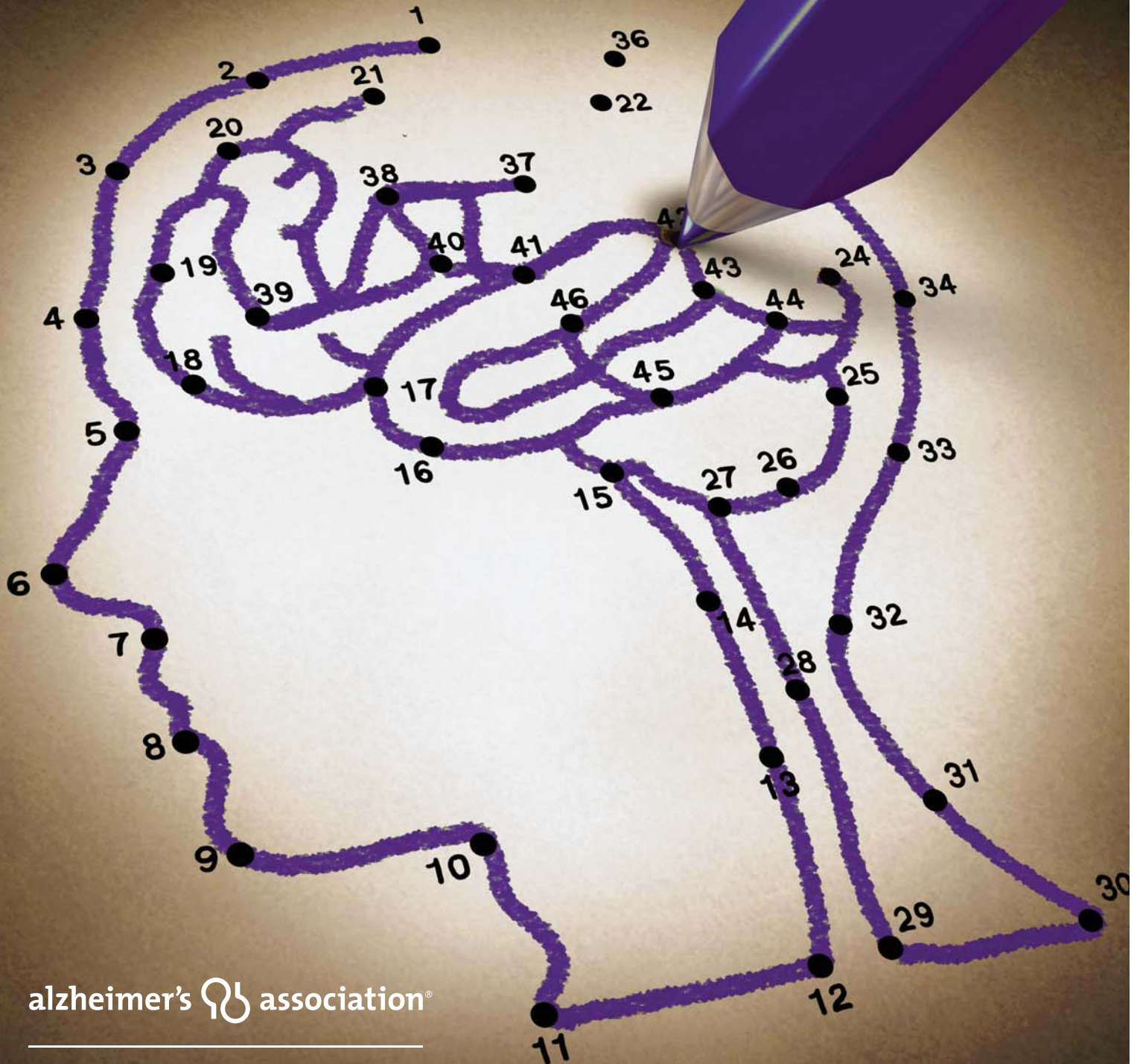


CONNECTING THE DOTS

AN ALZHEIMER'S ASSOCIATION EDUCATION CONFERENCE

APRIL 28, 2017 | SCOTTSDALE BIBLE CHURCH



alzheimer's  association®

Desert Southwest Chapter

26th Annual Alzheimer's Association Education Conference

Make the most of your conference! Each session is labeled with the audience for which it is designed:

