

Support Groups Listed in Alphabetical Order by City

BOUNTIFUL South Davis Comm Hosp
484 East 500 South, Conference Rm
Meet: Ea Thursday at 3pm – 4:30 pm
Contact: Kevin Whatcott at 801.746.1080
kevinw@homewatchcaregivers.com

BRIGHAM CITY Memory Club
Brigham City Senior Center
Caregivers & receivers meet separately
Meet: 2nd & 4th Wed. from 10am –noon.
Contact: Vickie Wright at 435.723.3303
vwright@brighamcity.utah.gov

Comfort Club
Brigham City Senior Center
All caregivers invited, Light meal
Sponsored by Brigham City Senior Center
Meet: 2nd Thur. evening from 6pm -8pm
Contact: Vickie Wright at 435.723.3303
vwright@brighamcity.utah.gov

Brain Builders
347 North Main
Meet: 3rd Thur. 3pm – 4pm
Contact: Allison Richman at 435.713.1462
allisonr@brag.utah.gov

CACHE COUNTY Cache County Support Group
Cache County Senior Center
Caregivers & receivers meet separately
Meet: 2nd & 4th Tue. From 10:30am – noon
Contact: Deborah Crowther at 435.713.1462
deborahc@brag.utah.org

CEDAR CITY Emerald Point Assisted Living
995 Regency Rd, 2nd Floor
Meet: 2nd Fri. at 1pm
Free onsite respite avail. w/ 1 week notice
Contact: Jake Call at 435.867.0055
admin@emeraldpointalf.com

CLEARFIELD Chancellor Gardens
1425 South 1500 East
Meet: 3rd Sat. at 2pm
Contact: Mary Rodriguez at 801.779.0798

maryrodriguez@mbk.com

COALVILLE Denise's Homeplate
Main Street
Meet: 4th Thur. at 1pm Free Respite
Contact: Linda Morrison at 435.640.2690
lmorrison@mountainland.org

The Coventry
6898 South 2300 East
Meet: TBA

DRAPER Wentworth @ Draper
11631 South 700 East
Meet: 3rd Thur. from 6pm-7pm
Contact: Betty Ann Bruin at 801.523.9393
mktdraper@seniormc.net

HEBER CITY Wasatch Senior Center
Caregivers Night Out
465 East 1200 South
Contact: Linda Morrison at 435.640.2690
lmorrison@mountainland.org

HOLLADAY Mount Olympus Senior Center
Meet: 3rd Thur. at 9:30am
Contact: Becky Price at 801.453.9600
Holladay.dcr@sunriseseniorliving.com

Sunrise at Holladay
4650 South Highland Dr
Meet: last Thur. from 6:30pm – 7:30pm
Contact: Sheryl Salas-Diamantino at 801.424.2200
Holladay.rc@sunriseseniorliving.com

Silverado Senior Living
1430 East 4500 South
Meet: 3rd Thur. at 6pm
Contact: Kelly Winchester at 801.272.8000
kwinchester@silveradosenior.com

Wellington
Grief & Loss Group
4522 South 1300 East
Meet: 3rd Wed. at 6pm
Contact: Nate McClure at 801.547.0812
nathanmclure@comforthospicecare.com

HURRICANE Hurricane Rehab Center
416 North State Street
Meet: 1st Tue. At 2pm
Contact: Becky McRae at 435.635.9833
lheaton@missionhealthservices.org

LAYTON Legacy Village of Layton
Meet: Every other Thurs. from 4:30pm -5:30pm
Contact: Kelly Ulm at 801-807-0112

LEHI Care reminders
4161 N. Thanksgiving Way, Ste 302
Meet: Cal for location & time
Contact: Alyson Walker at 801.766.1927
mkeaton@care reminders.com

LOGAN Cache County Caregiver Support Group
240 North 100 East
Meet: 1st, 2nd & 4th Tue. At 1pm-2pm
Contact: Deborah Crowther at 435.713.1462
deborahc@brag.utah.org

Bear River Valley Caregiver Support Group
170 North Main
Meet: 1st & 3rd Thur. from 10:30am – noon
Contact: Deborah Crowther at 435.713.1462
deborahc@brag.utah.org

Taking Care of the Caregiver
Cache Valley Assisted Liv Cnt
233 North Main St.
Meet: Ea Wed. from 3:30pm- 4:30pm
Contact: Kimmett Smith at 435.792.4770
kimmett@cachevalleyassistedliving.com

