



Houston and Southeast Texas Chapter
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Dear Families/Caregivers,

Attached is a list of Residential Care Homes (Personal Care Homes) in the area that you specified. Those facilities, which returned the Alzheimer's Association questionnaire, have all columns filled. If there are blanks, the information was not provided to us. The costs listed may or may not reflect additional costs relating to the level of care needed by specific individuals. Therefore, don't let the listed costs deter you from investigating certain living facilities.

Attached to this letter are "Standards for Certified Alzheimer's Assisted Living Facilities" and "Licensing Standards for Assisted Living Facilities" which discusses Size and Type, as established by the Texas Department of Human Services. Personal Care Homes fall under the Assisted Living Licensing standards. We have indicated on our attached list those facilities having Alzheimer's certification and also the Type/Size category.

For information regarding the assisted living facilities' latest state survey results, etc., please call The Texas Department of Human Services, Long Term Care-Regulatory Customer Service at 1-800-252-8016.

If the Alzheimer's Association can be of further service, please contact a HELpline volunteer at 713-314-1313 or 713-314-1314.

Thank you!

TEXAS DEPARTMENT OF HUMAN SERVICES
Licensing Standards for Assisted Living Facilities

Assisted living services are driven by a service philosophy that emphasizes personal dignity, autonomy, independence, and privacy. Assisted living services should enhance a person's ability to age in place in a residential setting while receiving increasing or decreasing levels of service as the person's needs change.

Size Categories:

Large: 17 or more beds

Small: 4-16 beds

Less than 4 beds is not regulated by the State of Texas

Types of assisted living facilities are as follows.

Type A. In a Type A facility a resident:

- (A) must be physically and mentally capable of evacuating the facility unassisted. This may include mobile nonambulatory persons such as those who are in wheelchairs or electric carts and have the capacity to transfer and evacuate themselves in an emergency;
- (B) does not require routine attendance during nighttime sleeping hours; and
- (C) must be capable of following directions under emergency conditions.

Type B. In a Type B facility a resident may:

- (A) require staff assistance to evacuate;
- (B) be incapable of following directions under emergency conditions;
- (C) require attendance during nighttime sleeping hours; or
- (D) not be permanently bedfast, but may require assistance in transferring to and from a wheelchair.

(E) Only Type facility that can admit Alzheimer's patients

Type C. A four-bed facility which meets the minimum standards and program rules for enrollment with the Texas Department of Human Services as an adult foster care facility and is so enrolled on the effective date of this rule will be deemed licensed as a Type C facility without having to apply for an assisted living facility license.

Type E.

(A) Limitation on types of residents. In a Type E facility, a resident:

- must be physically and mentally capable of evacuating the facility unassisted. This may include persons who are mobile, although nonambulatory, such as persons in wheelchairs or electric carts having the capacity to transfer and evacuate themselves in an emergency;
- must not require routine attendance during nighttime sleeping hours; and
- must be capable of following directions under emergency conditions.

(B) Limitation on types of services. Notwithstanding any other provision in this chapter, Type E facilities may only provide medication supervision, and may not provide substantial assistance with the activities of daily living - meals, dressing, movement, bathing, or other personal needs or maintenance.

**TEXAS DEPARTMENT OF HUMAN SERVICES
Standards for Certified Alzheimer's Assisted Living Facility**

In addition to the requirements established by State of Texas for Assisted Living Facilities, the following additional items are required for Certified Alzheimer's Units:

- The manager of a certified Alzheimer's facility must be 21 years of age and have college degree in nursing, health care management, psychology, gerontology or related field, and at least one year experience working with persons with dementia. The manager must complete six hours of annual continuing education regarding dementia care.

- All staff members must receive four hours of dementia-specific orientation prior to assuming any job responsibilities.
- Direct care staff must receive 16 hours of on-the-job supervision and training within the first 16 hours of employment following orientation. They must annually complete 12 hours of in-service education regarding Alzheimer's disease.
- Facility must employ sufficient staff to provide services for and meet the needs of its Alzheimer's residents. In large facilities or units with 17 or more residents, two staff members must be immediately available when residents are present.
- Facility must establish procedures, such as an application process, interviews, and home visits, to ensure that prospective residents are appropriate and their needs can be met.
- The facility must make a comprehensive assessment of each resident within 14 days of admission and annually.
- Facility staff, with input from the family, if available, must develop an individualized service plan for each resident, based upon the resident assessment, within 14 days of admission. The service plan must address the individual needs, preferences, and strengths of the resident. The service plan must be designed to help the resident maintain the highest possible level of physical, cognitive, and social functioning.
- The facility must encourage socialization, cognitive awareness, self-expression, and physical activity in a planned and structured activities program. Activities must be individualized, based upon the resident assessment, and appropriate for each resident's abilities.
- Alzheimer's units, if segregated from other parts of the Type "B" facility with approved security devices, must meet state requirements for living areas, dining areas, toilet/bath facilities, monitoring stations, exit doors and outdoor areas.

Residential Care Homes **(Personal Care Homes)**

Every effort has been made to offer a complete listing of Residential Care Homes. A Residential Care Home is usually a single family home licensed to provide assistance with medications, bathing, and dressing. The following are facilities that have expressed interest in being on this list by returning the Alzheimer's Association questionnaires. The Alzheimer's Association does not endorse any Residential Care Home listed. There are other facilities in our area.

