ALZHEIMER'S ASSOCIATION®

SUPPORT GROUPS

CENTRAL AND WESTERN CHAPTER

VIRTUAL MEETINGS

To join a virtual meeting, please click on the Zoom link on the day and time of your selected meeting or call 800.272.3900 prior to the day to receive login information.

1st Monday | 2 p.m.
Smith Mountain Lake
Hosted by: David
Join on ZOOM

2nd Tuesday | 2 p.m.
Raspberry Hill Adult Daytime Center
Hosted by: Tara and Anne
Join on ZOOM

2nd Wednesday | 2:30 p.m.
Memory Cafe - Culpepper
Hosted by: Bonnie
Join on ZOOM

2nd & 4th Thursday | 7 p.m.
Millennial/Young Caregiver Support Group
Hosted by: Kayla
Join on ZOOM

3rd Monday | 2:30 p.m.
Retreat of Fishersville
Hosted by: Sharon
Join on ZOOM

4th Thursday | 5:30 p.m.
Hybrid Group - In-Person and on ZOOM
Join on ZOOM or at:
Kendal at Lexington
Borden Health Center
170 Kendal Dr, Lexington
Hosted by: Katie

See page 2 for In-Person meetings

IN-PERSON MEETINGS

To participate in an in-person meeting, please call 800.272.3900 prior to the meeting day to register.

First Tuesday of each month | 1 p.m.
Aldersgate United Methodist Church
1500 Rio Rd E, Charlottesville
Hosted by: Linda

2nd Tuesday | 1 p.m.
Heritage Green Assisted Living
201 Lillian Lane, Lynchburg
Hosted by: Clarissa

2nd Tuesday | 1:30 p.m.
Adult Day Center of Roanoke Valley,
2321 Roanoke Blvd., Salem
Hosted by: Ruth

3rd Tuesday | 9:30 a.m.
The Center at Belvedere
540 Belvedere Boulevard, Charlottesville
Hosted by: Cheairs

3rd Tuesday | Noon
Vesta Community Center
149 Community Lane, Vesta
Hosted by: Stephanie

4th Tuesday | 10:30 a.m.
Harmony Collection at Roanoke
4402 Pheasant Ridge Rd., Roanoke
Hosted by: Margaret

4th Tuesday | Noon
The Landmark, 227 Landmark Drive, Stuart
Hosted by: Stephanie and Carol

4th Tuesday | 3 p.m.
King s Grant Retirement Community
(4th Floor Conf.)
350 Kings Way Rd., Martinsville
Hosted by: Tammy and Lori

1st Wednesday | 9 a.m.
Generations Crossing Adult Care
3765 Taylor Spring Ln, Rockingham
Hosted by: Sharon

1st Wednesday | 6 p.m.
Anthology of Charlottesville
343 Archer Ave, Charlottesville
Hosted by: Kayla

2nd Wednesday | Noon
Southern Area Agency on Aging
204 Cleveland Ave., Martinsville
Hosted by: Stephanie

1st Thursday | 6 p.m.
The Summit Independent Living Community
1400 Enterprise Dr. Lynchburg
Hosted by: Lisa

2nd Thursday | 11 a.m.
Richfield Living Town Center (respite available)
3730 Richfield Lane, Salem
Hosted by: Karen and Linda

2nd Thursday | 2 p.m.
Sunnyside Retirement
3935 Sunnyside Drive, Harrisonburg
Hosted by: Katrina and Crystal

2nd Thursday | 7 p.m.
Galax Public Library
610 W. Stuart Drive, Galax
Hosted by: Bridgette

4th Thursday | 5:30 p.m.
Kendal at Lexington
Borden Health Center
170 Kendal Dr, Lexington
Hosted by: Katie

1st and 3rd Friday | 3 p.m.
Warm Hearth Village Center - Wildwood Studio
2387 Warm Hearth Drive, Blacksburg
Hosted by: Alia and Catie

3rd Saturday | 10 a.m.
Crozet Library
2020 Library Avenue, Crozet
Hosted by: Tanya