

# **Alzheimer's Association, Central and Western Virginia Chapter**

## **PROGRAMS JANUARY - JUNE 2018**

All programs listed are open to everyone. Please note some programs we deliver are, at times, closed to individuals outside of their group and will not be on this calendar.

We do our best to keep this calendar up to date on a monthly basis. For the most up to date information, further program objective details, and to register online please visit our Community Resource Finder at [www.alz.org/crf](http://www.alz.org/crf)

If you would like to request a community education program, please contact us at 800-272-3900 and the appropriate staff member will contact you to schedule a speaker.

\*\* Our Chapter offers monthly New Volunteer Orientation on a scheduled basis in Charlottesville and Roanoke. We are able to schedule Orientations also in other areas as needed; call us anytime at 800-272-3900 to express your interest and obtain the Volunteer Profile information.

\*\* Our Chapter offers quarterly New Support Group Facilitator Trainings. Locations are determined depending on those who have expressed interest prior to the next quarter. There is a volunteer description and application for this role. For training held in our offices in Charlottesville and Harrisonburg contact Annie at [amarrs@alz.org](mailto:amarrs@alz.org); and for offices in Danville, Lynchburg, and Roanoke contact Annette at [aclark@alz.org](mailto:aclark@alz.org) - or call us anytime at 800-272-3900.

\*\* In addition to support group facilitator roles, we also have opportunities to facilitate our current social engagement opportunities titled Memory Cafe. There is a volunteer description and application for this role. For more information contact Lauren Deasy Blackshaw at [lblackshaw@alz.org](mailto:lblackshaw@alz.org) or call us anytime at 800-272-3900.

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### JANUARY

#### SOCIAL PROGRAMS FOR PERSONS EXPERIENCING MILD

MEMORY LOSS (designed for persons in the early stages of memory loss looking to meet others in a similar situation in an informal setting. Care-partners are welcome to join)

##### Roanoke Memory Cafe (1st Wednesday)

Wednesday, January 3rd

10:00am - 11:00am

Panera Bread, 4202-A Electric Road, Tanglewood Mall, **Roanoke, VA** 24018

Contact Annette Clark 434-973-6122 ext 8506 or aclark@alz.org

##### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (1st Wednesday)

Wednesday, January 3rd

1:00pm - 2:00pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA** 22904

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Harrisonburg Memory Cafe (2nd Tuesday)

Tuesday, January 9th

2:00pm-3:00pm

Mr. J's Bagels and Deli, 1731 S. High Street, **Harrisonburg, VA** 22801

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Culpeper Memory Cafe (2nd Wednesday)

Wednesday, January 10th

2:30pm - 3:30pm

Country Cookin', 247 Southgate Shopping Center, **Culpeper, VA** 22701

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Arts Fusion at the Maier Museum, Randolph College - Reservation Required (2nd Thursday)

Thursday, January 11th

10:00am - 11:00am

Maier Museum of Art, Randolph College, 1 Quinlan Street, **Lynchburg, VA**, 24503

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### Arts Fusion at the Taubman Museum- Reservation Required (2nd Thursday)

Thursday, January 11th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA** 24011

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Charlottesville Memory Cafe (3rd Monday)

Monday, January 15th (Martin Luther King Day)

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at Staunton Augusta Art Center-Reservation Required

Date TBD

10:00am-11:30am

Staunton Augusta Art Center, 20 S New St, **Staunton, VA** 24401

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Fluvanna Memory Cafe (3rd Wednesday)

Wednesday, January 17th

3:00pm - 4:00pm

Fluvanna County Library, 214 Commons Blvd, **Palmyra, VA** 22963

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (3rd Thursday)

Thursday, January 18th

2:30pm - 3:30pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA** 22904

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the McGuffey Arts Center- Reservation Required

Wednesday, January 31st

1:30pm – 3:30pm

McGuffey Arts Center, 201 2<sup>nd</sup> St. NW, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### Arts Fusion at the Taubman Museum- Reservation Required (4th Thursday)

Thursday, January 25th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA** 24011.

