



ALZHEIMER'S  ASSOCIATION®

## SUPPORT GROUPS VIRTUAL AND IN-PERSON

### GREATER RICHMOND CHAPTER

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. For the safety of our constituents, volunteers and staff, many support groups are being held virtually. You must call or email the facilitator prior to the meeting you wish to attend to obtain login information. THANK YOU!

#### VIRTUAL MEETINGS

TO JOIN A VIRTUAL MEETING,  
CLICK ON THE ZOOM LINK, JOIN BY PHONE  
OR CALL 800.272.3900.

##### **3rd Tuesday, 7 p.m.**

Midlothian - Brandermill Woods  
Health Care Center

Hosted by Merle, Greg, & Erin

Join Zoom meeting [HERE](#)

Join audio Zoom by phone: 833.548.0282

Meeting ID 925 1018 2175

Passcode: 017184

##### **1st Thursday | 6 p.m.**

East Henrico - Good Shepherd Baptist  
Church

Hosted by Wanda

Join by phone ONLY:

Call 312.874.7636

Conference ID # 07993

##### **3rd Thursday | 2 p.m.**

Frontotemporal Degeneration (FTD)

Caregiver Support Group

Call 800.272.3900 to register and  
receive login info

Hosted by Dee

#### IN-PERSON SUPPORT GROUPS

TO REGISTER FOR AN IN-PERSON SUPPORT  
GROUP, CALL 800.272.3900.

#### **GROUPS FOR CAREGIVERS**

##### **1st Mondays | 10 a.m.**

Markel Plaza

4600 Cox Road, Glen Allen

Hosted by Steve

##### **1st Tuesday | 10:30 a.m.**

Second Branch Baptist Church

12217 2nd Branch Rd, Chesterfield

Hosted by Edith and Sharon

##### **2nd Wednesday | 9:30 a.m.**

Hanover Adult Day Center

7231 Stonewall Pkwy, Mechanicsville

Hosted by Barbara

##### **2nd Wednesday | 10 a.m.**

New Life United Methodist Church

900 Old Hundred Rd, Midlothian

Hosted by Bob and Leigh

**IN-PERSON SUPPORT GROUPS**  
**TO REGISTER FOR AN IN-PERSON SUPPORT GROUP, CALL 800.272.3900.**

**2nd Thursday | 1 p.m.**

Three Chopt Church of Christ  
9500 Three Chopt Rd., Richmond  
Hosted by Dick and Angie

**3rd Monday | 7 p.m.**

Mechanicsville - Shady Grove  
United Methodist Church  
8209 Shady Grove Rd.  
Mechanicsville, VA 23111  
Hosted by Dave & Beth

**3rd Thursday | 6:30 p.m.**

Near West End -  
Reveille United Methodist Church,  
Hosted by Alice & Beth  
4200 Cary Street Rd, Richmond, VA 23221

**3rd Thursday | 6:30 p.m.**

Central Library  
7051 Lucy Corr Blvd, Chesterfield  
Hosted by Edith and Sharon

**4th Thursday | 11 a.m.**

River Road United Methodist Church  
8800 River Road, Richmond  
Hosted by Ann & Bess

**The Other Additional Dementias (TOAD)**

**Caregiver Support Group**

Meetings held Mar 7, May 2, Sept 5, Nov 7.

No meeting in July.

VCU Short Pump Pavilion  
2nd Floor Conference Room  
11958 West Broad Street, Henrico  
Call the Richmond Chapter at 804.967.2580

for more details.

**GROUPS FOR CAREGIVERS AND THOSE  
WITH ALZHEIMERS OR DEMENTIA**

**2nd Tuesdays | 10 - 11:30 a.m.**

- [Huguenot Road Baptist Church](#)  
Meetings in January, May and September
- [Chesterfield Baptist Church](#)  
Meetings in February, June and October
- [Bensley Community Building](#)  
Meetings in March, July and November
- [Stonebridge Recreation Center](#)  
Meetings in April, August and December

**3rd Tuesdays | 3:30 p.m.**

Alzheimer's Association /Markel Plaza  
4600 Cox Rd, Glen Allen  
Rooms James A & B  
Hosted by Steve & Brenda  
\*Pre-Screening is required, please call  
800.272.3900 for pre-screening.

**Memory Café**

**3rd Thursdays | 10:30 a.m. - Noon**

For Persons with Memory Concerns &  
Caregivers  
VCU Health Hub at 25th  
1330 N. 25th St., Suite A  
Richmond, VA  
Call 800.272.3900 to register

**Joyful Voices**

**Each Thursday | 10 to 11:30 a.m.**

Salisbury Presbyterian Church  
13621 W Salisbury Rd.  
Midlothian, VA  
Call: 804.794.5311, Ext. 128  
Email: JoyfulVoicesSherman@gmail.com