CG Caregiver

CP Care Partner of a Person w/ Early Memory Loss

P Professionals

ES Early Stage Person(s)

PLEASE NOTE

Breakout sessions fill up on a first-come, first-served basis. Attendees are strongly encouraged to arrive at their desired session as early as possible. We anticipate some popular sessions filling up. Workshops will be closed when rooms reach capacity.

7:30 am REGISTRATION OPENS - CONTINENTAL BREAKFAST

9:00 am WELCOMING REMARKS

9:10 am KEYNOTE SPEAKER



"Forget Memory Loss"

Steven R Sabat, PhD
Professor Emeritus
Georgetown University

What does "memory loss" mean? Dr. Sabat will discuss different ways of thinking about "memory loss" with people with dementia. People with Alzheimer's can make new memories, but how these memories are revealed is key. Learn about the impact of this approach and recommendations for a shift in our understanding.

10:00 am BREAK

10:15 am BREAKOUT SESSION 1

A Better Balance: Practicing Mindfulness for Wellbeing

Maribeth Gallagher, DNP, FAAN – *Hospice of the Valley*

Mindfulness Based Stress Reduction is a practice strongly supported by research. Participate in brief experiential practices and learn how to immediately integrate stress reduction into daily life.

CG

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On the Horizon: Possible Future Treatments for Dementia

William Burke, MD – *Banner Alzheimer's Institute*

Researchers believe they are getting closer to finding new and more effective treatments for dementia, ultimately seeking the cure. Learn about these efforts and the hopes on the horizon for treatment.

CG

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Paying for Care: Navigating Arizona's Medicaid System

Richard White, JD – *Jackson White Attorneys At Law*

Learn about eligibility and coverage for long term care under Arizona's system of Medicaid.

CG

CP

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Personal Care: Best Approaches

Michelle Toft, MSW, EdM – *Cypress Home Care Solutions*

Personal care for people with dementia can be challenging. Learn how to approach sensitive care in ways that minimize upsets for all involved.

CG

CP

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BREAKOUT SESSION 1 CONT.

Community Resources: Where to Find Help

Scott Hawthornthwaite – *Area Agency on Aging, Region One*

Knowing where to look and who to ask about help can seem overwhelming. Learn about programs and services in the community and how to access them.

CG

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Not A One Person Job: Building Your Care Team

Heather Mulder – *Banner Alzheimer's Institute*

Caregiving takes a team. Learn how to build your care team to preserve emotional and physical well-being.

CG

CP

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Making the Most Out of Your Appointment: Communicating With Medical Providers

Helle Brand, PA – *Banner Alzheimer's Institute*

Communicating with medical providers is essential. Learn effective ways to communicate to get your needs met.

ES

FOR PERSONS WITH MCI OR EARLY STAGE. NO PROFESSIONALS.

11:15 am

BREAK

11:30 am

BREAKOUT SESSION 2

Challenging Behaviors: Understanding & Responding

Lori Nisson, MSW, LCSW – *Banner Alzheimer's Institute & Banner Sun Health Research Institute*

Dementia can cause changes in behavior and personality that may be difficult to deal with. Learn about interventions that can reduce behavioral challenges and the stress that often accompanies them.

CG

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The Dementia Spectrum: Non-Alzheimer Dementias

Bryan Woodruff, MD – *Mayo Clinic*

Alzheimer's is not the only type of dementia. Learn about related but different forms of dementia, what sets them apart, and what this means for symptoms.

CG

CP

P

Designing LTC-Based Dementia-Behavior Programs

Gary Martin, PhD – *InteGer Behavioral Health Associates*

A professional's guide to designing high quality dementia-behavior programs in residential facilities.