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

## JANUARY COMMUNITY PROGRAMS

### Alzheimer's Disease and Related Dementia: Before & After a Diagnosis (Two Part Series)

Tuesday January 16th (Feel free to join us for either or both dates).

12:30-2:00 PM. Feel free to bring a brown bag lunch

Jamerson YMCA, 801 Wyndhurst Drive, **Lynchburg, VA**

RSVP is appreciated at 800.272.3900.

### Volunteer Orientation and Basics - Roanoke

Wednesday, January 3

12 noon- 2pm - Lunch provided

Alzheimer's Association Office, 3959 Electric Road, Suite 357, **Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

### Building Your Skills for Dementia Care - 12 Hour DSS approved training.

Required as part of 40 Hours DSS Activity Training

Thursday, January 18th and Friday January 19th - Must attend BOTH DAYS

9:00am - 4:00pm both days - Lunch will be provided (Pizza)

Alzheimer's Association Office - 845 Hillsdale Drive, **Charlottesville, VA**

Registration required, email [ephipps@alz.org](mailto:ephipps@alz.org) for registration form

Call 434-973-6122 ext. 8507 for more information

\$99 per person

### Living with Alzheimer's for the Caregiver - Middle Stage

Thursday, January 18

12:30-2:30 pm

Carilion Clinic Center for Healthy Aging, 2001 Crystal Spring Ave. Community Conference Room,  
**Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### Understanding the behaviors of Alzheimer's & other dementias: Diana Bright, PAC Trainer

The presentation will cover types of behaviors and strategic care tips to better understand behaviors.

Saturday, January 20th

11:00am - 12 Noon

Culpeper County Library, 271 Southgate Shopping Center, **Culpeper, VA** 22701

### **Memory University: A NEW LECTURE SERIES!!**

Kick Off : The Quest to Conquer Alzheimer's with Dr. George Bloom, University of Virginia

Monday, January 22nd

2:30 - 4:00 PM

Westminster Canterbury of Blue Ridge, 250 Pantops Mt. Road, **Charlottesville, VA**

Registration required: Call Obie Sue Thomas: 434.972.3138; email - obiesue.thomas@wc-br.org

### Alzheimer's Disease and Related Dementia: Before & After a Diagnosis (Two Part Series)

Tuesday January 23rd (Feel free to join us for either or both dates).

12:30-2:00 PM. Feel free to bring a brown bag lunch.

Jamerson YMCA, 801 Wyndhurst Drive, **Lynchburg, VA**

RSVP is appreciated at 800.272.3900.

### Alzheimer's: Middle Stage: The Longest Mile

Wednesday January 31st

10:00-12:00 PM

Augusta County Parks and Recreation Office Building, 18 Government Center Lane, **Verona, VA**

RSVP is required through Augusta County Parks and Recreation at 540.245.5727.

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### FEBRUARY

#### SOCIAL PROGRAMS FOR PERSONS EXPERIENCING MILD

MEMORY LOSS (designed for persons in the early stages of memory loss looking to meet others in a similar situation in an informal setting. Care-partners are welcome to join)

##### Roanoke Memory Cafe (1st Wednesday)

Wednesday, February 7th

10:00am - 11:00am

Panera Bread, 4202-A Electric Road, Tanglewood Mall, **Roanoke, VA** 24018

Contact Annette Clark 434-973-6122 ext 8506 or aclark@alz.org

##### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (1st Wednesday)

Wednesday, February 7th

1:00pm - 2:00pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA** 22904

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Charlottesville Memory Cafe (1st Monday)

Monday, February 5th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Arts Fusion at the Maier Museum, Randolph College - Reservation Required (2nd Thursday)

Thursday, February 8th

10:00am - 11:00am

Maier Museum of Art, Randolph College, 1 Quinlan Street, **Lynchburg, VA**, 24503

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Arts Fusion at the Taubman Museum- Reservation Required (2nd Thursday)

Thursday, February 8th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA** 24011

