Featuring

Leslie M. Shaw, PhD
Professor of Pathology and Laboratory Medicine
The Hospital of the University of Pennsylvania
Philadelphia, Pennsylvania

Malaz A. Boustani, MD, MPH
Chief Operating Officer
Center for Health Innovation and Implementation Science
Richard M. Fairbanks Professor in Aging Research
Indiana University School of Medicine and Indiana Clinical and Translational Sciences Institute
Indianapolis, Indiana

Tam Cummings, PhD
Gerontologist and Author, Untangling Alzheimer’s Disease and The Final Year, The Final Moment
Evant, Texas

Plus, workshops on post-traumatic stress disorder and Alzheimer’s disease, ethics of end of life care, compassion fatigue, fall prevention, therapeutic effects of drumming, and LGBT issues in dementia

The premier interdisciplinary healthcare professional conference on Alzheimer’s disease and related dementia disorders
# 2015 Education and Research Conference

## day-at-a-glance

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<td>7:00 - 8:30 am</td>
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<td>Malaz A. Boustani, MD, MPH</td>
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## why attend?

As a professional working with people with Alzheimer’s disease and related dementia disorders, you understand the challenges faced by the more than 500,000 New Jerseyans affected by the disease. Join hundreds of your colleagues from across the professional spectrum to learn the latest on research and care. With topics ranging from cerebrospinal fluid biomarkers to dementia care models to behavior management tools and more, the conference is designed to stimulate your curiosity, increase your knowledge, and enrich your skills.

## continuing education credits

**Social Workers (CSW, LSW, LCSW), (LPC)**

This activity is pending approval from the Association of Social Work Boards.

**Nurses (RN, NP, LPN)**

This activity has been submitted to Medical Education Resources, an accredited provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

**Physical Therapists (PT, PTA)**

Application has been made to the New Jersey State Board of Physical Therapy Examiners for approval for CE credit hours.

**Administrators (LNHA/CALE)**

This program has been submitted (but not yet approved) for Continuing Education for 5 total clock hours from NAB/NCERS.

**Certified Case Managers (CCM)**

Application for approval of CE credits has been made to the Commission for Case Manager Certification.

**Activity Professionals (ACC, ADC, AAC)**

Application for approval of CE credits has been made to the National Certification Council for Activity Professionals (NCCAP).

**Recreation Therapists**

Application for CE credits has been made to the New Jersey Recreation and Park Association Professional Certification Board.

**Registered Dieticians (RD)**

Application has been made to the Commission on Dietetic Registration for approval for CPE hours.

**Certified Health Education Specialist (CHES, MCHES)**

Application for CHES (entry-level) / MCHES (advanced-level) Category I continuing education contact hours (CECH) has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC).
Leslie M. Shaw, PhD, will present *Biomarkers: Implications for Early Detection and Treatment*

In the quest to end Alzheimer’s disease, some of the most promising research efforts are focused on early, pre-symptomatic detection of the disease. Biomarkers, those bodily substances or characteristics that can be objectively measured and evaluated as an indicator of disease processes, may well provide the key to early identification and intervention of Alzheimer’s disease. Dr. Shaw will present current research into biomarkers for Alzheimer’s disease and related dementia disorders, including neuroimaging scans and the detection of risk proteins in bodily fluids, including cerebrospinal fluid. He will also discuss the relevance of these biomarkers in the search for a cure for Alzheimer’s disease, and implications for future research and treatments.

Dr. Shaw is professor of Pathology and Laboratory Medicine at the Hospital of the University of Pennsylvania. He also serves as co-director of the Penn Alzheimer’s Disease Neuroimaging Initiative (ADNI) Biomarker Core, part of the World Wide ADNI, a collaborative effort of scientists from around the world researching the early detection of Alzheimer’s disease. Dr. Shaw is the author of numerous articles and books on laboratory medicine and in 2013, received the American Association for Clinical Chemistry’s Outstanding Lifetime Achievement Award in Clinical Chemistry and Laboratory Medicine.

Malaz A. Boustani, MD, MPH, will present *The Collaborative Dementia Care Model: A Multidisciplinary Approach to Patient-Centered Care*

Alzheimer’s disease and related dementia disorders pose complex challenges – not only for people with dementia, their families and caregivers – but also for healthcare delivery systems. Fragmented care is inefficient and may result in additional costs and worsened outcomes. Care coordination enables the right information to be shared with the right care team members at the right time, and is a key strategic provision of the Patient Protection and Affordable Care Act. Dr. Boustani will present an innovative, patient- and caregiver-centered model of dementia care, which has shown improved outcomes and healthcare cost savings.