Facility	Area or Region	Type of License	# of Beds	Short Term Respite	Security System	Non-Ambulatory patients?	Cost
Braeswood Personal Care Homes 3519 South Braeswood Houston, TX 77025 Phone: 713-666-6545 Fax: 713-728-0322	Inside 610 Loop	A Small	12		Alarms on every exit/door; locked gate and garage	No	\$1800/mo minimum
Chauncy's Retreat 7117 Spillar St. Hitchcock, TX 77563 Phone: 409-986-5783 Fax: 409-986-9859	Galveston County	A Small	8	Yes	Security system; Fenced with gates.	No	\$1700/mo

Collier Park Retirement Community 4650 Collier Street Beaumont, TX 77706 Phone: 409-899-4800 Fax: 409-899-3030	Jefferson County	A large	71	Yes	Not a locked-down unit; Gate for parking area	no	\$400-\$1500/mo
Com For Care Program 5215 Spruce Bellaire, TX 77402 P.O. Box 106 (mailing address) Bellaire, TX 77402 Phone: 713-664-4677 Fax: 713-592-6359	Southwest Harris County	B small	55		Wander guard locked yard audible alarms	yes	\$1950-\$2800/mo
Dowlen Oaks Assisted Living 2250 N. Dowlen Road Beaumont, TX 77706 Phone: 409-866-8090 Fax: 409-866-2929	Jefferson County	B large	80	Yes	Lifeline	No	\$1700/mo minimum
Good Living Community Care 5719 Dolores St. Houston, TX 77057 Phone: 713-953-0848 Fax: 713-953-0652	Southwest Harris County Harris County	A Small B Small	12-16	Yes	24 Hour Supervision	yes	\$1200-\$1500/mo

Greenway Manor 3625 Hopper Road Houston, TX 77093-2719 Phone: 281-987-3767 Fax: 281-987-7202	Northeast Harris County	A small	15	No	Tall fence and monitor staff	No	
Happy Senior Home Care 4119 Park Douglas Drive Houston, TX 77084 Phone: 281-550-9872 Fax: 281-855-9112	Northwest Harris County	A Small	7	Yes	Security system that notifies staff of anyone leaving or entering building	No	\$1200/mo minimum
Home Sweet Home PCH 12142 7 th Houston, TX 77072 Phone: 281-530-2599 Fax: 281-530-2599	Southwest Harris County	B Small	12	Yes	Alarm on all doors	yes	\$1950/mo
Ideal Home Care Services 7214 Las Brasis Houston, Texas 77083 Contact: Pauline Harrison Phone: 281-568-7927 Fax: 281-568-7927	Southwest Harris County	A&B Small	10	Yes	Alarm on exist doors	yes	\$1650/mo minimum
Kashmere Garden RCF 6112 Crane Street Houston, Texas 77026 Phone: 713-672-6108 Fax: 713-672-6167	Inside 610 Loop	A&B Small	9	Yes	Electronic exit locks Grounds Fenced and Gated	Yes	\$1200-\$2700/mo

Light Heart Care Homes 910 Kingsgate Lane Houston, TX 77058 (Webster) Phone: 281-282-0770 Fax: 281-333-3005	Southeast Harris County	B small	8	Yes	Magnetic locks with keypad on doors and gates.	Yes	\$3250/mo
Lucas House 2910 Toccoa Rd. Beaumont, TX 77703 Phone: 409-896-2332 Fax: 409-896-2539	Jefferson County	B Small	50	Yes Two Week Min.	Locked exist alarms	Yes	\$2682/mo minimum
Optimum Personal Care 2021 FM 1092 (Murphy Rd) Missouri City, TX 77459 Phone: 281-565-4144 Fax: 281-208-3042	Fort Bend County	B Small Small	40	Yes	Enclosed fencing. Controlled Access, Video cameras	yes	\$2950-\$3150/mo
Plantation Personal Care Home 4118 Knight Road Fresno, TX 77545 Phone: 281-431-0994 Fax: 281-341-0995	Fort Bend County	B small	16	Yes	Doors monitored with bells; exterior fence secured.	Yes	\$3500-\$4000/mo
Spring Branch Care Homes 3815 April 77092 & 9619 Truscon 77080 Houston, TX Phone: 713-467-4444	Northwest Harris County	A Small	8	Yes	Door alarms	yes	\$1800-\$2300/mo

Facility	Area/region	Type of license	# of Beds	Short term respite		Non ambulatory patients	Cost
Unlimited Care- Personal Care Cottages 31 Windfern Place The Woodlands TX. 77382	The Woodlands	Type Small	15	Yes	Yes- Door alarms/be d alarms Secured unit	Yes	\$3000- \$4000 monthly
Tiffs Tender Care Inc. 3803 Carlson Lane Houston TX 77047 713-733-5607 281-701-1123	SW Harris County	Type A& B	15	Yes	Door alarms	Yes	\$3600- 4000
Tranquility Personal Care Home 12520 A-1 Westheimer #265 Houston TX 77077 713-783-2404 713-467-0143	SW Harris	A&B	15	Yes	Door Alarms	Yes	\$2200 monthly minimum