MIDVALE Canyon Creek
7235 South Union Park
Meet: 3rd Tue. At 5:30pm
Contact: Terri at 801.568.9909
Canyon.kw@bpm senior.com

MILFORD Milford Senior Center
410 North 100 West
Meet: 2nd Tue. At 10am
Contact: Scott Symond at 435.387.2379
Slk838@hotmail.com

MURRAY Latino Dementia Caregiver Support Group
AAUC- 855 East 4800 South, Ste 100
Meet: TBA
Contact: Sylvia Brunisholz at 801.265.1944
Sylvia.brunisholz@alz.org

Dementia Care Professionals Group
AAUC- 855 East 4800 South, Ste 100
Meet: last Fri. at 2pm
Contact: Nick Zullo at 801.265.1944
Nick.zullo@alz.org

Maintain Your Brain Series
AAUC- 855 East 4800 South, Ste 100
Meet: 4th Tue. At 3:30pm
Contact: Sylvia Brunisholz at 801.265.1944
Sylvia.brunisholz@alz.org

Murray Memory Builders
AAUC- 855 East 4800 South, Ste 100
Meet: 2nd & 4th Wed. at 1:15pm
Contact: Maurice Wells at 801.572.1306
Sylvia Brunisholz at 801.265.1944
Sylvia.brunisholz@alz.org

NORTH DAVIS Senior Activity Center
Breakfast for the Brain
Meet: Each Wed. from 10am-11am
Contact: Laura Keirstead at 801.525.5057
Laura.owen-keirstead@alz.org

OAKLEY Elk Meadows
400 West 4200 North
Meet: 3rd Thur. at 4pm
Contact: Linda Morrison at 435.640.2690
lmorrison@mountainland.org

OGDEN Emeritus Estates (North End of Ogden)
1340 N. Washington Blvd.
Meet: 2nd Tue. Every other mo. at 6pm
Free onsite respite - rsvp
Contact: Lillian Feller at 801.737.1230
Emeritusestates-crd@emeritus.com

Mountain Ridge Assisted Living
1885 E. Skyline Dr.
Meet: Last Wed. at 6:30pm
Free onsite respite - rsvp
Contact: Monica Swaner at 801.475.5111
mountainpd@isllc.com

Golden Hours Senior Living
650 25th Street
Free onsite respite
Meet: Every other Thur. from 5:30pm-8:00pm
Contact: Leah at 801.399.5230
Paula at 801.389.0473 or Birchcreek Home
Health & Hospice 801.452.6066

George E. Wahlen Veterans Home
1102 North 1200 West
Meet: TBA please call
Contact: Kelly Otterson at 801.334.4346
kotterson@avalonhci.com

PLEASANT GROVE
Meet: 2nd Wed. at 11:00am, Call for location
Contact: Geri Lehnardt at 801.229.3714
glehnardt@mountainland.org

PRICE Active Re-Entry
10 South Fairgrounds Rd
Alzheimer's and general caregiver group
Meet: Last Wed. of mo at 1pm
Contact: Lisa Perla at 435.637.4950
lisa@arecil.org

PROVIDENCE Cache Valley Assisted Liv Cnt
233 North Main St.
Meet: TBA
Contact: Kimmett Smith at 435.792.4770
kimmett@cachevalleyassistedliving.com

PROVO Courtyard at Jamestown
3352 North 100 East
Meet: 3rd Thur. at 1pm
Contact: Mindy Hill at 801.377.3730
mindyhill@courtyardassistedliving.com

Provo Eldred Senior Center
270 West 500 North
Meet: 1st & 3rd Tues. at 6:30pm
Contact: Geri Lehnardt at 801.229.3714

glehnardt@mountainland.org

RICHFIELD Richfield Rehab & Care Cnt
83 East 100 North
Meet: 3rd Thur. at 2:30pm
Contact: Ashlee Christensen at 435.869.8211
Ashlee.christensen@avalonhci.com

ROY Heritage Park Care Center
2700 West 5600 South
Meet: 4th Thursday at 6:00pm
Contact: Julee Rose at 801-825-9731

SALT LAKE CITY Brighton Gardens
76 South 500 East
Meet: 4th Wed. at 6:30pm
Contact: Jill Driesco at 801.359.0050
Saltlakecity_mcd@emeritus.com

