

STAY AT HOME ACTIVITIES

alzheimer's 
association®



CREATE A BOX OF FUN FABRICS

This is fun for everyone, but especially for someone who used to enjoy sewing or fabric crafts. Get a box and put dozens of pieces of assorted fabrics inside. Try to get different colors and a variety of textures like lace, felt, silk, velvet, wool, cotton, etc. Your older adult can enjoy touching, folding, and sorting the fabrics.

FUN FOLDING TOWELS

Asking an older adult to help you fold laundry is a great way to keep them occupied, give them an activity they can feel successful at, and help them feel like they're contributing to the household. The goal is just to keep them happily engaged. It's best to use hand towels because they're small and easily folded. No matter how well or poorly the towels are folded, the point is that your older adult feels good about the activity.

FOR MORE FUN ACTIVITIES,
CLICK [HERE](#).

Jewels and Gemstones Word Search Puzzle

Jewels and Gemstones is a free, fun word search puzzle. Click [HERE](#) to start the fun.

SPRING COLORING PAGE

Click [HERE](#) to print out the page.

Uffizi Gallery, Florence, Italy VIRTUAL TOUR

This less well-known gallery houses the art collection of one of Florence, Italy's most famous families, the de'Medicis. The building was designed by Giorgio Vasari in 1560 specifically for Cosimo I de'Medici, but anyone can wander its halls from anywhere in the world.

CLICK [HERE](#) TO BEGIN YOUR
FREE TOUR.

24/7 HELPLINE 800.272.3900