Dr. Boustani is the Richard M. Fairbanks Professor in Aging Research in the Division of Internal Medicine and Geriatrics, within the Indiana University School of Medicine. He is the associate director of the Indiana University Center for Aging Research, the director of the Wishard Healthy Aging Brain Center at Eskenazi Health, and the COO of Health Innovation and Implementation Science for Indiana University Health. Dr. Boustani’s research focuses on rapid translation of scientific discoveries into health care delivery systems by using implementation science, medical information and public health epidemiology. He is the author of more than 120 peer reviewed publications related to dementia, delirium and implementation science.
Tam Cummings, PhD, will present *Understanding and Coping with Challenging Behaviors*

Professionals working with people with dementia may frequently face challenging behaviors. Brain changes from dementia can result in negative verbal and physical encounters with staff members. Despite the challenges, professionals can take measures to minimize negative interactions and improve their day-to-day working environments. Dr. Cummings will discuss how dementia can result in negative verbal and physical behaviors. She will also introduce techniques, including charting behaviors and adapting professional responses to behaviors, to improve outcomes.

Dr. Cummings is an author and gerontologist in private practice in Evant, Texas. She has worked for more than two decades in skilled nursing and memory care communities as a director of social services and as a program director. Her books, *Untangling Alzheimer’s Disease* and *The Final Year, The Final Moment*, provide caregivers, as well as longtime professionals, with the knowledge, skills and understanding needed to care for people with dementia.

**WS-1: LGBT ISSUES AND DEMENTIA: CONSIDERATIONS IN CARE**

Tim Johnston, PhD, manager of education and training, SAGE (Services and Advocacy for Gay, Lesbian, Bisexual and Transgender Elders), New York City

Recent estimates suggest that there are at least 1.5 million lesbian, gay, bisexual and transgender (LGBT) people age 65 and older in the United States, and this population is expected to double by the year 2030. Despite recent advances in marriage equality, older LGBT Americans face stigma, discrimination, and often, alienation from family members who might otherwise have served as caregivers in the event of Alzheimer’s or related dementia disorders. Networks of friends (families of choice) and healthcare professionals often fill the void when traditional primary caregivers are unavailable. LGBT people with dementia may struggle with isolation and concerns about disclosing their orientation in a care environment. This presentation will explore the unique challenges facing LGBT elders with dementia, and how to address those challenges with sensitivity and understanding.
Some studies have indicated that people who have experienced trauma during their lifetimes may be at increased risk of dementia as they get older. In addition, people with dementia and their families may struggle with long-repressed memories of trauma coming to the surface. The confusion regarding time and place that often occurs in people with dementia can increase agitation and anxiety when the person has lived through traumatic events, such as military combat and the Holocaust. The presenters will discuss the risks associated with PTSD and dementia, as well as how to recognize possible symptoms of PTSD in people with dementia. They will use case studies to illustrate behavior management techniques and best practices for working with clients.

WS-3: ETHICS DURING END OF LIFE CARE: ON PALLIATIVE CARE, LIFE SUSTAINING TREATMENT, AND PHYSICIAN AID IN DYING

Jeanne Kerwin, DMH, CT, co-chair ethics committee, coordinator, Palliative Care Team, Overlook Medical Center, Summit, New Jersey

William P. Isele, JD, Of Counsel, Archer and Greiner, PC, Princeton, New Jersey; Former New Jersey Ombudsman for the Institutionalized Elderly (1999-2007)

Moderator: Meredith Deupree, MSW, caregiver information and resources manager, Alzheimer’s Association, Greater New Jersey Chapter, Denville, New Jersey

Healthcare professionals and families alike struggle with the ethical issues that arise in determining end-of-life care for people with Alzheimer’s disease and related dementia disorders. Recent high-profile cases illustrate the need for more thoughtful discussions surrounding end-of-life issues. The presenters will discuss the process of ethical decision-making for people at the end stage of dementia, and will explore topics including the burdens and benefits of artificially provided life-sustaining treatments, palliative care and hospice options, actions that may hasten death, and the current legislation pending in New Jersey to allow physician aid in dying.

WS-4: THE BEAT GOES ON... THERAPEUTIC DRUMMING FOR PEOPLE WITH DEMENTIA

Jennifer Simon, MA, director, NJ Programs, Partnerships and Artist/Teacher Institute, Arts Horizons, Englewood, New Jersey

Yah’Yah Kamate, teaching artist and drummer, Arts Horizons, Englewood, New Jersey

Even after the ability to communicate through words is gone, people with Alzheimer’s disease and related dementia disorders can participate in therapeutic rhythmic activities, including drum circles and body movements. This communal “in the moment” experience can provide a sense of competence and joy. The leaders of this workshop will discuss research conducted in creative aging and address how people with dementia can benefit from participatory engagement in the arts.
**workshop sessions**

**Timothy Reilly, PharmD, BCPS, CGP, FASCP**, clinical assistant professor, Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey and clinical pharmacist, University Medical Center at Princeton, Princeton, New Jersey

**Moderator: Laura Hawkins, LSW**, education and outreach coordinator, Alzheimer’s Association, Greater New Jersey Chapter, Denville, New Jersey

People with dementia have an annual fall incidence as high as 60 percent, and they are up to three times more likely than a cognitively intact older adult to sustain a hip fracture. Falls are a major cause of morbidity and mortality for people with dementia, both in residential care facilities and in the community at large. The best approaches to fall prevention involve a multidisciplinary team approach to address all aspects of falls. This workshop panel will discuss best practices in the environment, medication management, and improving strength, balance and mobility to reduce the incidence of falls in people with Alzheimer’s disease and related dementia disorders.