VA Nursing Home
700 Foothill Blvd.
Meet: 2nd Wed. at 3:00pm
Contact: Rachel Stoddard at 801.584.1900
Rachel.stoddard@avalonhci.com

Caring Connection
Grief & Loss Group U of U
Meet: 8 week sessions begin Sep. 7, Wed. 6pm-
7:30pm
Contact: Shauna Rees at 801.585.9522
Shauna.rees@nurs.utah.edu

Silverado Senior Living
1430 East 4500 South
Meet: 1st & 3rd Thurs. beginning 8.18.11
1:30pm – 3:00pm
Contact: Kellie Winchester or Randi Garvin at
801-272-8000

The Lunch Bunch
Meet: 2nd Wed. at noon
Contact: Chuck Kreher at 801.278.5555
Sharon Strong at 801.943.9971

SANDY Sunrise at Sandy
Family Gathering
2130 East 9400 South
Meet: 4th Thur. at 6:30pm

Contact: Jessie Bergstrom at 801.453.9600
x1206

Sandy.rc@sunriseseniorliving.com

Sandy Senior Center Frontotemporal Dementia
9310 South 1300 East

Meet: 2nd Wed. at 10am

Contact: Bonnie Shepherd at 801.231.3442

bbshepherd@comcast.net

Wentworth at Willowcreek

8325 S. Highland Drive

Meet: TBA

Contact: Chris Beckstrand at 801.733.6363

mktwillowcreek@seniormc.com

Sandy Regional Health Center

550 East 9000 South

Meet: 2nd Tue. Beginning Dec. 14th at 7pm

Contact: Carolyn Bates at 801.568.4220

cbates@horizonwest.com

Maurice at 801.572.1306

marwells@yahoo.com

SOUTH JORDAN Legacy House of South
Jordan

1517 West Temple Lane

Meet: TBA

Contact: Rose Black at 801.254.0373

roseb@wslm.biz

SPRINGVILLE

Meet: 3rd Wed. at 1:30pm, call for location

Contact: Glenys Coon at 801.367.9929

gercoon@gmail.com

ST. GEORGE Cliff View Senior Living

134 West 2025 South Circle

Respite is available

Meet: 2nd Thur. at 2pm

Contact: Maria Bailey at 435.628.1117

cliffviewsales@wmconnect.com

Early Stage Memory Loss Class

For persons with early stage memory loss
& primary caregiver

You must preregister to attend

Meet: Sep. 14th – for 10 weeks. Seating is
limited.

Contact: LuAnn Lundquist at 435.628.8656

Luann.lundquist@alz.org

St. George Care & Rehab Center

1032 East 100 South

Meet: 4th Tue. At 5:15pm

Contact: Sharon Mathers at 435.628.0488

Kolob Care & Rehab

178 South 1200 East

Meet: 3rd Thur. at noon. Free lunch

Contact: Rose Garcia at 435.688.1207

communityliason@kolobcare.com

TOOELE Tooele Senior Center

Meet: 3rd Tue. At 2:30pm No meeting in June

Contact: Frank Reed at 435.843.4107

freed@co.tooele.ut.us

TREMONTON Bear River Valley Senior Center

510 West 1000 North

Breakfast Club

Meet: 1st & 3rd Thur. at 10:30am

Contact: Marian Layne at 435.257.9455

Caregiver Support Meeting

Tremonton Senior Center

Families & or professional caregivers

Meet: 1st & 3rd Thur. from 11:00am – noon

Contact: Deborah Crowther at 435.713.1462

deborahc@brag.utah.org

UTAH COUNTY NORTH Utah County Lunch
Bunch

Meet: 2nd Wed. at 11:30am- rsvp

Contact: Geri Lehnardt at 801.229.3714

glehnardt@mountainland.org

UTAH COUNTY SOUTH Utah County Lunch
Bunch

Meet: 3rd Thur. at noon- rsvp

Contact: Geri Lehnardt at 801.229.3714

glehnardt@mountainland.org

WEST HAVEN Peachtree Place Assisted Living

4607 South Midland Drive

Meet: 4th Wed. at 7:00pm

Contact: Cathy Voit at 801.686.3678

WEST VALLEY CITY Legacy Village Memory
Care
5472 South 3200 West
Meet: 1st & 3rd Tue. At 3:00pm
Contact: Dave Egbert @ 801.613.4650
davee@wslm.biz