

MODERN LUXURY

HAMPTONS

Youth Quake!

**10 HAMPTONITES
TO KNOW NOW**

EXCLUSIVE:

THE WATERMILL CENTER'S
ROBERT WILSON VISITS
THE VENICE BIENNALE

PLUS

JESSICA SEINFELD'S
GOOD+ FOUNDATION X NET-A-PORTER
SHIRIN VON WULFFEN LAUNCHES BASTIDE!
MARCUS SAMUELSSON HOSTS
CHEFS & CHAMPAGNE
ORLEBAR BROWN TOASTS 10!

It's Elettra!

THE MODEL TURNED FOODIE
WOWS WITH HER FIRST COOKBOOK
ON SLOW FOOD & SUSTAINABILITY

THE END *MY PERFECT DAY*



LIVING WELL

LONGTIME HAMPTONITE **DARYL SIMON**, COCHAIR OF THE ALZHEIMER'S ASSOCIATION'S 34TH ANNUAL RITA HAYWORTH GALA, KEEPS HEALTHY LIVING TOP OF MIND WHENEVER SHE'S OUT EAST.

AS TOLD TO CALLIE CHUTE

"The Hamptons has always been a special place for my family. My husband, Irwin, and I started a natural organic food company 20 years ago, and the Hamptons makes it easy to maintain our philosophy. Out here, I always continue to be active,

eat healthy, and exercise. This lifestyle is vital to the prevention of Alzheimer's, which is a cause that is dear to my family's heart. To start my day, I always take my dog, Terra, for a walk through our neighborhood. Then I swim in my pool or

CLOCKWISE FROM LEFT: Daryl Simon, cofounder of the natural foods company Hain Celestial; Espresso da Asporto, which specializes in fresh focaccia sandwiches; Joey Wölffer's clothing store in Sag Harbor; MariLee's Farmstand in Sagaponack.



5 FAVORITES

1. Albert's Landing
2. Espresso da Asporto
3. Joey Wölffer
4. Gibson Beach
5. MariLee's Farmstand

paddleboard at **Albert's Landing** (*Alberts Landing Road, Amagansett, 631-267-2421*). After working up an appetite, I'll drive into Sag Harbor to grab sandwiches from **Espresso da Asporto** (*2 Main St., Sag Harbor, 631-725-5668; espressodaasporto.com*) for lunch with my daughter, and I always make sure to stop at **Joey Wölffer's** clothing store (*11 Madison St., Sag Harbor, 631-725-1436; joeywolffer.com*) on my way home. Following lunch, we love to bike to **Gibson Beach** (*239 Gibson*

Lane, Sagaponack) to enjoy rosé with friends and watch my son Lucas fish until the sun sets. At the end of the day, we go home for a communal meal with fresh vegetables from **MariLee's Farmstand** (*Sagg Main St., Sagaponack, 631-537-0070*) or FreeBird chicken. I love to close out the day by either entertaining in our home or occasionally binge-watching the latest TV series." *The 2017 Rita Hayworth Gala takes place on October 24th at Cipriani 42nd Street in NYC; visit alz.org for more info.* ■