P

Navigating Options for Care

Jonathan Eigen MSW, NHA – *A Caring Hand for Mom (and Dad)*

Knowing the care available and what to look for may feel overwhelming. Learn about types of care and what to consider for increased care needs.

CG

CP

Clinical Trials: Pathways to a World Without Alzheimer's Disease

Edward Zamrini, MD – *Banner Sun Health Research Institute*

Research through clinical trials is the pathway to slowing and curing Alzheimer's disease and related dementias. Learn about clinic trials, how they work, and how to get involved.

ES

CP

FOR PERSONS WITH MCI OR EARLY STAGE MEMORY LOSS. PLEASE, NO PROFESSIONALS.

1:45 pm

BREAKOUT SESSION 3

The Genomics of Alzheimer's Disease and Related Dementias

Richard J. Caselli, MD – *Mayo Clinic*

Genetic research is unraveling the relationship between inheritance and inevitability. Learn about the latest developments in gene research and factors that influence decisions for genetic testing.

CG

CP

P

Under the Umbrella: Frontotemporal Dementia

Geri Hall, Ph.D., ARNP, CNS, FAAN – *Banner Alzheimer's Institute*

Frontotemporal dementia is a type of dementia with distinct hallmarks. Learn about this form of dementia including considerations for care.

CG

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Meaningful Purpose: Activities for Individuals with Dementia

Diane Mockbee, BS, AC-BC – *Paseo Village Assisted Living*

Boredom can lead to depression and changes in behavior. Learn how to plan, provide, and engage individuals with dementia in meaningful activities.

CG

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Comfort for People with Dementia

Tena Alonzo, MA – *Beatitudes*

Comfort is an essential component of caring for the whole person, not just the disease. Learn methods for providing meaningful comfort and easing distress in people with dementia

CG

CP

Staying Connected

Gary Martin, PhD – *InteGer Behavioral Health Associates*

Strategies for keeping persons with MCI or Early Stage and their partners mentally and emotionally engaged with each other and their world.

ES

CP

FOR PERSONS WITH MCI OR EARLY STAGE. NO PROFESSIONALS.

2:45 pm

BREAK

3:00 pm

BREAKOUT SESSION 4

The Research Trajectory: Where We Are and Where We Are Headed

Marwan Sabbagh, MD – *Barrow Neurological Institute*

Research efforts are underway worldwide to stop Alzheimer's disease. Learn about some of the most current research and the hope behind it.

CG

CP

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Connecting Through Music

Robin Rio, MA, MT-BC – *Arizona State University, School of Music*

Music can provide powerful emotional, physical, and social connections for all of us. Learn how music care is used to connect us with people who have dementia.

CG

CP

P

Understanding Lewy Body Dementia

David Shprecher, DO Msci – *Banner Sun Health Research Institute*

Lewy Body Dementia is frequently misdiagnosed and misunderstood. Learn about this form of dementia, what research is telling us and the future hopes for treatment.

CG

CP

P

BREAKOUT SESSION 4 CONT.

Modifications for a Safer Home

Katie Martin – FSL

Creating a safe environment is an important consideration in dementia care. Learn about modifications that can make home a safer place.

CG

CP

P

Legal and Financial: Vital Planning for the Future

Lora Johnson, JD – Johnson & Associates, PLLC

Getting legal and financial affairs in order is necessary for everyone. Learn what is needed, required in Arizona, and how to prevent problems in the future.

CG

CP

P

The Dementia Friendly Movement: Transforming Communities

Jan Dougherty, MS, RN, FAAN – Banner Alzheimer's Institute

Increasing numbers of people with dementia necessitate a new vision of community involvement. Learn about the current national and local efforts to meaningfully include people with dementia in the community.

CG

CP

P

Partners In Care: Communication in the Early Stages

David W. Coon, PhD – ASU College of Nursing & Health Innovation

Effective communication between care partners is affected by MCI and dementia, yet this is a critical time for it. Learn better ways to communicate with your partner now that will help both of you in the future.

ES

CP

FOR PERSONS WITH MCI OR EARLY STAGE. NO PROFESSIONALS.