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### Harrisonburg Memory Cafe (2nd Tuesday)

Tuesday February 13th

2:00pm-3:00pm

Mr. J's Bagels and Deli, 1731 S. High Street, **Harrisonburg, VA 22801**

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Culpeper Memory Cafe (2nd Wednesday)

Wednesday, February 14th

2:30pm - 3:30pm

Country Cookin', 247 Southgate Shopping Center, **Culpeper, VA 22701**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Fluvanna Memory Cafe (3rd Wednesday)

Wednesday, February 21st

3:00pm - 4:00pm

Fluvanna County Library, 214 Commons Blvd, **Palmyra, VA 22963**

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (3rd Thursday)

Thursday February 15th

2:30pm - 3:30pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA 22904**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Charlottesville Memory Cafe (3rd Monday)

Monday February 19th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA 22902**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the McGuffey Arts Center- Reservation Required (last Wed. of the month)

Wednesday, February 28th

1:30pm – 3:30pm

McGuffey Arts Center, 201 2<sup>nd</sup> St. NW, **Charlottesville, VA 22902**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### FEBRUARY COMMUNITY PROGRAMS

#### Volunteer Orientation and Basics - Roanoke

Wednesday, February 7

12 noon- 2pm - Lunch provided

Alzheimer's Association Office, 3959 Electric Road, Suite 357, **Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

#### Living with Alzheimer's for the Caregiver - Middle Stage

Thursday, February 15

12:30-2:30 pm

Carilion Clinic Center for Healthy Aging, 2001 Crystal Spring Ave. Community Conference Room,

**Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

#### Volunteer Orientation and Basics - Charlottesville

Thursday, February 22

12 noon - 2 pm - Lunch Provided (Pizza)

Alzheimer's Association Office, 845 Hillside Drive, Suite 306, **Charlottesville, VA**

Registration required, 1-800 272 3900 or register online at [alz.org/crf](http://alz.org/crf)



# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### MARCH

#### SOCIAL PROGRAMS FOR PERSONS EXPERIENCING MILD

MEMORY LOSS (designed for persons in the early stages of memory loss looking to meet others in a similar situation in an informal setting. Care-partners are welcome to join)

##### Charlottesville Memory Cafe (1st Monday)

Monday, March 5th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Roanoke Memory Cafe (1st Wednesday)

Wednesday, March 7th

10:00am - 11:00am

Panera Bread, 4202-A Electric Road, Tanglewood Mall, **Roanoke, VA** 24018

Contact Annette Clark 434-973-6122 ext 8506 or aclark@alz.org

##### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (1st Wednesday)

Wednesday, March 7th

1:00pm - 2:00pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA** 22904

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Arts Fusion at the Maier Museum, Randolph College - Reservation Required (2nd Thursday)

Thursday, March 8th

10:00am - 11:00am

Maier Museum of Art, Randolph College, 1 Quinlan Street, **Lynchburg, VA**, 24503

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Arts Fusion at the Taubman Museum- Reservation Required (2nd Thursday)

Thursday, March 8th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA** 24011

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### Harrisonburg Memory Cafe (2nd Tuesday)

Tuesday, March 13th

2:00pm-3:00pm

Mr. J's Bagels and Deli, 1731 S. High Street, **Harrisonburg, VA 22801**

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Culpeper Memory Cafe (2nd Wednesday)

Wednesday, March 14th

2:30pm - 3:30pm

Country Cookin', 247 Southgate Shopping Center, **Culpeper, VA 22701**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (3rd Thursday)

Thursday, March 15th

2:30pm - 3:30pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA 22904**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Charlottesville Memory Cafe (3rd Monday)

Monday, March 19th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA 22902**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Fluvanna Memory Cafe (3rd Wednesday)

Wednesday, March 21st

3:00pm - 4:00pm

Fluvanna County Library, 214 Commons Blvd, **Palmyra, VA 22963**

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the Taubman Museum- Reservation Required (4th Thursday)

Thursday, March 22nd

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA 24011.**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

