



ALZHEIMER'S  ASSOCIATION®

ACADEMY ON AGING

Care Planning
Financial Stability
Long Term Care

VIRTUAL PROGRAMS

Tuesday, April 4 | 5:30 pm

ADVOCATING AS A PATIENT OR CAREGIVER

Speaker: Janet Brennend, New River Valley Agency on Aging

Learn how to communicate with your medical team to get the best outcomes for yourself or a loved one you are caring for. We will talk about questions to ask, tools, and resources you can use to make sure you or your loved one is getting the care you need. Register [HERE](#) or scan the QR code.



Tuesday, May 9 | 5:30 pm

FINANCIAL STABILITY FOR SENIORS

Speaker: Kimberly White, CEO, Elder Care Solutions

Aging in the U.S. is expensive! Kimberly White, CEO of Elder Care Solutions is on a mission to ensure that aging and caring for an aging loved one won't financially break you. Join her as she shares tips and tricks for preparing to financially support your late chapters of life. Register [HERE](#) or scan the QR code.



Tuesday, June 13 | 5:30 pm

THE WHEN, WHERE AND HOW OF LONG-TERM CARE

Speaker: April Jones, InnovAge Virginia PACE

How do you know when it's time for long-term care and how do you plan for it? Let's learn about what long-term care means when we need it, and what the options are if the time comes. Register [HERE](#) or scan the QR code.