4:00 pm

CEU PICK-UP, EVALUATIONS & ADJOURN

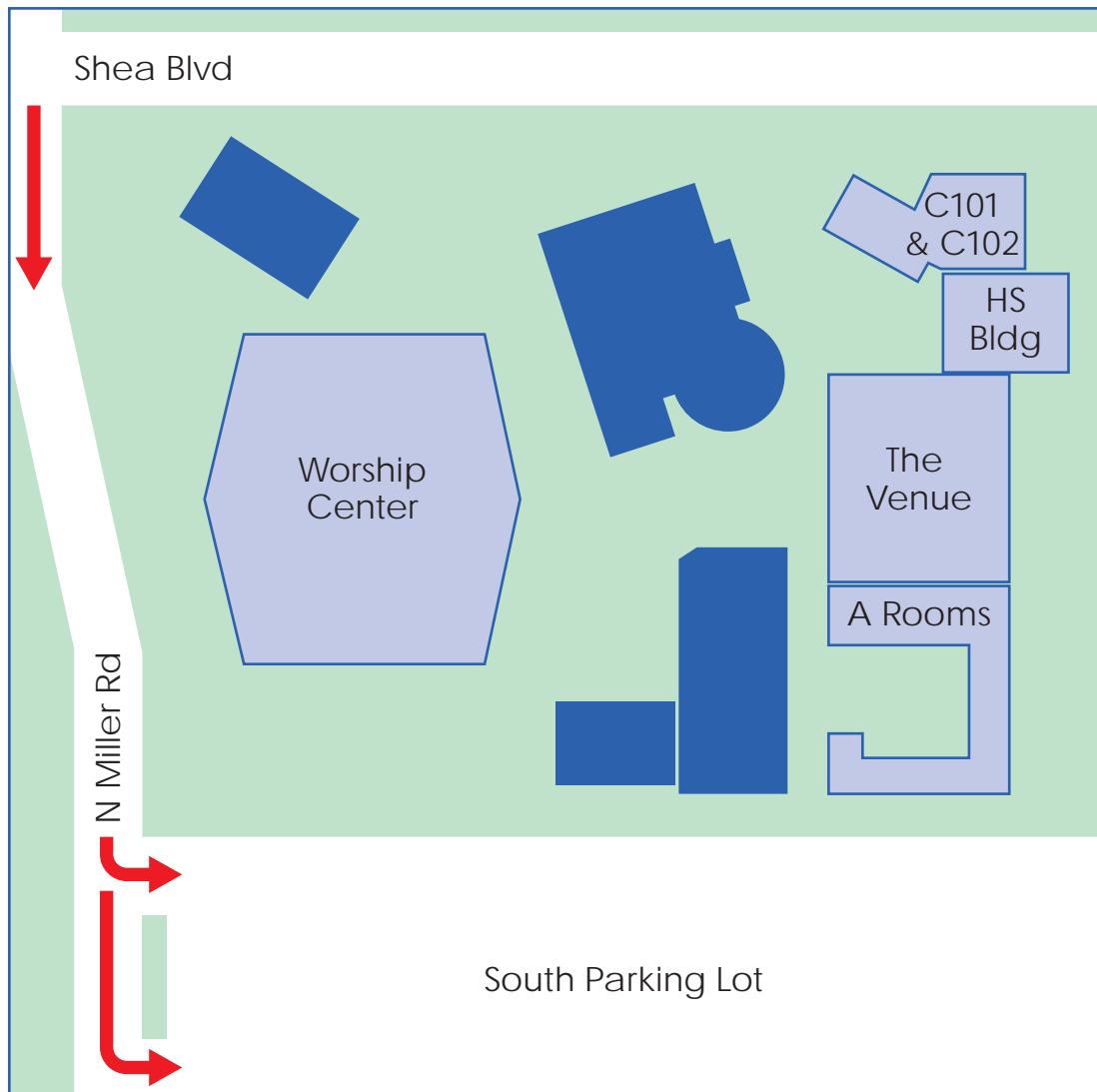
CONFERENCE CEU NOTES

- CEU recipients must sign in at each session and attend the entire day.
- CEU certificates are provided at the conclusion of the conference.
- Social Worker CEUs - Application for Continuing Education Credit has been made to the National Association of Social Workers, Arizona Chapter by the University of Arizona Center on Aging and this program is pending approval.
- Nursing CEUs – Application for Education Contact Hours has been made to the University of Arizona Center on Aging, State of California Board of Registered Nursing Provider #14824. This program is pending approval.
- Nursing Home Administrator/Assisted Living Manager CEUs - Application for Continuing Education Credit has been made to the NCIA/ALFM Arizona Board of Examiners and this program is pending approval.
- Activity Professional CEUs - Application for Continuing Education Credit has been made to the National Association of Activity Professionals Credentialing Center and this program is pending approval.

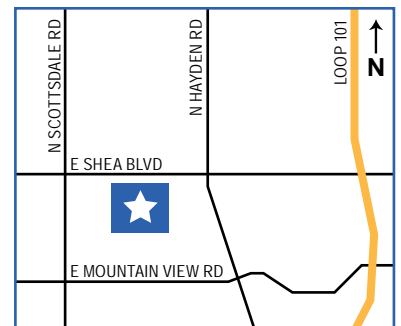
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CONFERENCE MAP



- Scottsdale Bible Church is located on Shea Blvd approximately 1.5 miles west of Loop 101 and approximately 6 miles east of SR51.
- Enter on Miller Rd and park in the South Parking Lot.
- Keynote is in the Worship Center.
- Dining Room 1 is in The Venue.
- Dining Room 2 is in the HS Building.



IMPORTANT INFORMATION

- Conference attendance is limited. Register with payment early to secure your space.
- No spaces will be held without payment except for purchase orders or guarantee of payment from entities such as health plans, government, or tribal government.
- All workshops are first come first served. Attendees cannot enter a workshop after capacity has been reached.
- The professional rate is \$90 with or without CEUs. Professional registration includes all paid, non-family or non-friend caregivers.
- All conference materials are provided on a disc, free with paid registration.
