



the compassion to care, the leadership to conquer

*Alzheimer's Disease: Life Goes On  
Post – Test*

The answers to the post test may be in the text of the seminar or the resources utilized in the development of each section. When completed, please submit to this form to [janet.cross@alz.org](mailto:janet.cross@alz.org), fax to 432-683-2345, or mail to Janet Cross, Program Coordinator, Alzheimer's Association STAR Chapter – Midland Region, 4400 N. Big Spring, Midland TX 79705.

I. The Many Emotions of Grief

- A. *Describe one intervention to cope with grief.*
- B. *Identify and describe three emotions common to grief.*

II. Stress Management

- A. *Identify three methods of stress management.*
- B. *Name one complication to long-term stress.*

III. Life After Loss

- A. *Identify a common difficulty for the caregiver following the loss of their loved one.*
- B. *Discuss one common reaction to loss.*

#### IV. Settling the Estate

*A. List four documents necessary to settle the estate.*

*B. Define “executor”.*

*C. Identify the most consideration in settling an estate.*