Arts Fusion at the McGuffey Arts Center- Reservation Required (last Wed. of the month)

Wednesday, March 28th

1:30pm – 3:30pm

McGuffey Arts Center, 201 2<sup>nd</sup> St. NW, **Charlottesville, VA 22902**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

### MARCH COMMUNITY PROGRAMS

Volunteer Orientation and Basics - Roanoke

Wednesday, March 7

12 noon- 2pm - Lunch provided

Alzheimer's Association Office, 3959 Electric Road, Suite 357, **Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

Living with Alzheimer's for the Caregiver - Middle Stage

Thursday, March 15

12:30-2:30 pm

Carilion Clinic Center for Healthy Aging, 2001 Crystal Spring Ave. Community Conference Room,  
Roanoke, VA

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

LIGHTING THE WAY: ILLUMINATING DEMENTIA CARE STRATEGIES FOR CAREGIVERS

Thursday, March 22

10:00am - 2:00pm

Cherrystone Missionary Baptist Association Center, 5551 Tom Fork Road, **Ringgold, VA**

Registration required, 1-800 272 3900 or register online at [alz.org/crf](http://alz.org/crf)

Basics of Alzheimer's and Overview of Services

Tuesday, March 13

4:30am - 5:00pm

Grandin Court Elementary, 2815 Spessard Ave. SW, **Roanoke, VA**

Contact 1-800-272-3900 or [alz.org/crf](http://alz.org/crf)

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### APRIL

#### SOCIAL PROGRAMS FOR PERSONS EXPERIENCING MILD

MEMORY LOSS (designed for persons in the early stages of memory loss looking to meet others in a similar situation in an informal setting. Care-partners are welcome to join)

##### Charlottesville Memory Cafe (1st Monday)

Monday, April 2nd

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA 22902**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Roanoke Memory Cafe (1st Wednesday)

Wednesday, April 4th

10:00am - 11:00am

Panera Bread, 4202-A Electric Road, Tanglewood Mall, **Roanoke, VA 24018**

Contact Annette Clark 434-973-6122 ext 8506 or aclark@alz.org

##### Arts Fusion at the Staunton Augusta Arts Center (Reservation Required)

Date TBD

10:00 AM-11:30 AM

Staunton Augusta Art Center, 20 S New St, **Staunton, VA 24401**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (1st Wednesday)

Wednesday, April 4th

1:00pm - 2:00pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA 22904**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Harrisonburg Memory Cafe (2nd Tuesday)

Tuesday, April 10th

2:00pm-3:00pm

Mr. J's Bagels and Deli, 1731 S. High Street, **Harrisonburg, VA 22801**

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### Culpeper Memory Cafe (2nd Wednesday)

Wednesday, April 11th

2:30pm - 3:30pm

Country Cookin', 247 Southgate Shopping Center, **Culpeper, VA 22701**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the Maier Museum, Randolph College - Reservation Required (2nd Thursday)

Thursday, April 12th

10:00am - 11:00am

Maier Museum of Art, Randolph College, 1 Quinlan Street, **Lynchburg, VA, 24503**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the Taubman Museum- Reservation Required (2nd Thursday)

Thursday, April 12th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA 24011**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Charlottesville Memory Cafe (3rd Monday)

Monday, April 16th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA 22902**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Fluvanna Memory Cafe (3rd Wednesday)

Wednesday, April 18th

3:00pm - 4:00pm

Fluvanna County Library, 214 Commons Blvd, **Palmyra, VA 22963**

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

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## Alzheimer's Association, Central and Western Virginia Chapter

### PROGRAMS JANUARY - JUNE 2018

#### Arts Fusion at the McGuffey Arts Center- Reservation Required (last Wed. of the month)

Wednesday, April 25th

1:30pm – 3:30pm

McGuffey Arts Center, 201 2<sup>nd</sup> St. NW, **Charlottesville, VA 22902**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

#### Arts Fusion at the Taubman Museum- Reservation Required (4th Thursday)

Thursday, April 26th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA 24011.**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