- Professionals cannot attend the Early Stage workshops or those designated for caregivers and no CEU credit will be given for those workshops.

CONFERENCE REGISTRATION

Please note, an email confirmation will be sent to each individual successfully registered. If you do not receive an email confirmation within one week of the conference, please contact Mindy at 602.528.0545 or mwakefield@alz.org.

Pricing

I am attending as: (choose one)

- person in Early Stage / MCI - \$50
- caregiver/care partner - \$50
- professional includes CEUs - \$90

*Registration includes continental breakfast and boxed lunch.
Lunch is from 12:30 pm - 1:45 pm.*

\$ total enclosed

Attendee Information (1 person per form)

attendee name

organization (if applicable)

address

city

zip

daytime phone

do not have email

email (registration confirmations will be emailed)

BY MAIL

Mail this entire form with payment to: Alzheimer's Association
1028 E McDowell Road
Phoenix, AZ 85006

BY EMAIL

Fill out PDF or scan completed form and email to: mwakefield@alz.org

ONLINE

Go online and complete the registration form: act.alz.org/cazaec

Payment Information

- visa
- american express
- check
- mastercard
- discover
- purchase order

credit card number

security code

expiration date

exact name on card (please print)

signature

date

26th Annual Alzheimer's Education Conference

April 28, 2017

Scottsdale Bible Church
7601 East Shea Blvd
Scottsdale, AZ 85260

Cancellation Policy

Full refunds are granted if a request is made in writing by mail or email to the Alzheimer's Association 1 week prior to the event.

Refunds requested within 48 hours are granted for emergencies only. No refunds for no-shows.

Questions?

Contact Mindy at
mwakefield@alz.org or 602.528.0545

alzheimer's association®

Desert Southwest Chapter

Central Arizona Region
1028 East McDowell Road
Phoenix, AZ 85006-2622

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**26th annual alzheimer's
education conference**

Friday, April 28, 2017

Scottsdale Bible Church
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Scottsdale, AZ 85260

