ALZHEIMER’S/DEMENTIA SUPPORT SERVICES
HANCOCK COUNTY

Alzheimer’s Diagnosis and Evaluation: Through a comprehensive assessment, a team consisting of a geriatrician, nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine’s evaluation centers are listed below.

- Family Medical Institute (geriatric assessment services)
  15 East Chestnut Street, Augusta   (207) 626-1561
- Geriatric Evaluation and Management Veteran’s Administration Medical Center Togus
  1 VA Center, Augusta   1-877-421-8263, ext. 5452
- Maine Medical Center Geriatric Center
  66 Bramhall Street, Portland   (207) 662-2847
- Mid Coast Geriatric Assessment Clinic
  58 Baribeau Drive, Brunswick   (207)373-3681
- Older Adult Mood & Memory Clinic, Geriatric Neuropsychiatry Program, Acadia Hospital
  268 Stillwater Avenue, Bangor   (207) 973-6100
- Outpatient Geriatric Clinic, Central Maine Medical Center
  77 Bates Street, Trolley Building Ste 201, Lewiston   (207)795-2800
- The Memory Clinic at CCS Psychiatry an affiliate of St. Mary’s Health System
  100 Campus Ave. Ste 101, Lewiston   (207) 755-3785

Geriatricians: Geriatricians and physicians specializing in the care of older adults.

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brian Caine, MD</td>
<td>17 Hancock St</td>
<td>Bar Harbor</td>
<td>288-5024</td>
</tr>
<tr>
<td>Kerry Crowley, MD</td>
<td>37 Clinic Rd</td>
<td>Gouldsboro</td>
<td>963-4066</td>
</tr>
<tr>
<td>Richard LaRocco, MD</td>
<td>32 Resort Way</td>
<td>Ellsworth</td>
<td>664-7780</td>
</tr>
<tr>
<td>Ronald Prokopius, MD</td>
<td>57 Water St</td>
<td>Blue Hill</td>
<td>374-3400</td>
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Geriatric Psychiatrists, Neuropsychologists and Mental Health Professionals: Psychiatrists and other mental health agencies/professionals specializing in the care of the older adults.

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<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<th>Phone</th>
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<tbody>
<tr>
<td>Clifford Singer, MD</td>
<td>268 Stillwater Ave</td>
<td>Bangor</td>
<td>973-6100</td>
</tr>
<tr>
<td>MDI Behavioral Health Center</td>
<td>322 Main St</td>
<td>Bar Harbor</td>
<td>288-8604</td>
</tr>
<tr>
<td>Neuropsychology EMMC</td>
<td>417 State St, Ste 209</td>
<td>Bangor</td>
<td>973-5831</td>
</tr>
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Neurologists: A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.

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<thead>
<tr>
<th>Name</th>
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<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>David Goodenough, MD</td>
<td>394 Bar Harbor Rd.</td>
<td>Trenton</td>
<td>667-5899</td>
</tr>
<tr>
<td>Neurology Associates of Eastern ME</td>
<td>498 Essex St, Ste 105</td>
<td>Bangor</td>
<td>947-0558</td>
</tr>
</tbody>
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Elder Law Attorneys: Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.

- Hale & Hamlin, LLC
  4 State St
  Ellsworth
  667-2561
- Hale & Hamlin, LLC
  105 Main St
  Blue Hill
  374-7016
- Jones, Kuriloff & Sargent
  134 Surry Rd
  Ellsworth
  610-1672

Lawyer Referral & Information Service
- Legal Services for the Elderly
  1-800-860-1460

Pine Tree Legal
- 13 Cooper St
  Machias
  255-8656

Volunteer Lawyers Project
- 1-800-442-4293

Geriatric Care Managers: Professionals, who assist in finding resources, planning and making decisions around care. Geriatric care managers often charge a private fee for services but in some cases may be insurance reimbursable.

- Brennan-Alley & Associates, LLC
  Bucksport
  469-1022

In-Home Respite: Funds may be available through the Caregiver Respite Program to pay for in-home adult day services, companions, personal care assistance, or a short term stay in a facility. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:

- Eastern Area Agency on Aging
  Bangor
  1-800-432-7812

Adult Day Services: Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible. “Alz” next to community name denotes that they describe themselves as having a specialized dementia care program.

- Alz
  Don & Beth Straus Therapeutic Day Program
  25 Village Inn Rd
  Bar Harbor
  288-8014

- Alz
  Friendship Cottage
  118 Ellsworth Rd, Rt 172
  Blue Hill
  374-5612

- Alz
  Island Nursing Home & Care Center
  587 North Deer Isle Rd
  Deer Isle
  348-2351

- Alz
  Robert & Mary’s Place
  50 Meadow View Ln
  Ellsworth
  667-5449

Companions and Personal Care Assistance: Agencies that can provide a companion, personal care assistant, and light housekeeping.

