

Activity Based Alzheimer Care: Building a Therapeutic Program

March 19, 2009

8 a.m. – 4 p.m.

**United Way
Community
Resource Center**

50 Waugh Drive
Houston, TX 77007

Registration Fee \$90

Includes CEUs,
training manual, continental
breakfast, and lunch.

For More Information

Suzanne Perry Slavens, M.S., M.P.H.
713.314.1373
suzanne.perryslavens@alz.org

Katie Olson
713.314.1383
katie.olson@alz.org

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County Area Agency on Aging.*

Presented by

alzheimer's 
association

Houston & Southeast Texas Chapter

About the Program

Activities are an integral part of human existence. Activities give meaning to our lives, help us structure our day, give us a sense of accomplishment, and make us feel valued. This is especially true for individuals with Alzheimer's disease. Activities are a fundamental component of dementia care.

Activity Based Alzheimer Care explains that activities are the foundation of care. Every event, encounter and exchange is an activity. The scope of activities includes every interaction with family, staff members, volunteers and other individuals- not only scheduled events provided by activity staff.

What Attendees Will Learn

Upon completion of this program, attendees will be able to:

- Explore the fundamental components of Activity Based Alzheimer Care
- Examine effective strategies for assessment and care planning
- Identify program design options and methods for implementation
- Discover ways to adapt activities and the environment to better meet individual needs
- Identify and discuss a variety of ways to evaluate new and current programs

Program Schedule



8:00 a.m.	Registration
8:30 a.m.	Welcome & Overview
9:00 a.m.	Activity Based Alzheimer Care
9:45 a.m.	Morning Break
10:00 a.m.	Assessment & Care Planning
11:00 a.m.	Program Design
12:00 p.m.	Lunch & Idea Exchange
1:00 p.m.	Quality Activities
1:45 p.m.	Afternoon Break
2:00 p.m.	Program Evaluation
2:45 p.m.	Teamwork
3:30 p.m.	Evaluations

Activity Based Alzheimer Care: Building a Therapeutic Program was developed by the Alzheimer's Association along with some of the nation's leading activity experts in dementia care to support care settings and caregiving staff in building therapeutic programs. Content and objectives are based on information and input from national focus groups, pilot programs, Association chapter representatives and other national organizations.



Location and Directions:

United Way Community Resource Center is located just south of Houston Heights at 50 Waugh Drive (Waugh Drive @ Feagan). Parking is free.

Continuing Education:

This program is pre-approved for 7 clock hours of continuing education through the National Certification Council for Activity Professionals (NCCAP) and for .6 CEUs through the American Therapeutic Recreation Association (ATRA).

Register Today! www.alztex.org/abac or 713.314.1313

\$90 Registration Fee includes CEUs, training manual, continental breakfast, and lunch.

**Activity Based Alzheimer Care
Registration Form**

Name (please print) _____ Email _____

Title _____ Employer _____

Address _____ City _____ State _____ Zip _____

Day Phone (_____) _____ Special Needs (physical or dietary) _____

Credit Card: Visa Mastercard Discover American Express Exp. Date ____/____/____

Credit Card Number _____

Cardholder's Name _____ Cardholder's Signature _____

Check: Check # _____ Name on Check _____ Make checks payable to the Alzheimer's Association

Total Amount Enclosed _____

Mail the completed registration form with payment to **Alzheimer's Association, 2242 W. Holcombe Blvd., Houston, TX 77030** or fax to the attention of **Katie Olson** at **713.314.1315**.