



## A MUSIC AND MEMORY PROGRAM

### WHAT:

The Roth Project: Music Memories uses personalized playlists which our trained staff assist to load onto easy to use portable music players with over the ear headphones.

### WHO:

Individuals in any stage of Alzheimer's Disease or a related dementia. Both family and professional caregivers are encouraged to schedule a free consultation. Those enrolling in the program will be assisted to develop a care plan to make sure their loved one gets the full benefit of this unique therapeutic technique.

### WHERE:

Individuals, families and long-term care providers are welcome to participate. The Roth Project is convenient and portable for any setting, and our staff provide the support and assistance to make sure it works, whether you're in the home, a care facility, or anywhere else.

### WHY:

Why not? When used according to a care plan we assist caregivers to develop, iPod therapy can help to decrease the instance of difficult behaviors, connect with loved ones at any stage of the disease, improve communication, and increase overall quality of life. Help reach your loved one through the memories you share through personalized music in an easy to use therapeutic format.

**Alzheimer's Association**  
**Central & Western Kansas Chapter**  
**1820 E Douglas, Wichita, KS 67214**  
**316.267.7333 or 800.272.3900**  
**[cwks helpline@alz.org](mailto:cwks helpline@alz.org)**

