

Alzheimer's Association/Vermont Chapter

helping the helper

when a loved one has alzheimer's

© 2011 by the Alzheimer's Association /Vermont Chapter
All rights reserved.

alzheimer's  association™

the compassion to care, the leadership to conquer

© 2001, 2003, 2008, 2011 All rights reserved.

Funded through a grant from the Fanny Allen Corporation

Printed in the United States by Accura Printing in South Barre, Vermont 2001, 2003, 2008

Printed in the United States by Lotus Graphics, in Brattleboro, Vermont 2011

Available from:

The Alzheimer's Association/Vermont Chapter
300 Cornerstone Drive, Suite 128
Williston, Vermont 05495

Vermont Office: 802-316-3839

24/7 Helpline: 800-272-3900

www.alz.org/vermont

We offer our heartfelt gratitude for the sharp eyes, broad knowledge, and deep caring of all of the people who have contributed over the years to make this publication a positive resource. A special thank you goes to the Fanny Allen Corporation for their strong support and financial underwriting of this project. Our deepest gratitude goes to all caregivers who give so much of themselves in making a better life for their loved one with Alzheimer's disease or related disorder and for their willingness to share their struggles and triumphs to assist others.