- Aging Excellence
  189 B State St.
  Bangor
  947-0999

- A Loving Touch
  263 State St, Ste 35
  Bangor
  990-1995

- Coastal Home Health Care
  25 Douglas Hwy
  Ellsworth
  667-9856

- Home Healthcare & Homemaker Services
  415 Water St
  Ellsworth
  667-3626

- Home Instead Senior Care
  442 Pleasant St
  Blue Hill
  561-6631

- One Step Home Care
  11 Hancock St
  Ellsworth
  667-7926

Home Health Agencies: Skilled nursing agencies that provide visiting nurses, home health aides, physical therapy, and occupational therapies through Medicare or other health insurances.

- Amedisys Home Health & Hospice Care
  289 State St, Ste A
  Bangor
  990-0029

- Bangor Area Visiting Nurses
  885 Union St, Ste 220
  Bangor
  973-6550

- Community Health & Counseling Service
  415 Water St
  Ellsworth
  1- 800-924-0366

- Kindred at Home
  175 Exchange St, Ste 100
  Bangor
  990-9000

- Hancock County Home Care & Hospice
  441 Main St, #2
  Ellsworth
  1-866-591-8843

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Residential Care Communities / Assisted Living Communities: Residential care/assisted living communities serve individuals who need supervision around the clock but do not yet meet the criteria for nursing home level of care. “Alz” next to community name denotes that they describe themselves as having a dementia care unit. S/L denotes that the community has a separate and locked unit. * Indicates that they accept MaineCare (Medicaid).

Alz S/L
- Birch Bay Retirement Village 25 Village Inn Rd Bar Harbor 288-8014
- Courtland Rehabilitation & Living Center 42 Bucksport Rd Ellsworth 667-9036
- Golden Acres 80 Main St Franklin 565-2352

Alz
- Island Nursing Home & Care Center 587 North Deer Isle Rd Deer Isle 348-2351
- Mountain Vista 44 S. Bay Rd Franklin 565-3804
- Northern Bay Residential Living Ctr 15 Main St Penobscot 326-4344
- Parker Ridge (AL) 63 Parker Ridge Ln Blue Hill 374-2306
- Seaport Village Healthcare 19 General Moore Way Ellsworth 667-9336
- Sonogee Rehabilitation & Living Center 131 Eden St Bar Harbor 288-5800

Nursing Facilities with Alzheimer’s Units: Nursing facilities serve people with Alzheimer’s and other dementias who have medical needs that require nursing care. “Alz” next to facility name denotes that they describe themselves as having a dementia care unit. S/L denotes that the facility has a separate and locked unit. All Nursing Facilities accept Mainecare (Medicaid).

- Courtland Rehabilitation & Living Center 42 Bucksport Rd Ellsworth 667-9036
- Seaport Village Healthcare 19 General Moore Way Ellsworth 667-9336

Alz
- Island Nursing Home & Care Center 587 North Deer Isle Rd Deer Isle 348-2351
- Sonogee Rehab & Living Center 131 Eden St Bar Harbor 288-5800

Hospice Agencies: Hospice is specialized care designed to provide comfort and support to people with life-limiting illnesses and their families. The following organizations provide this service in at least part of the county noted.

- Beacon Hospice 289 State St, Ste B Bangor 942-2920
- Community Health & Counseling Services 415 Water St Ellsworth 1-800-649-3105
- Eastern Maine Home Care 82 Water St Blue Hill 1-866-591-8843
- Eastern Maine Home Care 93 Cottage St, Ste E Bar Harbor 1-866-591-8843
- Hospice Volunteers Of Hancock County 14 McKenzie Ave Ellsworth 1-888-266-8035

Support Groups: Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.

*Please call Alzheimer’s Association 24/7 Helpline for groups in your community 1-800-272-3900

Places to Borrow books and other materials: Lending centers with a special collection of materials about caring for a person with dementia. All of the libraries listed are public libraries.

- Bar Harbor Library 288-4245 Ellsworth Library 667-6363
- Blue Hill Library 374-5515 Gouldsboro Library 963-4027
- Bucksport Library 469-7368 Islesford Library 244-9565
- Bucksport Regional Health Ctr. 469-7371 Northeast Harbor Library 276-3333
**Statewide Resource Numbers:**
- Office of Aging & Disability Services 1-800-262-2232
- Goold Health Systems 1-800-609-7893
- Elder Independence of Maine 1-888-234-3920
- Long Term Care Ombudsman 1-800-499-0229
- Adult Protective Services 1-800-624-8404
- Eastern Area Agency on Aging 1-800-432-7812
- Catholic Charities 1-888-477-2263

**ALZHEIMER’S ASSOCIATION, MAINE CHAPTER**
**SCARBOROUGH, ME**
1-800-272-3900

*This list does not constitute an endorsement or a recommendation.*