

Instructions for Dialing Into Support Group

To ensure the health and safety of all our constituents, continue to provide support to you, and stick to precautionary measures put in place, the Alzheimer's Association has created a teleconference option for you to continue to have support through your support group.

- Use the number provided from your facilitator to dial in.
- Press #1 to join a conference.
- You will be prompted to enter a Conference ID #
 - Enter the ID number (provided by your facilitator) followed by the # sign
- You will be prompted to say your name then press # sign.
- You are now on the secure call and can engage in your support group time together.

The number you have been given from your support group facilitator is a secure number that has been created and assigned to your support group. Support groups will continue through the teleconference number you have been given until further notice.

Should you need additional support or resources, please call our 24/7 Helpline at 1-800-272-3900.

Take care and stay healthy,
Rachel Lawson
Greater Richmond Chapter
Program Coordinator