

Greater Richmond Chapter Support Groups

Fredericksburg

Fredericksburg, 3rd Tuesday, 1:30 pm

Caregiver Support Group

Fick Conference Center

Melite & Lori

*Virtual/Webinar Meetings – Link Required

Fredericksburg, 3rd Tuesday, 6:00 pm

Caregiver Support Group

Spotsylvania Regional Medical Center

Judy

*Virtual/Webinar Meetings – Link Required

Colonial Beach, 3rd Wednesday, 5:30 pm

Caregiver Support Group

Cooper Library

Julie

*Virtual/Webinar Platform – Link Required

Fredericksburg, 4th Tuesdays, 11:00 am

Coffee & Conversations

For Persons with Early Stage Dementia & Caregivers

Fredericksburg Branch Library, 1201 Caroline St,

Fredericksburg

Judy & Sydney

*In-Person Meetings

Fredericksburg, 4th Wednesdays, 10:00 am

Memory Café

For Persons with Early Stage Dementia & Caregivers

Wayland & Sydney

Greater Richmond Chapter, 4th Wednesday,

11:00 am

Community Caregiver Support Group

Taylor

*Virtual/Webinar Platform – Link Required

Middle Peninsula/Northern Neck

Tappahannock, 3rd Wednesday, 2:00 pm

Caregiver Support Group

Essex Public Library, 117 N Church Ln,

Tappahannock

Jennifer

*In-Person Meetings

Irvington, 1st Monday, 4:30 pm

For Persons with Dementia & Caregivers

Rappahannock Westminster-Canterbury

Mary

*Virtual/Webinar Platform – Link Required

**Greater Richmond Chapter, 4th Wednesday,
11:00 am**

Community Caregiver Support Group

Taylor

*Virtual/Webinar Platform – Link Required

Kilmarnock, 4th Thursday, 10:30 am

Caregiver Support Group

Commonwealth Senior Living, 460 S Main St,

Kilmarnock

Jill

*In-Person Meetings

Please note that some support groups have returned to in-person gatherings, while others are still meeting in the virtual platform. Transitioning for groups from virtual to in-person will take place over the next few months.

If you would like more information on a support group, have questions, or would like to register, please call 1-800-272-3900.