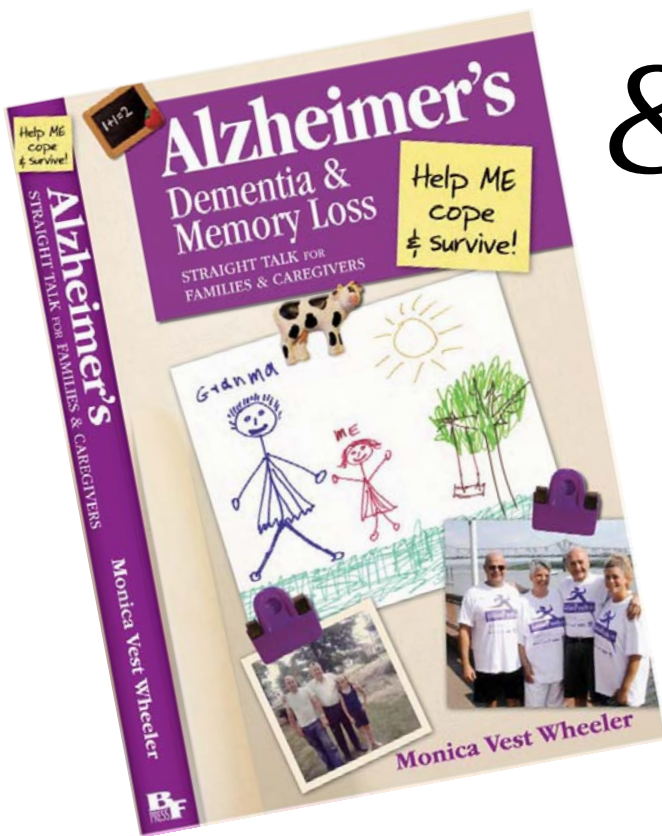


The alzheimer's  association®

& Knox County Library present the

Author of the book series...

# Help Me Cope & Survive!



## Plus Enroll in SafeReturn for FREE!

The Alzheimer's Association is waiving the \$55 fee for seniors in November.

**SafeReturn: A 24-hour nationwide emergency response service for individuals with Alzheimer's or related dementia who wander or have a medical emergency.**

\*Bring list of medications and recent photograph of loved one .

Alzheimer's Association, Eastern TN Chapter  
Knoxville: 865.544.6288  
[www.alz.org/tn](http://www.alz.org/tn)

Date: Thursday, November 12, 2009

Time: 6:30 — 8 p.m.

Bearden/West Knoxville Library

100 Golf Club Road

(located at the western end of Bearden Hill at the intersection of Papermill Rd. and Kingston Pike)  
865.588.8813.

Caregivers wondering how others cope with Alzheimer's disease will want to meet Monica Vest Wheeler.

The author and speaker best known for her work on the *Help ME Cope & Survive!* book series has made it her mission to talk to hundreds of caregivers, then compile their stories, tools, and insights related to the everyday challenges of caring for a loved one with Alzheimer's.

