



the compassion to care, the leadership to conquer

*Alzheimer's Disease: The Journey Continues
Post – Test*

The answers to the post test may be in the text of the seminar or the resources utilized in the development of each section. When completed, please submit to this form to janet.cross@alz.org, fax to 432-683-2345, or mail to Janet Cross, Program Coordinator, Alzheimer's Association STAR Chapter – Midland Region, 4400 N. Big Spring, Midland TX 79705.

I. Alzheimer's – The Middle Stage

- A. *Describe the difference between the early stage and middle stage of Alzheimer's disease.*

- B. *List five changes common to the middle stage.*

II. Communication

- A. *List three strategies for communicating with a person with dementia.*

III. Challenging Behaviors

- A. *Identify and describe five challenging behaviors.*

- B. *List three interventions to diffuse a difficult situation.*

IV. Safe Return

A. Define the Safe Return program.

B. Identify how many people with Alzheimer's disease may wander.

V. Choosing a New Home

A. List three reasons for making the decision to place someone with dementia in a facility.

B. Describe two options for placement.

C. List four things to consider when making the decision for placement.

VI. Stress and the Caregiver

A. Define stress.

B. Identify three methods of stress management.

VII. Respite Care

A. Define respite.

B. Identify two options for respite care.

VIII. Spirituality and the Caregiver

A. Define spirituality as it relates to caregiving.