

Support Group Listings

Northern Arizona



IN PERSON SUPPORT GROUPS

Bullhead City

Bullhead City Nutrition Center
2275 Trane Road

 **2nd & 4th Monday | 12:00 p.m.**

Chino Valley

Chino Valley Senior Center
1021 W Butterfield Road

 **2nd & 4th Thursday | 1:00 p.m.**

Cottonwood

Cottonwood Public Library
100 S. 6th Street

 **Every Wednesday | 1:00 p.m.**

Eager

Round Valley Public Library
179 S. Main Street

 **3rd Tuesday | 1:00 p.m.**

Kingman

The Lingenfelter Center
Meeting in the Chapel
1099 Sunrise Avenue

 **1st & 3rd Wednesday | 10:00 a.m.**

Peach Springs

Hwalby Tribe Support Group
Elder Center Hualapai Senior Center
587 Canyon View Drive
Contact Barbara Tinhorn at barbaratinhorn@yahoo.com

 **2nd Wednesday | 5:15 p.m.**

Prescott

Prescott United Methodist Church
505 W. Gurley Street

 **1st & 3rd Monday | 10:00 a.m.**

Touchmark at The Ranch
3198 Touchmark Blvd
Terrace Lodge - Memory Care Building

 **1st & 3rd Thursday | 1:00 p.m.**

Prescott Valley

Prescott Valley Public Library
7401 E. Skoog Boulevard

 **2nd & 4th Monday | 10:00 a.m.**

St. John's

St. Johns Public Library
35 South 3rd West PO Box 766

 **2nd Wednesday | 1:00 p.m.**

For more info or to register: Jaymie Lewis-Smith 928.337.4923

GRUPO DE APOYO EN ESPAÑOL

Alzheimer's Association

Número de Teléfono: 1-650-466-6070

ID: 212 886 453#

 **El Tercer Miércoles del Mes | 10:00 a.m.**

For assistance or to register: 800.272.3900

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EARLY STAGE SUPPORT GROUP

Prescott Valley Public Library

7401 E. Skoog Blvd
Glassford Room



Wednesdays | 10:00 a.m.

**For more information: Please contact Susie James at 928.771.9257
sjames@alz.org or 24/7 Helpline 1.800.272.3900

VIRTUAL/HYBRID SUPPORT GROUPS

Flagstaff**

Sugar & Spice In-Home Care
1300 S. Milton Avenue
Suite 224



2nd & 4th Tuesday | 10:00 a.m.

** NOTE: This group intended for those living in Flagstaff area

LGBTQ+ Senior Caregiver

Contact Molly Freibott, info@prismaz.net



1st & 3rd Monday | 11:00 a.m.

Veterans Administration Hospital

For veteran caregivers only

Pre Screening required

Please call Laura Priest: 1-928-445-4860 ext. 6103 or

Karen Jensen at Karen.Jensen@va.gov



Every Friday | 1:30 p.m.

Navajo Nation Caregiver Group

To register: <https://tinyurl.com/2yvsd4cm>



2nd & 4th Monday | 3:30 p.m.

Northern Arizona Caregivers

Phone: 1-888-788-0099

Meeting ID: 912 0426 3365#

Passcode: 907656#



1st & 3rd Thursday | 10:00 a.m.

BEREAVED CAREGIVER SUPPORT GROUP

Flagstaff Bereavement Support Group

Group Available Virtually Only

Join Zoom Meeting:

Meeting ID: 989 6969 7160

Passcode: 135946

For more information or to register: Gemma O'Donnell (Facilitator) at mgodonne@asu.edu or 1.800.272.3900



4th Tuesday | 4:30 p.m.

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EARLY STAGE ENGAGEMENT GROUP

Music Program

Susan J Rheem Adult Day Center
3407 N. Windsong Drive
Prescott Valley, AZ

 **2nd Thursday | 1:15 p.m.**

Crafts Program

The Landings of Prescott Valley
3500 N Windsong Drive
Prescott Valley, AZ

 **3rd Tuesday | 10:00 a.m.**

Social Engagement

Highlands Center for Natural History
1375 S Walker Road
Prescott, AZ

 **Last Friday | 10:00 a.m.**

*Seasonal June - September

**For more information: Please contact Susie James at 928.771.9257
sjames@alz.org or 24/7 Helpline 1.800.272.3900