### APRIL COMMUNITY PROGRAMS

#### Volunteer Orientation and Basics - Roanoke

Wednesday, April 4

12 noon- 2pm - Lunch provided

Alzheimer's Association Office, 3959 Electric Road, Suite 357, **Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

#### Coping with Changes Dementia Brings (partnership with Mental Health Association)

Tuesday, April 17th

6:30pm - 7:30pm

Christ Lutheran Church, 2807 N Augusta Street, **Staunton, VA**

RSVP with the Mental Health Association 540-886-7181 or [mhaa@lumos.net](mailto:mhaa@lumos.net)

#### Living with Alzheimer's for the Caregiver - Middle Stage

Thursday, April 19

12:30-2:30 pm

Carilion Clinic Center for Healthy Aging, 2001 Crystal Spring Ave.Conference Room, **Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

#### Volunteer Orientation and Basics - Charlottesville

Thursday, April 26th

12 noon - 2 pm - Lunch Provided (Pizza)

Alzheimer's Association Office, 845 Hillsdale Drive, Suite 306, **Charlottesville**

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

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### MAY

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MEMORY LOSS (designed for persons in the early stages of memory loss looking to meet others in a similar situation in an informal setting. Care-partners are welcome to join)

##### Roanoke Memory Cafe (1st Wednesday)

Wednesday, May 2nd

10:00am - 11:00am

Panera Bread, 4202-A Electric Road, Tanglewood Mall, **Roanoke, VA 24018**

Contact Annette Clark 434-973-6122 ext 8506 or [aclark@alz.org](mailto:aclark@alz.org)

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Wednesday, May 2nd

1:00pm - 2:00pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA 22904**

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

##### Charlottesville Memory Cafe (1st Monday)

Monday, May 7th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA 22902**

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Wednesday, May 9th

2:30pm - 3:30pm

Country Cookin', 247 Southgate Shopping Center, **Culpeper, VA 22701**

# Alzheimer's Association, Central and Western Virginia Chapter

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3:00pm - 4:00pm

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### Charlottesville Memory Cafe (3rd Monday)

Monday, May 21st

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### Arts Fusion at the Taubman Museum- Reservation Required (4th Thursday)

Thursday, May 24th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA** 24011.

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org



# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

Arts Fusion at the McGuffey Arts Center- Reservation Required (last Wed. of the month)

Wednesday, May 30th

1:30pm – 3:30pm

McGuffey Arts Center, 201 2<sup>nd</sup> St. NW, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

### MAY COMMUNITY PROGRAMS

Volunteer Orientation and Basics - Roanoke

Wednesday, May 2

12 noon- 2pm - Lunch provided

Alzheimer's Association Office, 3959 Electric Road, Suite 357, **Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

Living with Alzheimer's for the Caregiver - Middle Stage

Thursday, May 17

12:30-2:30 pm

Carilion Clinic Center for Healthy Aging, 2001 Crystal Spring Ave. Community Conference Room,  
**Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

Volunteer Orientation and Basics - Charlottesville

Thursday, May 24th

12 noon - 2:00pm - Lunch Provided (Pizza)

Alzheimer's Association Office, 845 Hillsdale Drive, Suite 306, **Charlottesville, VA**

Registration required, 1-800 272 3900 or [alz.org/crf](http://alz.org/crf)

# Alzheimer's Association, Central and Western Virginia Chapter

## PROGRAMS JANUARY - JUNE 2018

### JUNE

#### SOCIAL PROGRAMS FOR PERSONS EXPERIENCING MILD

MEMORY LOSS (designed for persons in the early stages of memory loss looking to meet others in a similar situation in an informal setting. Care-partners are welcome to join)

##### Charlottesville Memory Cafe (1st Monday)

Monday, June 4th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Roanoke Memory Cafe (1st Wednesday)

Wednesday, June 6th

10:00am - 11:00am

Panera Bread, 4202-A Electric Road, Tanglewood Mall, **Roanoke, VA** 24018

Contact Annette Clark 434-973-6122 ext 8506 or aclark@alz.org

##### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (1st Wednesday)

