	X	X	Guilt/separation issues; Behavior problems; Mental retardation; 24-hour on call emergency services.

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Tapestry Counseling LLC [Patti Bitter] 10820 Sunset Office Drive, Suite 204 Sunset Hills, MO 63127- (314) 965-7494	MSW, LCSW	Under 1 week	\$110/hr.; Reduced Fees Available	Out-of-Net work insurance provider	X	X	X				X	Grief counseling; Home visits for death and dying patients; 24-hour emergency services;
Transformation Counseling (Kate Schroeder) 8134 Big Bend Blvd Webster Groves, MO 63119- (314) 910-8260	M.Ed., LPC, NCC	One week or less	\$90 per individual, \$125 per couple, \$150 per family	None	X	X	X	X	X	X	X	LGBTQ, mood, anxiety and eating disorders, addictions, grief/loss, trauma, parenting, family, interpersonal and relationship concerns, behavioral concerns, career and assessment, body-mind-spirit healing
Walter's Walk (Jean Moretto) 737 Dunn Road Hazelwood, MO 63042- (314) 731-2433	PhD, LPC	1 Week	Sliding Scale \$0-\$100		X	X	X		X	X	X	Individual Counseling, Groups and Workshops, Mind-Body Health Therapies, Relaxation / Meditation, Spiritual Direction, Weight Management Education, Budget Planning
Weintraub, Fran 9374 Olive Boulevard, Suite 103 Saint Louis, MO 63132- (314) 997-2424	MSW; LCSW	1 week or less	\$130/hr.; Negotiable	Limited	X	X	X	X		X	X	Grief/loss issues; Woman's issues; Anxiety; Couples counseling; Certified EMDR; 24-hour emergency services.