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**join us as an exhibitor!**

Sponsor and Exhibitor Opportunities
The Palace’s beautiful exhibit hall provides an ideal venue to present your company’s products and services. The Conference’s participants - annually comprised of more than 400 *tri-state area healthcare professionals from a multitude of specialities* - will enjoy networking with you in this spacious and pleasant environment.

Each year, we welcome exhibitors representing leading healthcare providers and businesses. *Over 80 exhibitors* are expected to attend this year’s conference – please join us! For more information, contact Julie Schuldner at 973.586.4300, or njspecialevents@alz.org.

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**your voice can make a difference**

As a healthcare professional, you offer a unique perspective on Alzheimer’s disease from your daily work with individuals living with dementia and their families. Sharing your viewpoint as an Alzheimer’s advocate would add even more strength to our evolving legislative agenda and continued fight for a future without Alzheimer’s. For example, at the urging of the Alzheimer’s Association and its over 600,000 advocates, Congress has created a formal process to ensure that scientific judgement will guide them in future Alzheimer’s research decisions. The Alzheimer’s Accountability Act lets scientists at the National Institutes of Health tell Congress how much funding they need on an annual basis. Visit us at alz.org/nj to see how you can help.
Please use the address where you would like us to send your confirmation letter, nametag and CE certificate.

Name: 

Title: 

Facility: 

Street Address: 

City:          State:   Zip: 

Phone (Day):          Fax: 

Email: 

Meal Alternative:  Kosher  Vegetarian

If you require special assistance, please call 973.586.4300 to inform us of your needs.

CONFERENCE WORKSHOP SELECTIONS - please indicate 1st choice, 2nd choice, 3rd choice below:

First choice     Second choice         Third choice

Please note: All speakers and workshops are subject to change or cancellation.

CONTINUING EDUCATION CREDITS - you must complete this section to receive CE credits*

- Social Workers (CSW, LSW, LCSW) (LPC)
- Nurses (RN, NP, LPN)
- Certified Case Managers (CCM)
- Physical Therapists (PT, PTA)
- Certified Health Education Specialist (CHES, MCHES)
- Administrators (LNHA/CALA)
- Registered Dieticians (RD)
- Recreation Therapists
- Activity Professionals (ACC, ADC, AAC)

License # 

License number must be included to process.

*Full day attendance is necessary to receive CE credits. CE certificates are mailed after the conference to attendees who registered, paid for CE credits, and attended the entire conference.

FEES

$195  Registration (postmarked by March 27, 2015) 

$205  Registration (postmarked by April 9, 2015) 

$225  On-site Registration (only if space available) 

$15  CE Certificate (per discipline) 

TOTAL DUE $ 

METHOD OF PAYMENT - payment is due with this registration form

Check - Please make payable to the Alzheimer’s Association (see back of form for address).

Credit Card - Credit card payments must accompany registrations faxed to 973.586.0094.

- Visa  - Mastercard  - Discover  - American Express

Credit Card # 

Exp. Date 

Cardholder’s Name 

Signature 

New Directions in Research and Care
DATES TO REMEMBER

**March 27, 2015**: Early registration deadline; last day to cancel and receive a partial refund; refund requests must be made in writing (by mail or fax), less a $75 administrative fee.

**April 9, 2015**: Late registration deadline; deadline for any registration substitution.

CONFERENCE LOCATION AND DIRECTIONS
The Palace at Somerset Park
333 Davidson Avenue • Somerset • New Jersey 08873
1.877.725.2234

Directions will be mailed with registration confirmation. They may also be found at the conference center website, palacesomersetpark.com

TWO WAYS TO REGISTER

**By Mail:**
Alzheimer’s Association
Greater New Jersey Chapter
Attn: Education Conference
400 Morris Avenue, Suite 251
Denville, New Jersey 07834

**By Fax:** 973.586.0094
Faxed submission must include credit card information.

Your registration will be confirmed within 10 days of receipt. If not received, please call 973.586.4300.

**Questions?** Call 973.586.4300.

Please note, if you purchase continuing education credits, you are required to attend the full day. No partial credit or any refund will be provided.