Wednesday, June 6th

1:00pm - 2:00pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA** 22904

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Harrisonburg Memory Cafe (2nd Tuesday)

Tuesday, June 12th

2:00pm-3:00pm

Mr. J's Bagels and Deli, 1731 S. High Street, **Harrisonburg, VA** 22801

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

##### Culpeper Memory Cafe (2nd Wednesday)

Wednesday, June 13th

2:30pm - 3:30pm

Country Cookin', 247 Southgate Shopping Center, **Culpeper, VA** 22701

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

## Alzheimer's Association, Central and Western Virginia Chapter

### PROGRAMS JANUARY - JUNE 2018

#### Arts Fusion at the Maier Museum, Randolph College - Reservation Required (2nd Thursday)

Thursday, June 14th

10:00am - 11:00am

Maier Museum of Art, Randolph College, 1 Quinlan Street, **Lynchburg, VA**, 24503

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

#### Arts Fusion at the Taubman Museum- Reservation Required (2nd Thursday)

Thursday, June 14th

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA** 24011

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

#### Charlottesville Memory Cafe (3rd Monday)

Monday, June 18th

2:30pm - 3:30pm

Sweet Haus Cupcake Cafe, 929 2nd St. SE, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

#### Fluvanna Memory Cafe (3rd Wednesday)

Wednesday, June 20th

3:00pm - 4:00pm

Fluvanna County Library, 214 Commons Blvd, **Palmyra, VA** 22963

RSVP Required: Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

#### Arts Fusion at the Fralin Museum (UVA)- Reservation Required (3rd Thursday)

Thursday, June 21st

2:30pm - 3:30pm

The Fralin, 155 Rugby Rd, **Charlottesville, VA** 22904

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

#### Arts Fusion at the McGuffey Arts Center- Reservation Required (last Wed. of the month)

Wednesday, June 27

1:30pm – 3:30pm

McGuffey Arts Center, 201 2<sup>nd</sup> St. NW, **Charlottesville, VA** 22902

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or [lblackshaw@alz.org](mailto:lblackshaw@alz.org)

## Alzheimer's Association, Central and Western Virginia Chapter

### PROGRAMS JANUARY - JUNE 2018

#### Arts Fusion at the Taubman Museum- Reservation Required (4th Thursday)

Thursday, June 28

1:00pm - 2:00pm

Taubman Museum of Art, 110 Salem Ave SE, **Roanoke, VA** 24011.

Contact Lauren Deasy Blackshaw 434-973-6122 ext 8506 or lblackshaw@alz.org

### JUNE COMMUNITY PROGRAMS

#### Volunteer Orientation and Basics - Roanoke

Tuesday, June 5

12 noon- 2pm - Lunch provided

Alzheimer's Association Office, 3959 Electric Road, Suite 357, **Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)

#### Annual Alzheimer's Education Conference HARRISONBURG

Thursday, June 7th

8:30am - 4:00pm

James Madison University, Festival Conference & Student Center, 1301 Carrier Dr,  
**Harrisonburg,**

Fee: \$65; group rate \$55; family caregiver - \$35; limited scholarships available

Registration will open in April / May 2018 on [alz.org/crf](http://alz.org/crf) or call 1-800-272-3900

#### SAVE THE DATE FOR TEEPA SNOW!!

Tuesday, June 19th

8:00am - 4:00pm

Germanna Community College; 18121 Technology Dr, **Culpeper, VA**

For registration / information: Kathi Walker; 540-825-3100 ext 3416 or email

[kwalker@rrcsb.org](mailto:kwalker@rrcsb.org)

#### Living with Alzheimer's for the Caregiver - Middle Stage

Thursday, June 21

12:30-2:30 pm

Carilion Clinic Center for Healthy Aging, 2001 Crystal Spring Ave. Community Conference Room,  
**Roanoke, VA**

Registration required, 1.800.272.3900 or register online at [alz.org/crf](http://alz.org/crf)