

Memory Matters



Education and peer support are powerful tools to help you navigate your Alzheimer's journey.

Join us for this 6-week series as we explore key caregiver topics including care transitions, communication, financial planning, driving, grief and more!

Tuesdays, February 6-March 13, 5:30-7:00PM

Memory Program
792 College Parkway, Suite 205
Colchester, VT 05446

Led by volunteer Community Educators Beth Anderson & Joan Marsh-Reed

Weekly gatherings will provide caregivers the space to:

- Exchange practical information on caregiving problems and possible solutions
- Talk through challenges and ways of coping
- Share feelings, needs and concerns
- Learn about resources available in your community

Space is limited. Registration required.

Please call the Alzheimer's Association
24/7 Helpline 800.272.3900 to sign up.